



Joanna in Virginia Joanna here posting Tim's prepared preview.
Thanks, as always, Tim for preparing the previews for us!

08-28-2025
04:19:50 pm



Joanna in Virginia VaE stage 7 is 188 kilometers from Andorra la Vella through the Spanish Pyrenees to a Cat 1 summit finish at Cerler.

08-28-2025
04:21:52 pm



Joanna in Virginia <https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1756412839-1%20stage-7-route.jpg>

08-28-2025
04:22:21 pm



Joanna in Virginia Although the stage starts in Andorra all the climbing is in Spain. The profile is all up and down starting with a Cat 1 after just 13 kilometers. This is followed by two Cat 2 climbs and the Cat 1 finale. It is 12 kilometers long averaging 5.8%, but the profile is quite irregular.

08-28-2025
04:24:41 pm



Joanna in Virginia <https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1756413016-2%20stage-7-profile.jpg>

08-28-2025
04:25:17 pm



Joanna in Virginia <https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1756413085-3%20stage-7-cerler.jpg>

08-28-2025
04:26:26 pm



Joanna in Virginia Kilometer zero is scheduled for 12:17 CEST. Finish is imagined either side of 17:30. Live video from before the start. Forecast is for sunny in the mid-teens at the start becoming cloudy with a chance of showers as the afternoon progresses.

08-28-2025
04:27:19 pm



Tim in KY Thanks, Jo.

08-28-2025
04:32:04 pm



Tim in KY Break fight on that early downhill section.

08-29-2025
06:34:06 am



Tim in KY On the first Cat 1.

