Tim in KY TdF Stage 6 is the second longest of this year's Tour at 202 07-09-2025 kilometers. The first 122 km are south from Bayeux across Normandy.

The route then turns back north for the final 80 km to finish at Vire.

Maria KY https://rumbletalk-images-

07-09-2025 01:11:08 pm

upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1752081367-stage-6-route.jpg

Tim in KY Like two previous stages this year the profile is lumpy throughout and back-loaded with categorized climbs. The last of those crests just 4 kilometers from the finish. The final 700 meters are also uphill averaging 10.5%. In all there is 3500 meters of climbing. The final 10 km are quite circuitous and well furnished.

Tim in KY https://rumbletalk-images-

07-09-2025 01:12:06 pm

upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1752081425-stage-6-profile.jpg

Tim in KY https://rumbletalk-images-

07-09-2025 01:12:17 pm

upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1752081436-stage-6-profile-finale.jpg

Tim in KY https://rumbletalk-images-

07-09-2025 01:12:31 pm

upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1752081450-stage-6-route-finale.jpg

Tim in KY Kilometer zero is scheduled for 12:45 CEST. Finish is imagined either side of 17:30. Forecast is for sunshine with low-20s at the start, high-20s at the finish.

07-09-2025 01:13:25 pm



Tim in KY No fines or penalties yesterday. No DNS this morning. At least non reported so far.

07-10-2025 06:37:45 am



Tim in KY In neutral.

07-10-2025 06:37:51 am



Tim in KY Consensus seems to be that a big break will stay away today.

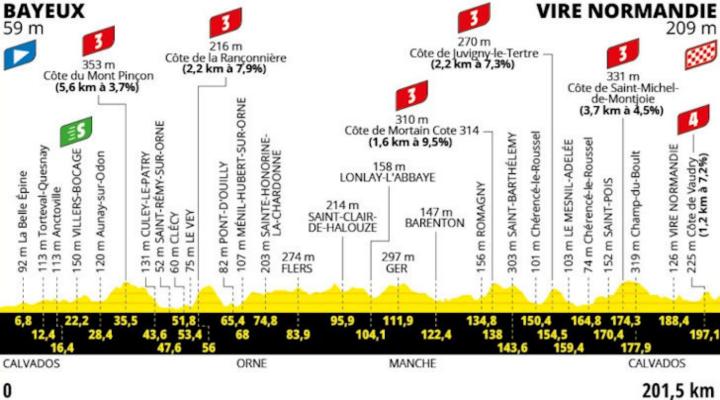
07-10-2025 06:40:27 am



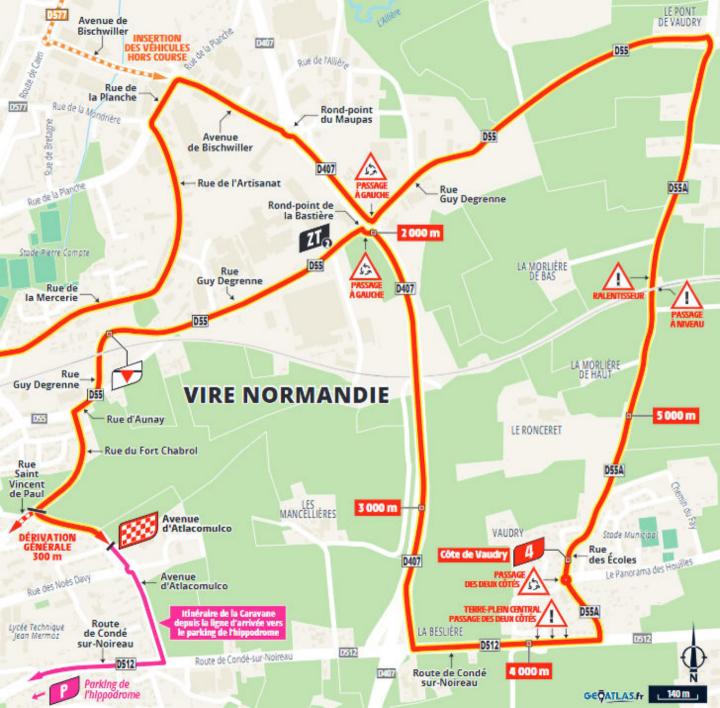
bikerabe early int. sprint before any climbs

