



Tim in KY VaE Stage 11 is 163 kilometers from Lerma, in north central Spain, east and then north to a summit finish on the climb to Laguna Negra, the Black Lake. Along the way there is a 45 km loop to the south that includes two passes through the sprint town. Only the second pass counts.

09-05-2023
03:25:49 pm



Tim in KY <https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1693942261-stage-11-route.jpg>

09-05-2023
03:26:02 pm



Tim in KY The first 157 kilometers of the route are a lumpy ride across plateau at an elevation of ~1000 meters. The only categorized climb is the finale. The climb to the Laguna Negra is 6.5 km averaging 6.8% but with several double-digit ramps. The final 500 meters is at 13%.

09-05-2023
03:26:36 pm



Tim in KY <https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1693942304-stage-11-profile.jpg>

09-05-2023
03:26:45 pm



Tim in KY <https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1693942314-stage-11-laguna-negra.jpg>

09-05-2023
03:26:55 pm



Tim in KY Kilometer zero is scheduled for 13:19 CEST. Finish is imagined either side of 17:30. Forecast is for sunshine in the upper-20s.

09-05-2023
03:27:29 pm



Tim in KY There were two DNS for Tuesday's ITT. Neither were shown in the PCS and ASO tickers. Javier Romo (Astana) and Jefferson Cepeda (Caja Rural).

09-06-2023
06:48:47 am



Tim in KY Very short neutral today because the start town is very small. Only 2,600 inhabitants. I wonder what the ROI is for a town like that to sponsor a Vuelta start.

09-06-2023
07:19:51 am



Tim in KY Neutral start.

09-06-2023
07:21:06 am



Tim in KY Good morning Charlie.