08-29-2025
06:38:03 am

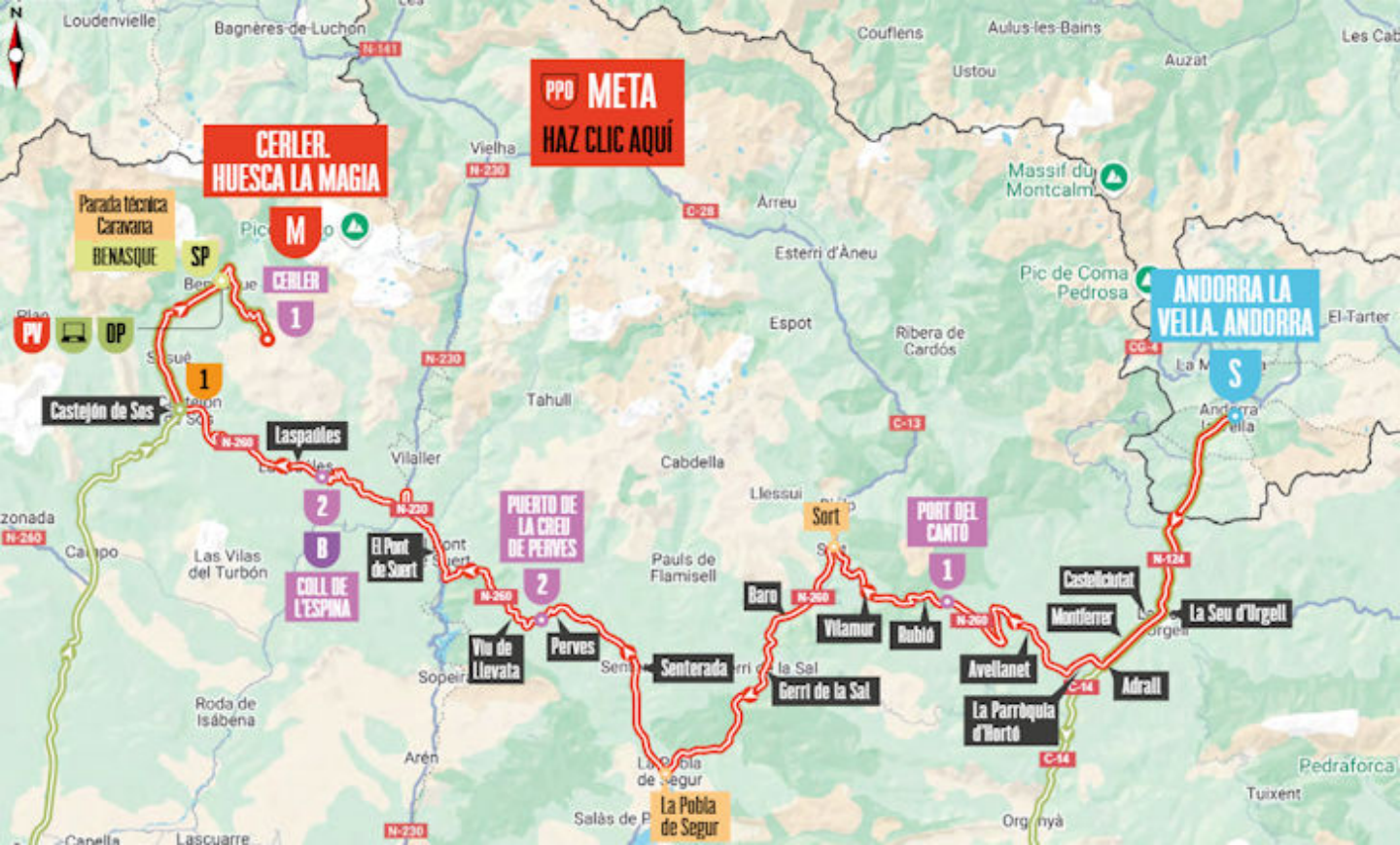


Charlie in Tenn Good morning. Why did Ayuso lose so much time yesterday?