07-10-2025 06:51:00 am









Tim in KY First we have a very early sprint line. Won't be a break before that.	07-10-2025 06:51:01 am
bikerabe Milan wins sprint	07-10-2025 07:16:19 am
Tim in KY Quinn and Healy are trying to break after the sprint.	07-10-2025 07:17:48 am
Tim in KY Looks like those two are going to be the break. Not enough riders to go the distance.	07-10-2025 07:20:15 am
Tim in KY Done my PT exercises now I'll try a morning walk for the first time in over a month. Back later.	07-10-2025 07:22:33 am
Rocket City Gal That is a crazy looking finishing bit. Looks kind of like a squashed butterfly. Doing a few final ice dye shirt/bandana washouts and getting some labels on things, packing up the van and doing an "anti-rain The forecast for this afternoon is ever-changing. It's been hot and humid her weather pattern that is sort of like parts of Florida – pop up thunderstorms pre every afternoon, with the only questions being where they will pop up and how they will be. I am in a slightly different spot today, one that is not right next to children's activities. I think people glance down towards the end where I have assigned and don't go there because they think it's all kids stuff. So Maybe will be better.	re with a etty much w strong the been
Katie S Good day. No break going up the second climb. Wout and someone else had 11 seconds but got swallowed up	07-10-2025 07:54:45 am
Katie S Healy attacking again	07-10-2025 07:56:44 am
Rocket City Gal Muhlburger and Lutsenko have a try	07-10-2025 07:56:45 am
Rocket City Gal Many sprinters (Milan, Merlier, Bini, Groanwagon) already more than 2 minutes back, in the laughing group. But I don't think they'll be laughing much on today's long, lumpy stage.	07-10-2025 07:58:29 am
BusterSci RCG, I read "banana" instead of "bandana" and I was very confused for about 15 seconds.	07-10-2025 07:59:03 am

10/2	5, 1:57 P	M history-07-10-2025.html	
	A	BusterSci Perhaps it's because Facebook keeps feeding me Savanah Bananas baseball clips.	07-10-2025 08:00:30 am
	W. W.	Katie S What the heck are those?!	07-10-2025 08:00:54 am
	A	BusterSci The Savanah Bananas? They're baseballs Harlem Globetrotters. A barnstorming fun team.	07-10-2025 08:01:57 am
	peop	Rocket City Gal It's very possible that I typed banana, or that autocorrect intervened. I grew up with the bandana spelling, but most ple apparently use bandanna. I guess it's like gray and grey — pick one.	07-10-2025 08:02:00 am
	A	BusterSci I've never seen bandanna before.	07-10-2025 08:02:24 am
	W.	Katie S Aha! I'll tuck that knowledge away for the sports edition of Connections	07-10-2025 08:02:41 am
		Tim in KY I always spelled it with one n.	07-10-2025 08:02:58 am
-		Rocket City Gal Because us Midwesterners only use one "n"	07-10-2025 08:03:01 am
	W.	Katie S Looks like we have a break	07-10-2025 08:03:15 am
	2	bikerabe MvdP 9in break	07-10-2025 08:04:15 am
	of he	Rocket City Gal I have a couple of cool hemostat shirts that will be done today. I can only make a couple at a time because they take a lot emostats. Some aren't staying clamped- They're under tension and can	07-10-2025 08:06:03 am

2025)3 am of hemostats. Some aren't staying clamped-They're under tension and can become projectiles, so one must exercise caution.

Tim in KY I'm not sure 40 seconds is enough to call it a break yet.

07-10-2025 08:07:59 am

BusterSci Bit of research says bandanna is the traditional spelling and 07-10-2025 08:08:00 am bandana is now more common

Tim in KY Original when? Eighteenth century?

07-10-2025 08:08:48 am





Katie S Rosanna Bananna Bandanna

07-10-2025 08:08:48 am

Rocket City Gal The break: HEALY Ben+7:37 SIMMONS
Quinn+22:04 VAN DER POEL Mathieu+1:28 BARTA Will+37:11 TEJADA
Harold+26:03 With MARTIN Guillaume+5:25 trying to catch them

07-10-2025 08:09:04 am

BusterSci The term "bandanna" is considered the traditional spelling, reflecting its etymological roots from Hindi and Urdu, linked to the term "bāndhnū," meaning to tie. On the other hand, "bandana" is a more modern adaptation of the spelling, prevalent in American English, which signifies the same object but caters to a streamlined linguistic evolution.

Rocket City Gal I'm lazy so one less n is fine with me.

07-10-2025 08:09:50 am

Rocket City Gal https://rumbletalk-images- 07-10-2025 08:10:03 am upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1752149701-1752149401945.jpeg

A

BusterSci 1752 is the first written appearance.

07-10-2025 08:10:06 am

A

BusterSci Thought that was a geode

07-10-2025 08:10:17 am

Rocket City Gal Hemostat set-up.

07-10-2025 08:10:17 am

BusterSci RCG, this should interest you: also often bandana, 1752, 07-10-2025 from Hindi bandhnu, a method of dyeing, from Sanskrit badhnati "binds" (because the cloth is tied in different places like modern tie-dye), from PIE root *bhendh- "to bind." Perhaps to English via Portuguese. The colors and spots are what makes it a bandanna.



Rocket City Gal I think it's a youth tee, and it took 11 curved hemostats.

07-10-2025 08:11:19 am



Rocket City Gal Cool. I love learning about word origins and evolution. 07-10-2025 08:12:12 am





Katie S Very cool etymology!