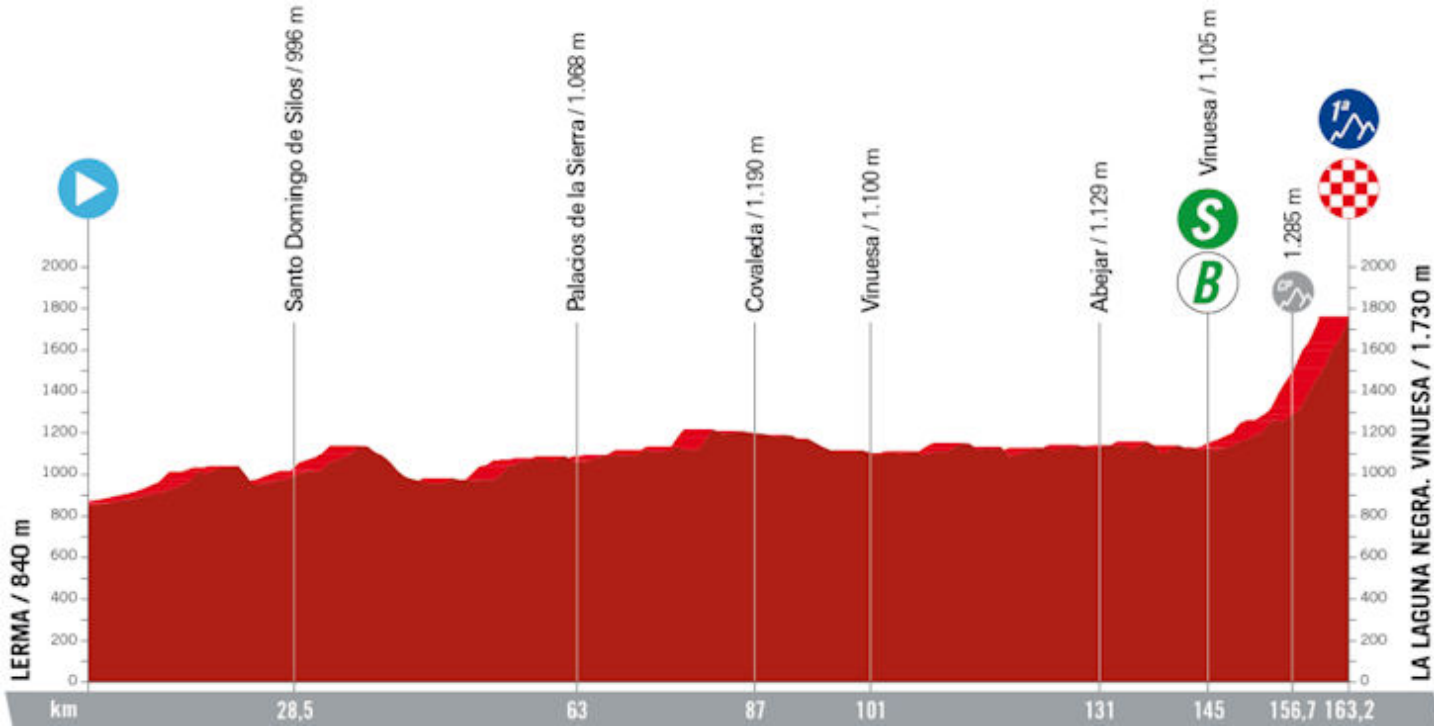
09-06-2023
07:21:51 am

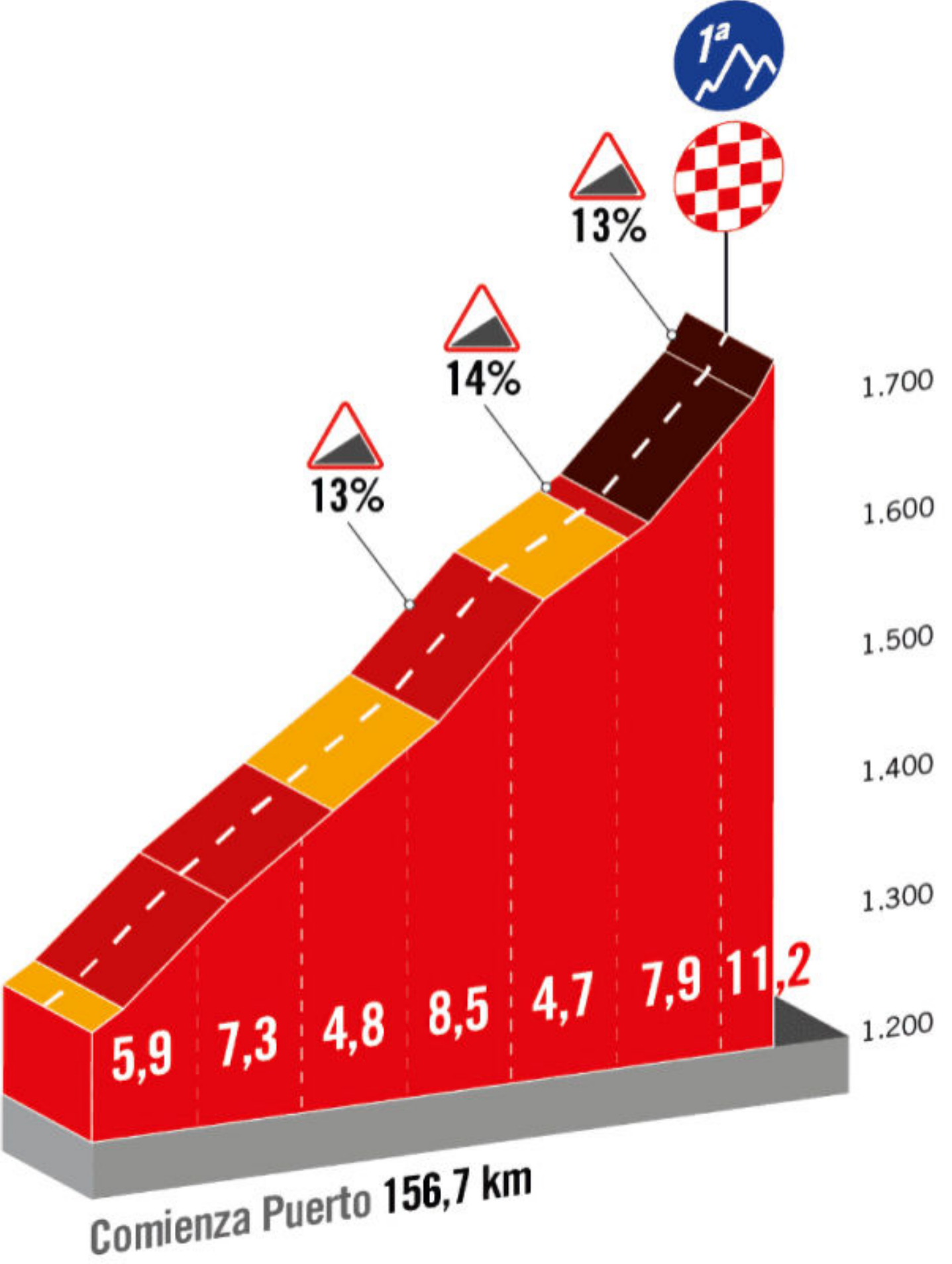



Tim in KY Ayuso crashes in the neutral. LuLe has a mechanical.