08-29-2025
06:47:43 am

bikerabe why ask why

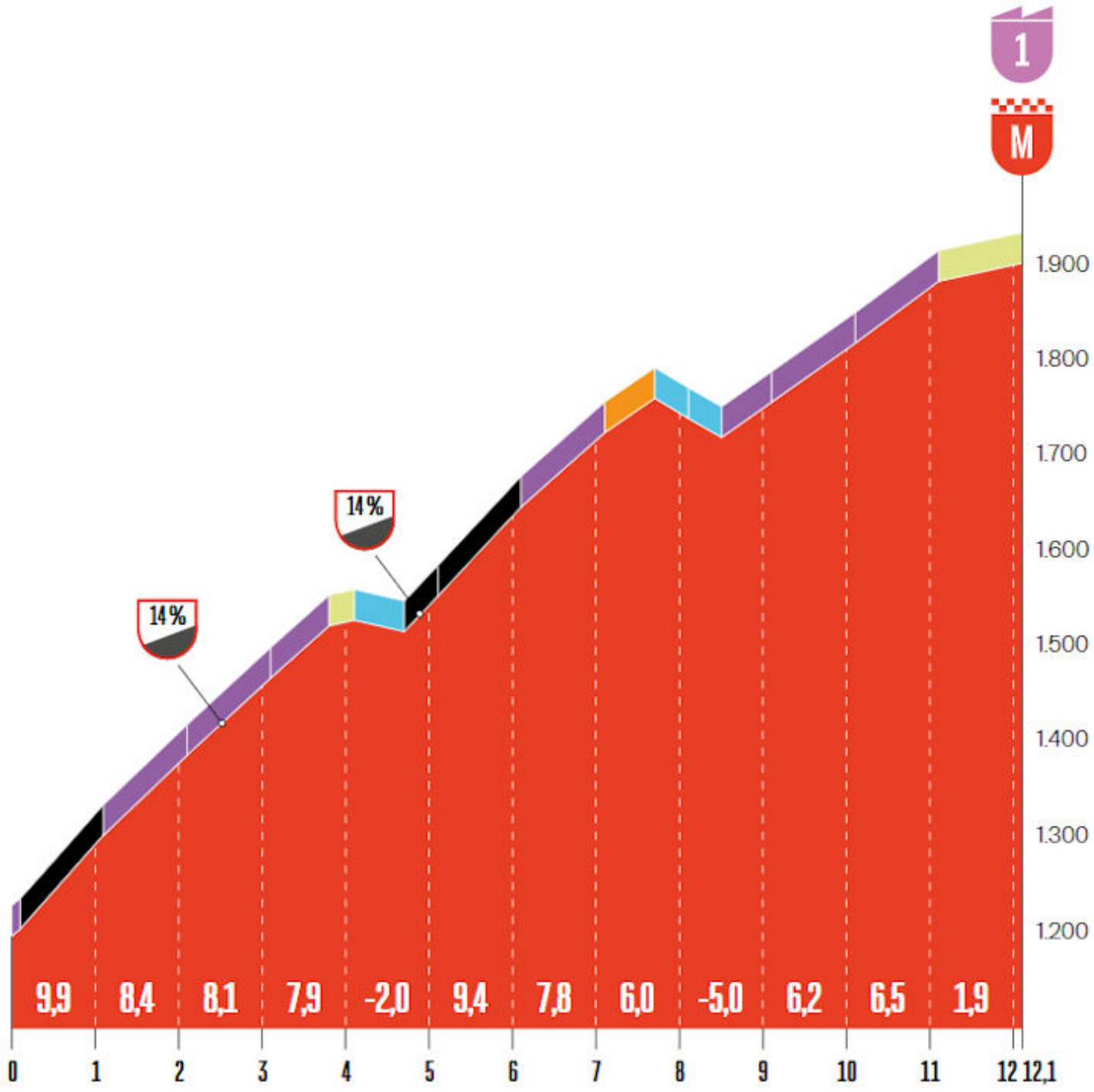
08-29-2025
06:51:39 am





ANDORRA LA VELLA. ANDORRA / 806 m







Tim in KY Just worn out, he said. Doesn't look worn out today. Maybe he lost 10 minutes so he could get away with this today.

08-29-2025
06:52:03 am



Charlie in Tenn Yeah, he looks like he is interested today.

08-29-2025
06:55:46 am



Tim in KY Despite the blue skies it still looks like it's going to rain later.

08-29-2025
06:58:11 am



Tim in KY This is a Cat 1 because it's long, not because it's steep.

08-29-2025
06:59:56 am



Tim in KY The Cofidis team car got fined 500CHF yesterday for some misbehavior or another. That was the only fine.

08-29-2025
07:05:50 am



Charlie in Tenn Seems Lisa Bike is OK with Ayuso out there by himself but they are watching everyone else that tries to join him. Arkea's leader did get away and is trying to join Ayuso.

08-29-2025
07:13:21 am



Tim in KY Almost to the KOM line. Then it's chores for me.

08-29-2025
07:25:06 am



Tim in KY You can tell a climb is not steep when Mads is in the front group.

08-29-2025
07:27:07 am



bikerabe over the top

08-29-2025
07:27:40 am



Tim in KY Back in a while.

08-29-2025
07:28:02 am



Carlene in NH Morning all! Watching this descent with my morning coffee may not have been a good idea on my stomach!

08-29-2025
07:36:48 am



bikerabe gap over 4 min. now

08-29-2025
08:15:41 am



PasadenaK8 3KU

08-29-2025
08:24:00 am

Charlie in Tenn I am off to cataract surgery. I will see everyone later.

08-29-2025
08:24:59 am



PasadenaK8 Best wishes for a smooth and easy surgery, Charlie

08-29-2025
08:25:58 am



John Hope it goes well Charlie

08-29-2025
08:26:32 am



PasadenaK8 Which type of lens are you getting?

08-29-2025
08:26:45 am



Charlie in Tenn Hopefully I can catch the end of the stage. Bye now.

08-29-2025
08:27:41 am



bikerabe Sean Quinn EF is in lead group

08-29-2025
08:28:43 am



PasadenaK8 Yeah for my home boy!

08-29-2025
08:30:24 am



Tim in KY Break is faster than the fastest right now. By a good bit.