07-10-2025 08:12:29 am



BusterSci When I was much younger I often got etymology and entomology mixed up. Which was fine because I found both fascinating.

07-10-2025 08:13:13 am

Rocket City Gal My recently-dyed bandanas look pretty cool and there 07-10-2025 are lots of "colors and spots" on them.

Rocket City Gal Buster, I hope that confusion didn't bug you

07-10-2025 08:13:59 am

Wit.

Katie S this stage would have been one for the break.

07-10-2025 08:14:36 am



Katie S I thought...

07-10-2025 08:14:53 am

John we all thought. I guess Lisa Bike is upset they didn't get Wout in there and want to drag him up

07-10-2025 08:15:42 am

BusterSci In the last 5 years or so I learned that a lot of our weird words that can have two very different meaning or opposite meanings are because there were two original words that came from different languages that evolved into the same English word.



Tim in KY Well, this break isn't going to last with MVdP in it.

07-10-2025 08:17:15 am

Rocket City Gal When I was a kid, my father went to college to get a degree. He never had a chance before he went into the military, and after the military, he was busy working to support his young family. So he took two years off to get a college degree and one of the "fun" elective classes he took was an entomology class. We had a large ball field in back of our house, and I remember my brother and I running through it with nets to yield him specimens for his class.



Tim in KY I don't think WvA is in any shape to be in a break.

07-10-2025 08:18:25 am



BusterSci I had a college class called Latin Roots of Scientific Terms, and man was that helpful in my career in medical devices.

07-10-2025 08:19:39 am

Rocket City Gal Poor Wout has had a bad year with bad timing of illness

07-10-2025 08:19:51 am



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BusterSci How good must the guy be to be completely off form all year 07-10-2025 but still on the Tour team.



Rocket City Gal We had a Latin /Greek "medical terminology" course.

07-10-2025 08:20:41 am



Katie S No kidding, Buster. The guy is tough.

07-10-2025 08:21:08 am



Tim in KY The break really needs to ask MVdP to sit up.

07-10-2025 08:21:26 am



BusterSci I'm not gonna ask him. You ask him!

07-10-2025 08:24:01 am



Rocket City Gal Definitely. UAE would like to see the win come from a 07-10-2025 non-threatening break. Pogi has a lot of commitments with 3 jerseys.



Rocket City Gal Evenepoel took the white jersey from Vauqulin yesterday.

07-10-2025 08:25:36 am



Rocket City Gal Pogi is hogging the other 3 after the ITT

07-10-2025 08:26:08 am



Tim in KY That looks like a really dumb show.

07-10-2025 08:27:01 am



Rocket City Gal Here's a joke..... 6 cyclists walk into a hair salon amd.....

07-10-2025 08:27:13 am



Katie S I've got a Botox ad ... what do you have?

07-10-2025 08:27:24 am

Rocket City Gal https://rumbletalk-images-

07-10-2025 08:27:38 am

upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1752150757-IMG 6984.jpeg



John Alpecin ads here

07-10-2025 08:27:38 am



Rocket City Gal Jeanierre (sprinter for total energies) probably DNS

97-10-2025

yesterday b/c of his stage 3 crash. He rode in with gauze clamped

between his bloody teeth/lips. He had stitches in his hand and shoulder and had
emergency dental work done at 8 pm that night in Dunkirk. He finished stage 4
somehow. But bending over for 33 km in a TT was just going to be too painful.

Katie S So, alas, yesterday at about 5 p.m. ET, I got word that the liver 07-10-2025 went to the primary candidate, not to my guy, Andy. Very big disappointment. I was in a funk the rest of the day, after getting my hopes up on his account all day long. I figured the more hours that passed, the higher the likelihood Andy would get it. I haven't spoken to him yet today. I know he's very disappointed, which I am sure is an understatement.

4 10	
The state of the s	
1433	

Tim in KY Sorry for Andy.

07-10-2025 08:35:53 am

Rocket City Gal So sorry to hear that for Andy. Does that mean he moves uo and is primary for the next possible transplant, or does it depend?

07-10-2025 08:36:24 am



BusterSci Ups and downs like that are killer. No matter how hard you try to keep an even keel it just isn't possible to not be let down.

07-10-2025 08:36:52 am



Katie S yeah- talking to him now

07-10-2025 08:38:11 am

BusterSci Dagies and I were just talking about Ben Healy and how his 07-10-2025 riding style with his head to the side reminded us of Francisco Mancebo. After Puerto, Mancebo started riding at the continental level and as of this spring he's riding for a Japanese team at the sprightly age of 49.

1

BusterSci Won the first stage of the Tour of Sahel this spring.

07-10-2025 08:39:47 am



BusterSci Is UAE really controlling the gap or just riding hard to dissuade attacks? Why not let MvdP take the jersey back?