08-29-2025
08:30:42 am



KatieS Good morning, everyone. Glad to see my VG rider in the front, Sean "i am not Quinn Simmons' brother"

08-29-2025
08:40:03 am



KatieS Well, that was funny - asking Bobke what he was doing at 19 years of age, in reference to Joseba Beloki's young offspring. Legit Bobke giggle.

08-29-2025
08:42:43 am



PasadenaK8 Mornin', Katie ~ I bet he's got some stories...

08-29-2025
08:43:32 am



Rocket City Gal Good morning. Katie, LOL (TMQ -- Too Many Quinns)

08-29-2025
08:46:02 am



Rocket City Gal Day #10 of COVID. I had some sort of rebound and felt crummy yesterday, but I feel lots better this morning. It's lingering, though. Hubby had 3 days of symptoms and feels pretty much normal now. We will retest on Tuesday and hopefully we'll both be negative at that point.

08-29-2025
08:47:34 am



Rocket City Gal The cooler weather is nice. But all the yard / garden stuff I was putting off until it got cooler has been put off for at least a few more days.

08-29-2025
08:48:54 am



Tim in KY 10 minutes faster than the fastest at the start of the first Cat 2. 08-29-2025 08:49:24 am



bikerabe start of Cat 1 climb 08-29-2025 08:50:26 am



Rocket City Gal I was surprised that the peloton let the GC guys get so far ahead yesterday -- especially with the likes of Vine and Fortunato in there. Traeen isn't a bad climber either, when he's having a good day. I think UAE held back b/c they didn't want to distance Ayuso, and Vingo's game is never as aggressive as Pogacar's. He's a good rider, but not particularly exciting, and he just doesn't animate a race the way Pog can. 08-29-2025 08:50:59 am



Rocket City Gal It was kind of weird, because even though the results were interesting, yesterday's stage was... boring. 08-29-2025 08:51:41 am



Tim in KY Despite all this climbing there is still no laughing group. Just the break and the peloton. 08-29-2025 08:59:55 am



Rocket City Gal Raul Garcia Pierna is the breakaway rider who is best on GC right now (4:57 behind Traeen). After that it's Frigo (6:10), then Tejada and Rolland at 9 1/2 to 10 minutes. 08-29-2025 09:01:28 am



Rocket City Gal That first climb was so long that PCS says they've now finished half the day's climbing. 08-29-2025 09:02:10 am



Rocket City Gal About 2/3 of what's left is uphill. 08-29-2025 09:03:40 am



Trish in MA Morning all. In and out all morning. My seminar class starts this afternoon at 3:30. Worst class time in the world 3:30 to 5 on Friday afternoons. None of my students want to be there 08-29-2025 09:04:13 am



Rocket City Gal Fight for KOM points -- Vine, Nicolous and Quinn go. 08-29-2025 09:05:11 am



Tim in KY Vine gets the 5 points. Only 2 minutes faster than the fastest at the summit. 08-29-2025 09:05:36 am



Tim in KY Now errands. 08-29-2025 09:05:42 am



bikerabe Quinn gets KOM

08-29-2025
09:05:55 am



Rocket City Gal No, Vine got it, and extends his KOM lead a bit.

08-29-2025
09:06:22 am



bikerabe bo

08-29-2025
09:06:32 am



Rocket City Gal It was Vine, then Nicolou then Quinn.

08-29-2025
09:06:45 am



KatieS churchbells ringing out from this little village, nice

08-29-2025
09:15:06 am



bikerabe 2 KU still 4 min. gap

08-29-2025
09:20:45 am



SFinAus Hola amigos. Popping in live for a bit. I've been traveling/busy in the mornings and catching up in the evenings.

08-29-2025
09:23:54 am



PasadenaK8 Always love the sound of the bells as they pass thru towns. Many moons ago, when I was going to school in Avignon, I made a time conversion error, called my folks and held the phone out the window so they could hear the bells ringing at noon. To this day, my Mom still cherishes that moment {fortunately for me *;-}

08-29-2025
09:24:13 am



KatieS That is a sweet story.