07-10-2025 08:41:59 am



Tim in KY That looks like UAE's plan Buster.

07-10-2025 08:43:13 am



Tim in KY The break is currently 4 seconds faster than the fastest imaginable...

07-10-2025 08:45:20 am



Katie S Hey, we have a break! Habemus Breakum!

07-10-2025 08:46:03 am



Tim in KY Gigantic laughing group is near 9:00 back.

07-10-2025 08:46:13 am

Katie S So, yeah, Andy ... No, it doesn't move him up the list. It's a very complicated calculus of things like how sick you are and what your MELD score is (which involves bilirubin levels), and blood type and all (He's O-neg). But he keeps his spirits up - whether for his sanity or that of his friends, family and colleagues - he's been dealing with this since he was in his mid-20s, and he's 52 now. We've worked together for 28 years.

Katie S Apparently, even in the OR, the surgeons weren't sure the liver 07-10-2025 was a physical fit (size) for the primary candidate, so Andy was just THAT close to getting it ...

Rocket City Gal O neg probably makes it a lot harder. Blood type matching may not be as important as HLA matching though. Or whatever they do these days.

07-10-2025 08:53:35 am

Tim in KY Lenny is having another bad day.

07-10-2025 08:56:55 am



Rocket City Gal 1:10 for the 8 riders in the break.

07-10-2025 08:57:17 am



BusterSci "Playing Golf" as his DS, Kreuziger, has said.

07-10-2025 08:57:27 am



Tim in KY Letting cars into the gap. Always a good sign for the break.

07-10-2025 08:57:30 am



Tim in KY UAE really keeping a tight gap.

07-10-2025 08:59:39 am



Rocket City Gal mibextid=wwXlfr

https://www.facebook.com/share/p/19ZS4V98Q6/?

07-10-2025 09:00:26 am



Rocket City Gal Lemond gets Congressional Gold Medal

07-10-2025 09:01:25 am



Katie S huh

07-10-2025 09:02:28 am

10/25, 1:57 PM	history-07-10-2025.html	
John better than H	WSNBN	07-10-2025 09:04:42 am
	here: The guys started in Bayeux today and .com/2025/07/08/world/europe/bayeux-tapestry- seum.html	07-10-2025 09:08:21 am
Tim in KY We say	it when we were in Bayeux many years ago.	07-10-2025 09:10:52 am
	nd since it was February, there were only a handfule. Really got to spend time with it. Of course, the tty tasty, too.	07-10-2025 09:12:07 am
BusterSci We saw	in November and it was the same.	07-10-2025 09:15:08 am
BusterSci But since ithttps://www.bbc.co	e you started om/news/articles/cn05wyld45wo	07-10-2025 09:16:03 am
Rocket City Gal I received the chess pieces.	ead about this yesterday. The trade was the led	07-10-2025 09:16:12 am
Rocket City Gal Old	d chess pieces	07-10-2025 09:16:19 am
Mikey Morning all		07-10-2025 09:17:49 am
Mikey microsoft ha	ving a bad day	07-10-2025 09:18:12 am
releases/bayeux-tape	ps://www.britishmuseum.org/about-us/press/pressestry-displayed-british-museum Here's one that's e Lewis chess pieces are going to France while th	09.19.40 am
Tim in KY The brea	ak is 7 minutes faster than the fastest	07-10-2025 09:22:24 am
	ny how the Brits say the tapestry is returning hom aying it's leaving France for the first time ever.	07-10-2025 09:22:24 am

	7-10-2025 09:22:43 am
	7-10-2025 09:22:50 am 54068-
MI DUSTEIDE I DEILEVE II WAS HAUE III HUIGHU SO HE DHIS AIC HUIH. AHU	7-10-2025 09:24:17 am
Rocket City Gal Weibes wins the Giro stage today; Reusser retains the overall lead.	7-10-2025 09:26:03 am
Malie 9 life Uliuliai Miliuuli Heli	7-10-2025 09:27:48 am
WE DUSTELOCE THICKELLIONS TO DAVICE AND LIAVE DECITIONING AT	7-10-2025 09:28:34 am
Marie IIII III IX I - III III S IIV SIGIIVAI. DUSIGI.	7-10-2025 09:29:10 am
Rocket City Gal Oh my!	
Rocket City Gal Oh, my! Tim in KY The Cat climbs start again shortly 07	7-10-2025
Rocket City Gal Oh, my! Tim in KY The Cat climbs start again shortly. Rocket City Gal Naughty pine joke: Which are cheaper — pine nuts or 07.	7-10-2025 09:29:21 am 7-10-2025 09:33:00 am
Rocket City Gal Oh, my! Tim in KY The Cat climbs start again shortly. Rocket City Gal Naughty pine joke: Which are cheaper — pine nuts or of deer nuts? Rocket City Gal Deer nuts, of course. They're under a buck.	7-10-2025 09:29:21 am 7-10-2025 09:33:00 am
Rocket City Gal Oh, my! Tim in KY The Cat climbs start again shortly. Rocket City Gal Naughty pine joke: Which are cheaper — pine nuts or of deer nuts? Rocket City Gal Deer nuts, of course. They're under a buck. Rocket City Gal 4 more categorized climbs and lots of non-categorized of non-categories of non-categories of non-categories of non-categories of non-categories of non-categories	7-10-2025 09:33:15 am





/10/25	5, 1:57 PM	history-07-10-2025.html
		y Gal Lots of good climbers in the break — who will lead end of the day?
	Rocket Cit	y Gal Yates? Storer? Healy?
		There's a max of 7 points if one rider wins all four climbs. If der were Simmons he would get the dots. Seems unlikely.
		MvdP in Virtual Yellow and Peaxock opining that Tadej will eloton and not ride to retain Yellow
	Tim in KY	Wellens should be in dots tomorrow.
		If MvdP takes the final would he get points back, too? Tadej not having a jersey until later next week.
	categorized	y Gal ooking ahead, tomorrow is mildly lumpy with disclimbs near the end, then there are 2 fairly flat stages before looks pretty unfun with lots of climbing /many cat 2s
	Tim in KY	Yes, Buster he would be in green if he won the stage.
	∄ BusterSci	Anyone who has read the Discworld novels would be

smiling with me at RCG's typo of "ooking ahead."

07-10-2025 09:54:44 am

07-10-2025 09:50:49 am

07-10-2025 09:36:59 am

07-10-2025 09:37:19 am

07-10-2025 09:39:37 am

07-10-2025 09:42:15 am

07-10-2025 09:46:20 am

07-10-2025 09:48:39 am

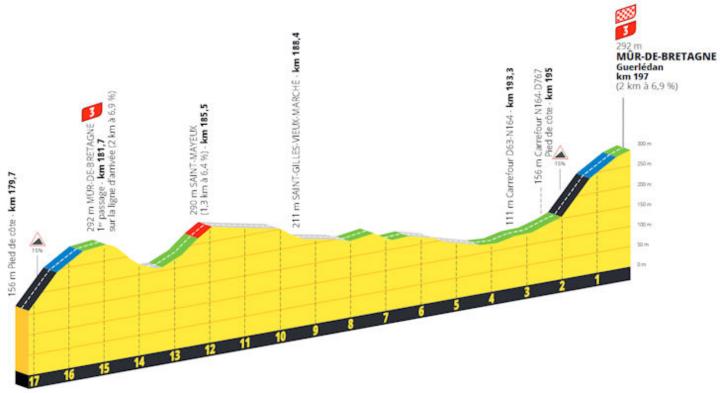
07-10-2025 09:48:39 am

07-10-2025 Tim in KY Tomorrow: 09:56:44 am

07-10-2025 Tim in KY https://rumbletalk-images-09:56:53 am upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1752156112stage-7-profile-finale.jpg

07-10-2025 **Rocket City Gal** If my math is right, after today's intermediate sprint, 09:56:58 am Milan is three points ahead of Pog and V d P in the (virtual) points competition right now. The green jersey will depend on where're v d P and Pog end up in the finish today.

Katie S that'll be a fun finale 07-10-2025 09:58:48 am



Tim in KY The Cat 3 is the same hill twice.	07-10-2025 09:59:28 am
Katie S so it is!	07-10-2025 09:59:48 am
Tim in KY Still a bit faster than the fastest	07-10-2025 10:03:44 am
Tim in KY Also temps near 30 tomorrow.	07-10-2025 10:05:12 am
Katie S yeesh.	07-10-2025 10:05:24 am
Rocket City Gal It's 30 C there today too. I think that's high 80s-90 F	07-10-2025 10:08:08 am
BusterSci 86	07-10-2025 10:08:31 am
Rocket City Gal I can only remember 0 and 37 :-/	07-10-2025 10:09:34 am
Katie S Nephew's wedding is in the coastal mountain range between Silicon Valley and Santa Cruz supposed to be 28C (84F) It's an outdoor wedding in the promised shade of the redwood trees Grammy (my 87 years old) is not going to be amused	07-10-2025 10:10:03 am
Katie S on Saturday	07-10-2025 10:10:08 am
PasadenaK8 Mornin', everyone ≫ Thanks to Mons, I learned that 28C = (approx) 82F	.07-10-2025 . 10:14:13 am
BusterSci Both my real and online persona knows that -40 equals -40	07-10-2025 10:15:12 am
BusterSci Knowing subject-verb agreement is harder.	07-10-2025 10:16:02 am
Rocket City Gal https://rumbletalk-images- upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1752 1752157000158.jpeg	07-10-2025 10:16:42 am 157300-