08-29-2025
09:27:57 am



KatieS Speaking of moms ... I just have to share ... Xfinity sent my mom two new cable boxes with no explanation. Trying to get information about them took me a good part of an hour as I had to set up her Xfinity profile, then get an agent on the phone (after dealing too long w/ the "automated" chat). Turns out her equipment was being ELO'd and would stop working after Sept. 4. So, I had to wade into the circle of hell that is replacing cable boxes. THREE HOURS and TWO AGENTS later, I got both boxes installed (living room and bedroom). Plug-and-play, my bicycle saddle bones. I will say, however, that both agents were very personable, and I even learned how to say "welcome" in Arabic because the second agent was in Egypt. And mom was very happy that I got it all done before Jeopardy.

08-29-2025
09:29:26 am



PasadenaK8 Wow! That's a whole kind of "adventure" and education you got, all while just being on the phone with tech assist. Only to be topped off with the best Jeopardy episode evah!

08-29-2025
09:34:14 am



SFinAus Katie that is one of the lower levels of hell that Dante missed. You're a wonderful daughter. My partner goes through a similar thing every so often.

08-29-2025
09:40:03 am



bikerabe Vine go4s long for Kom

08-29-2025
09:56:59 am



Tim in KY I think I'm finally done with chores and errands for the morning.

08-29-2025
10:03:53 am



KatieS just in time, Tim. There may be a race on soon.

08-29-2025
10:04:08 am



Tim in KY The rain chance at the finish is down to 21% but radar projection is still light green at 17:30.

08-29-2025
10:08:05 am



Tim in KY Gap is 3:33

08-29-2025
10:09:20 am



PasadenaK8 Keeping fingers crossed they'll hold that 3:33 until they hit the 1 KU 🙏

08-29-2025
10:11:01 am



Tim in KY 5 minutes faster than the fastest right now.

08-29-2025
10:12:56 am



Tim in KY Break is descending at 90kpm right now.

08-29-2025
10:13:45 am



Tim in KY KPH.

08-29-2025
10:14:15 am



PasadenaK8 Darn, twas close. 1 KU ta go...

08-29-2025
10:14:42 am



bikerabe unmo ku

08-29-2025
10:15:17 am



Tim in KY 17 km to the start of the final climb.

08-29-2025
10:18:55 am



Tim in KY Sprint comes with 14 km to go.

08-29-2025
10:23:35 am

Tim in KY No KOM points at all tomorrow.

08-29-2025



Tim in KY <https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1756477992-stage-8-profile.jpg> 08-29-2025 10:28:13 am



PasadenaK8 Looks like it's molars for a little under the first half, with a few worn down front teeth at the finish. 08-29-2025 10:32:19 am



Tim in KY See if anyone challenges Mads at the sprint line. 08-29-2025 10:38:44 am



Tim in KY Nope. 08-29-2025 10:39:40 am



bikerabe 12 km 08-29-2025 10:43:37 am



Tim in KY On the final Cat 1. 08-29-2025 10:43:53 am



KatieS Mads hangs waaaaay back 08-29-2025 10:44:15 am



bikerabe will Vine sacrifice for Ayuso? 08-29-2025 10:45:51 am



Tim in KY Nope. 08-29-2025 10:47:32 am



Tim in KY Frigo has only won one professional race according to PCS. 08-29-2025 10:51:22 am