Rocket City Gal https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/175211752157007836.jpeg	07-10-2025 10:16:49 am 157300-
Tim in KY Buster, why do we know that when actually being in -40 is very unlikely.?	07-10-2025 10:16:50 am
Rocket City Gal https://rumbletalk-images- upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/17521 1752157012866.jpeg	07-10-2025 10:16:54 am 157300-
Rocket City Gal I like today's batch. Youth tees, a large and some bananas. Or bandanas.	07-10-2025 10:17:25 am
Rocket City Gal The hemostat shirts are center and top right.	07-10-2025 10:17:45 am
Katie S love the kaleidoscope	07-10-2025 10:19:15 am
BusterSci Only once in my life, Tim. Did some fairly regular -30s in my youth, though.	07-10-2025 10:19:20 am
Tim in KY -40 air temp or windchill?	07-10-2025 10:20:08 am
Katie S What was that? Healy seemed annoyed.	07-10-2025 10:20:13 am
BusterSci Yeah, the one with the black? is almost frightening.	07-10-2025 10:20:13 am
BusterSci Air temp	07-10-2025 10:20:16 am
Tim in KY TV moto, I think.	07-10-2025 10:20:34 am
Rocket City Gal Someone in my ice dye group got some "sponge hemostats" (which have a round "eye" at the end), So now I'm tempted to buy more stuff I don't need to make even crazier patterns.	07-10-2025 10:20:37 am

Rocket City Gal This hemostat design has been dubbed the Otten alien eye. You can see why.	07-10-2025 10:22:29 am
Katie S 1 KU-ish	07-10-2025 10:23:52 am
Tim in KY Is that crop maize or sometin g I don't know?	07-10-2025 10:24:09 am
Rocket City Gal Healy looks a bit scruffy today. I imagine hours of Sun/wind exposure every day can make for uncomfortable shaving, though.	07-10-2025 10:24:51 am
Katie S didn't see the crop	07-10-2025 10:25:05 am
Katie S sorghum, maybe?	07-10-2025 10:25:28 am
Alaska Dave -40 is not uncommon in most parts of Alaska.	07-10-2025 10:25:58 am
Tim in KY Healy always looks scruffy in races.	07-10-2025 10:27:25 am
Alaska Dave Propeller airplanes don't fly when the temperature drops below -40.	07-10-2025 10:27:48 am
Rocket City Gal Wheat, corn (maize), barley are main grain crops. Sugar beets, potatoes, grapes, dairy are the other main agricultural products.	07-10-2025 10:28:02 am
Katie S are we taking bets yet on whether Healy will take this to the line?	07-10-2025 10:29:16 am
Alaska Dave Good morning from the 47 F rainforest. We actually hit 60 yesterday. This afternoon an "atmospheric river" is due to hit.	07-10-2025 10:30:15 am
BusterSci Sorghum is a weird looking crop but at a distance can look like corn.	07-10-2025 10:30:48 am
Rocket City Gal Still a long way to yhe line, but the parcours suits him.	07-10-2025 10:31:02 am

BusterSci Comes down to whether anyone will work with MvdP	07-10-2025 10:33:44 am
Rocket City Gal Quinn Simmons takes off	07-10-2025 10:34:02 am
Rocket City Gal Storer now with QS	07-10-2025 10:34:31 am
Tim in KY Break is fighting itself.	07-10-2025 10:35:00 am
BusterSci Healy is virtual top 10 right now. I doubt that'll hold.	07-10-2025 10:36:38 am
Rocket City Gal Simmons has done a lot of work so far this Tour, but I think he basically took it easy yesterday.	07-10-2025 10:37:34 am
Alaska Dave Huge crowds at KOM	07-10-2025 10:38:20 am
Katie S The chasers are not making much headway against Healy.	07-10-2025 10:39:48 am
Rocket City Gal So far the gaps are holding pretty steady. Simmons 51-52 sec ahead of Simmons/storer, then another 30 sec or so to the res of the chasers	07-10-2025 10:40:33 am t
Rocket City Gal Peloton has given up chasing Now 5:48 behind Healy	07-10-2025 10:41:09 am
Katie S Team car just splashed a bottle all over Healy but the liquid looked pink did he just get dosed with pink lemonade?!	07-10-2025 10:43:28 am
BusterSci That's playing the branding pretty tight	07-10-2025 10:44:32 am
Rocket City Gal Gaps are widening now	07-10-2025 10:45:32 am
BusterSci Daniel Friebe says he'd have Visma ride just to keep Pog in yellow. Keep him with the press an extra hour or so instead of	07-10-2025 10:47:18 am

recovering.

Toulouse Greetings from a place where -40 used to be familiar. This winter we spent a lot of time at -20F. Right now my new computer says it's 86 outside. It's probably half that.	07-10-2025 10:53:11 am
Katie S Oh, interesting tactic, Buster	07-10-2025 10:54:28 am
bikerabe 14 km ro go Ben could go All the WAy	07-10-2025 10:54:57 am
Katie S "Yeah, that's right! We're gonna intentionally LOSE time, yeah so we can make him WIN!"	07-10-2025 10:55:07 am
Tim in KY Healy's lead keeps increasing. How is he doing that?	07-10-2025 10:57:54 am
bikerabe 2 minuto for Ben	07-10-2025 11:02:15 am
Alaska Dave Simmons attacks, then wonders why Storer won't work with him.	07-10-2025 11:03:28 am
Tim in KY PCS says Healy will be 4th on GC after today.	07-10-2025 11:03:51 am
Alaska Dave final rated climb. Climbs get steeper while categories decrease.	07-10-2025 11:04:20 am
BusterSci Maybe. But if the GC guys try to gap each other on the finale, that gap will come down fast.	07-10-2025 11:04:25 am
PasadenaK8 An entertaining read that I came across at the start of the Tour: "An Entirely Vibes-Based Guide to the 2025 Tour de France" https://hiitskim.beehiiv.com/p/an-entirely-vibes-based-guide-to-the-2025-tour-france They jokingly & lovingly described Ben Healy as "the biggest psychothe race and will attack at any time, for any reason, no matter how unlikely a result is." May the crazies rule the race!	de- path in
Tim in KY Crested 4 minutes faster than the fastest	07-10-2025 11:07:07 am

BusterSci Healy gets the Jensie memorial trophy?

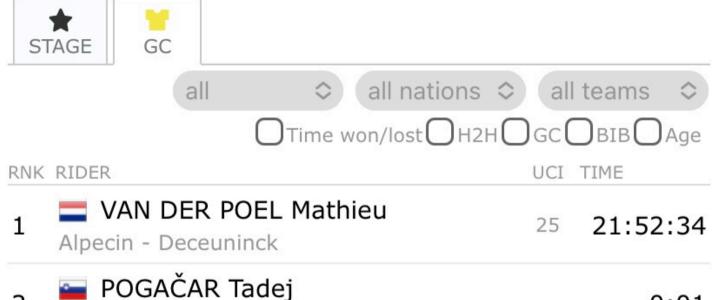
07-10-2025 11:07:59 am



PasadenaK8 Definitely!	07-10-2025 11:08:32 am
Rocket City Gal VdP will be in yellow, and should stay there at least until stage 10	07-10-2025 11:09:39 am
Katie S Look at Healy go!	07-10-2025 11:10:04 am
Tim in KY https://rumbletalk-images- upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1752 stage-6-profile-finale.jpg	07-10-2025 11:10:13 am 2160512-
Katie S Agree to the Jensie trophy	07-10-2025 11:10:13 am
Tim in KY Geez that's steep.	07-10-2025 11:10:44 am
Katie S Should also get the more pedestrian combatitif	07-10-2025 11:11:01 am
Rocket City Gal He's just extending it, pushing it all yhe way, whereas everyone else slacks off	07-10-2025 11:11:10 am
BusterSci RCG, I'd expect you're correct on MvdP keeping the yellow, but if Remco or Vingo try to gain time Pog will have to chase and that could cause problems for Matty.	07-10-2025 11:11:28 am
Tim in KY He already has that Kate.	07-10-2025 11:11:28 am
PasadenaK8 Bravo!	07-10-2025 11:12:13 am
Katie S Quinn and Storer are not pushing this very hard, compared with the pace Healy set at the same spot.	07-10-2025 11:14:23 am
Tim in KY That was faster Katie.	07-10-2025 11:15:19 am



10/25, 1:57 PM history-07-10-2025.html	
Katie S ah, they just looked labored, sorry. I'll go back to now	my corner 07-10-2025 11:16:25 am
BusterSci That was dumb I think	07-10-2025 11:17:57 am
Tim in KY Yeah, dumb.	07-10-2025 11:18:16 am
BusterSci They say 1 second?	07-10-2025 11:19:07 am
Tim in KY Turns out MVdP is in yellow by a second.	07-10-2025 11:19:13 am
Katie S they did	07-10-2025 11:19:15 am
PasadenaK8 https://rumbletalk-images- upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71 1752160765216.jpeg	07-10-2025 11:19:27 am 1ef53a57/1752161065-
Rocket City Gal Gc	07-10-2025 11:21:09 am
Rocket City Gal https://rumbletalk-images- upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71e IMG_6992.jpeg	07-10-2025 11:21:17 am ef53a57/1752161176-
BusterSci Yeah, waiting to see where Healy ends up	07-10-2025 11:21:30 am
BusterSci 8th	07-10-2025 11:21:59 am
PasadenaK8 https://rumbletalk-images- upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71 1752160966353.jpeg	07-10-2025 11:22:47 am 1ef53a57/1752161065-
Katie S thanks, all. See you tomorrow.	07-10-2025 11:23:15 am
PasadenaK8 👋	07-10-2025 11:23:32 am