bikerabe Ayuso Goes 08-29-2025 10:52:07 am



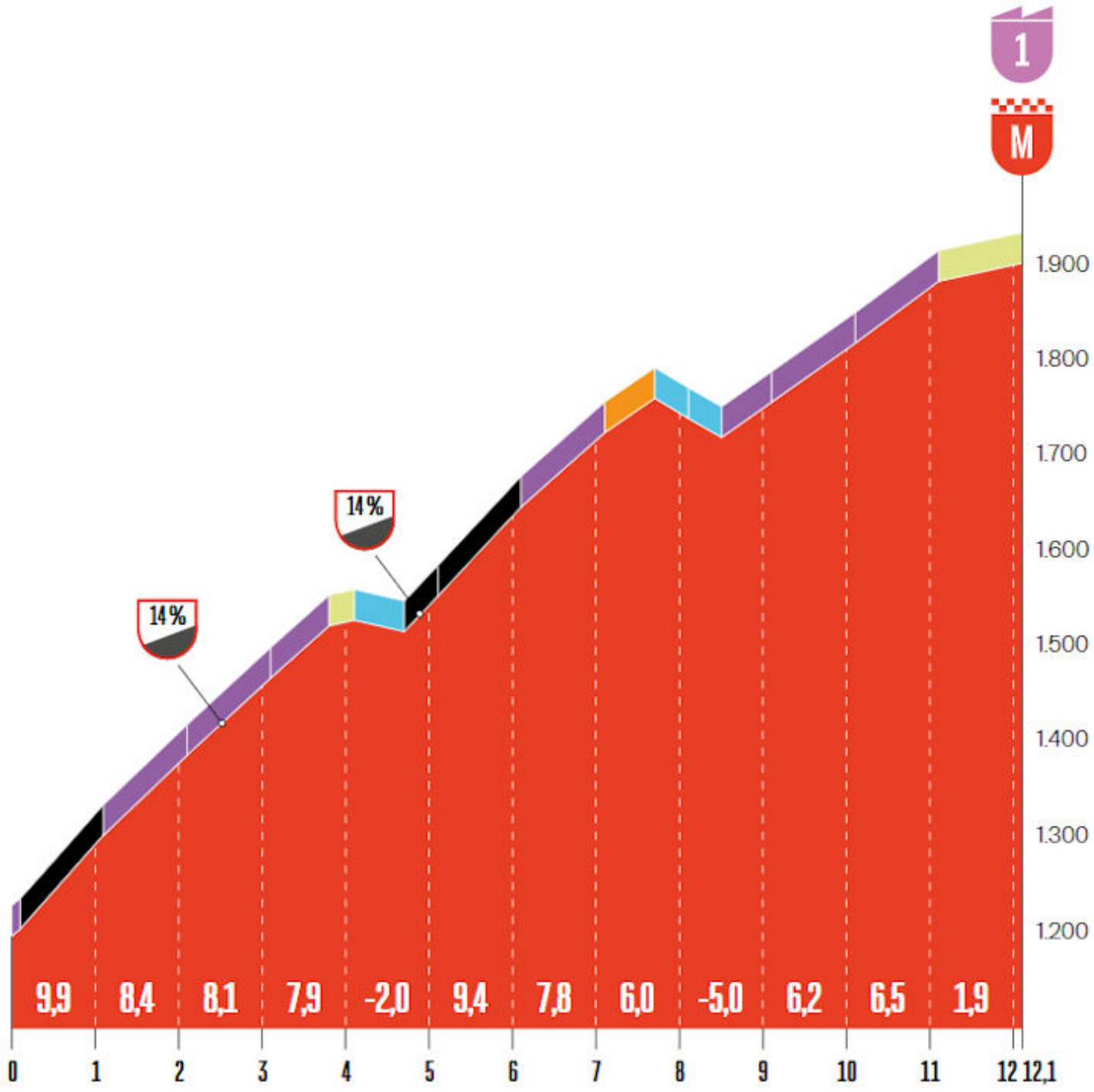
Tim in KY <https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1756479427-stage-7-cerler.jpg> 08-29-2025 10:52:09 am



Rocket City Gal Looks like a closeup of a circular saw blade. 08-29-2025 10:53:13 am

MONZÓN TEMPLARIO / 311 m







Rocket City Gal Leading 3 guys are 22 to 25 years old.