UAE Team Emirates - XRG

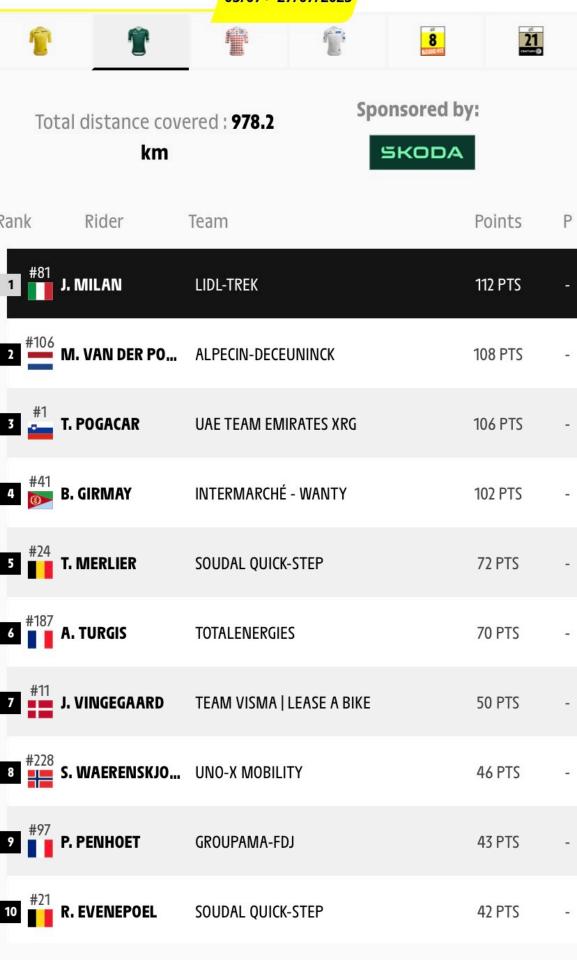
EVENEPOEL Remco

0:01 0:43

Soudal Quick-Step

	iminary results.	TEAM	TIME
1	III HEALY Ben	EF Education - EasyPost	4:24:10
2	SIMMONS Quinn	Lidl - Trek	2:44
3	STORER Michael	Tudor Pro Cycling Team	2:51
4	DUNBAR Eddie	Team Jayco AlUla	3:21
5	## YATES Simon	Team Visma Lease a Bike	3:24
6	BARTA Will	Movistar Team	3:29
7	TEJADA Harold	XDS Astana Team	3:52
8	WAN DER POEL Mathi	ieu Alpecin - Deceuninck	3:58
9	POGAČAR Tadej	UAE Team Emirates - XRG	5:27
10	VINGEGAARD Jonas	Team Visma Lease a Bike	5:27

Rank	Rider	Team	Times	Gap	В	Р
1 #106	M. VAN DER PO	ALPECIN-DECEUNINCK	21h 52' 34"	-	B : 16"	
2 #1	r. POGACAR	UAE TEAM EMIRATES XRG	21h 52' 35"	+ 00h 00' 01"	B:16"	٠
3 #21	R. EVENEPOEL	SOUDAL QUICK-STEP	21h 53' 17''	+ 00h 00' 43"	1	-
4 #131	C. VAUQUELIN	ARKEA-B&B HOTELS	21h 53' 34"	+ 00h 01' 00"		٠
5 #11	. VINGEGAARD	TEAM VISMA LEASE A BIKE	21h 53' 48"	+ 00h 01' 14"	B:8"	•
6 #15	M. JORGENSON	TEAM VISMA LEASE A BIKE	21h 53' 57"	+ 00h 01' 23"	٠	
7 *2 J	. ALMEIDA	UAE TEAM EMIRATES XRG	21h 54' 33"	+ 00h 01' 59"	-	
8 #31 E	B. HEALY	EF EDUCATION - EASYPOST	21h 54' 35"	+ 00h 02' 01"	B:10"	٠
? <mark>#72</mark> I	. LIPOWITZ	RED BULL - BORA - HANSGROHE	21h 55' 06"	+ 00h 02' 32"	1	-
10 == 1	P. ROGLIC	RED BULL - BORA - HANSGROHE	21h 55' 10"	+ 00h 02' 36"	÷	٠
10 = 1	P. ROGLIC	RED BULL - BORA - HANSGROHE	21h 55' 10"	+ 00h 02' 36"	-	-



bikerabe incredible that GC is only 1 sec gap	07-10-2025 11:24:02 am
bikerabe long lumpy stage tomorrow with non-caregorized climb at fi9nish	07-10-2025 11:27:02 am
Rocket City Gal Wellens KOM, Evenepoel white Jersey	07-10-2025 11:30:37 am
Rocket City Gal https://rumbletalk-images- upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/175 IMG_6993.jpeg	07-10-2025 11:32:38 am 2161856-
Rocket City Gal Milan still has green jersey, but it's close.	07-10-2025 11:32:58 am