08-29-2025
10:54:53 am



KatieS Kinda not seeing the GC group shutting down the gap entirely in the next 6.3 km

08-29-2025
10:58:50 am



Rocket City Gal Cavia of Burgos listed as a DNF

08-29-2025
10:59:17 am



Rocket City Gal UAE won't be chasing. It's up to Visma and Bahrain

08-29-2025
10:59:53 am



Tim in KY An Arkea DNF as well.

08-29-2025
11:00:14 am



Rocket City Gal Cristian Rodriguez (Arkea) DNS — feeling poorly for the last few days and “underperforming” so the division was made for him to pull out of the race.

08-29-2025
11:02:01 am



Tim in KY Why is UAE pulling in the GC group?

08-29-2025
11:03:09 am



Rocket City Gal ????? My thoughts exactly....

08-29-2025
11:03:36 am



Rocket City Gal Traeen still with the chasers.

08-29-2025
11:04:31 am



Rocket City Gal Well, tbe “GC” chasers. Group 4.

08-29-2025
11:04:58 am



Tim in KY This is nuts by UAE.

08-29-2025
11:05:32 am



bikerabe Luan got 1 min.

08-29-2025
11:05:44 am



bikerabe Luan

08-29-2025
11:06:04 am



PasadenaK8 To scratch back a little bit of time for Almeida? As of yesterday, he was behind by 2:41

08-29-2025
11:06:04 am



Rocket City Gal What the..... it's not like anyone ahead of them's a GC threat.

08-29-2025
11:06:15 am



bikerabe Juan

08-29-2025
11:06:20 am



Rocket City Gal To distance themselves from the other GC guys? To get back time in the GC competition?

08-29-2025
11:06:54 am



Rocket City Gal "Let's see if Vingegaard doesn't go on the offensive." Well, THAT ain't happening.

08-29-2025
11:07:56 am



Rocket City Gal Raindrops on the lens

08-29-2025
11:08:24 am



Rocket City Gal GC group back together

08-29-2025
11:09:18 am



Tim in KY Last Km is pretty flat.

08-29-2025
11:09:32 am



bikerabe Ultimo km sprint!!!!

08-29-2025
11:10:15 am



Rocket City Gal GC group has swelled to 17

08-29-2025
11:11:03 am



Tim in KY Fastest imaginable time is 17:13.

08-29-2025
11:11:10 am



Tim in KY One minute faster...

08-29-2025
11:13:12 am



KatieS Traeen looks pretty dapper w/ his towel scarf

08-29-2025
11:16:23 am



SFinAus Did Ayuso put his fingers in his ears as he won? is he not interested in hearing doubters/critics any longer. ;)

08-29-2025
11:16:34 am





















SFinAus Yup.

08-29-2025
11:17:05 am



PasadenaK8 Ha-ha, he did! Okay, hasta luego...

08-29-2025
11:18:06 am

RNK	RIDER	UCI	PNT	TIME
1	 AYUSO Juan  UAE Team Emirates - XRG	180	80	4:49:41
2	 FRIGO Marco  Israel - Premier Tech	130	50	1:15
3	 GARCÍA PIERNA Raúl  Arkéa - B&B Hotels	95	35	1:21
4	 TEJADA Harold  XDS Astana Team	80	25	1:28
5	 QUINN Sean  EF Education - EasyPost	60	18	"
6	 VERMAERKE Kevin  Team Picnic PostNL	45	15	"
7	 SEPÚLVEDA Eduardo  Lotto	40	12	"
8	 ROLLAND Brieuc  Groupama - FDJ	35	10	2:17
9	 SOLER Marc UAE Team Emirates - XRG	30	8	2:30
10	 PIDCOCK Thomas Q36.5 Pro Cycling Team	25	6	2:35



Rocket City Gal 2 Spaniards in the top 3 today

08-29-2025
11:19:27 am



Rocket City Gal Ayuso is just.... Inconsistent. Too inconsistent to be a GC contender in a 3 week grand tour

08-29-2025
11:20:23 am



Rocket City Gal https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1756481196-IMG_8496.jpeg

08-29-2025
11:21:38 am



KatieS adios!

08-29-2025
11:24:32 am