09-06-2023
07:26:29 am









 **Charlie in Tenn** Good morning. The ROI seems tough for a small town. Fill all the hotels in the area, advertising for x number of years, maybe a rich patron (bicycle club or retired rider) in the area helped, maybe there is some kind of regional group that helps get the Vuelta and other races to come to the area. The initial costs must be tough to gather no matter what. 09-06-2023 07:29:31 am


 **Tim in KY** Odd the the ToB has wall-to-wall TV and the Vuelta has so little. 09-06-2023 07:31:42 am


 **Tim in KY** Still no start in Spain. due to the crash and a couple more mechanicals. 09-06-2023 07:32:36 am


 **Tim in KY** Finally. 09-06-2023 07:33:08 am

 **Charlie in Tenn** Mikel Landa could have been a contender for many GTs, if he had anything close to a good TT. 09-06-2023 07:34:13 am


 **Tim in KY** True of a lot of climbers. 09-06-2023 07:36:02 am


 **Tim in KY** Now it's time for chores and errands. Be back well before the climb. 09-06-2023 07:36:51 am

 **Trish in MA** In Spain, one channel showed the early part of the race and then went to other programming. A different channel showed the more exciting end of the stage. I wonder how many channels they'd need to have to show the race wire to wire. gotta run to work and meeting. Back for the exciting end. 09-06-2023 08:20:38 am

 **Rob** The grand tours are all shown on Eurosport in Europe, They have a whole channel dedicated to it, from neutral to the end. The app is even better, you can choose which cameras you want to watch rather than the main feed. 09-06-2023 08:28:50 am

 **Katie S** Good morning, all. 09-06-2023 09:08:45 am

 **Katie S** Overslept this morning because the night before I was awake from 1:30 to 4:30 stewing about how the imbeciles that bought our company are alienating people and risking the integrity of our product. Took a little benadryl last night and slept through all my anxieties. 09-06-2023 09:10:44 am

 **bikerabe** my Peacock is always lagging have to watch rea time finish on Tiz 09-06-2023 09:14:17 am



Katie S BTW: Today apparently is National Read a Book Day. Feel free to shirk duties to observe this important day.

09-06-2023
09:25:44 am



Tim in KY I read part of a book everyday after lunch.

09-06-2023
09:27:32 am



Tim in KY I have no one in that gigantic group one.

09-06-2023
09:27:58 am



Katie S My favorite reading environment (to steal a question from the NYT's By The Book interview) is early morning on the weekends, when only I am up, with a cup of tea, on the couch in our TV-less living room.

09-06-2023
09:30:18 am



Joanna in Virginia Good morning!

09-06-2023
09:36:47 am



Katie S Good morning, Jo!

09-06-2023
09:36:59 am



Joanna in Virginia I've been up for 4+ hours, but have been hammering away at my keyboard updating policies and website for my saddle company. Eyes are glazed...

09-06-2023
09:37:25 am



Katie S i imagine.

09-06-2023
09:37:58 am



Joanna in Virginia Suffered a bit of heat exhaustion/heat stroke yesterday - still feel like I'm recovering.

09-06-2023
09:38:28 am



Katie S Yipes. Hydrate, Jo, hydrate.

09-06-2023
09:38:53 am



Tim in KY Who actually builds those saddles, Jo? they look very elegant on FB.

09-06-2023
09:39:12 am



Joanna in Virginia I do and am! I found myself in a no air flow situation and it caught up to me.

09-06-2023
09:39:29 am



Joanna in Virginia Tim, our saddles are hand crafted by two different crafters in the UK. The saddles are our designs and are truly beautiful and crafted with care.

09-06-2023
09:40:17 am



Katie S what's your favorite part about building a saddle? What's the hardest part? 09-06-2023 09:40:19 am



Joanna in Virginia My favorite part is the fun with design elements. We have designed a new model that is still in development and being able to craft the shapes and features is fun. The most time consuming is making sure it is a perfect fit for both horse and rider. Some riders love a certain seat feel, but the tree might not be perfect for the horse. So striking that balance is the most challenging. 09-06-2023 09:42:00 am



Joanna in Virginia All the photos on the website are taken by me. I have learned through the process that certain leather types just don't translate all that well, so I like to have some contrasting stitching or leather colors, accents. When my business partner and I started, we contemplated hiring a professional photographer, but it would have been too complex to schedule in either the UK or US, so I took on the role. 09-06-2023 09:44:13 am



Joanna in Virginia <https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1694008230-saddle.jpeg> 09-06-2023 09:45:31 am



Katie S that is a thing of beauty. Wow. 09-06-2023 09:45:58 am



Joanna in Virginia Thank you. I love how the cantle detail came out in this image. 09-06-2023 09:46:52 am



Katie S how much does a saddle like that weigh? Do you strive for lightness? 09-06-2023 09:47:07 am



Katie S Absolutely. The lighting is perfect. 09-06-2023 09:47:07 am



Joanna in Virginia This saddle is lighter than most as it has a single flap. When no stirrup leathers or stirrups are attached it is fairly light. Most of the saddle components are light by nature. Dressage and jumping saddles differ significantly from a western saddle. We do not use synthetic leather, but those saddles that are synthetic are even lighter. Great for endurance riding. That said, we use the highest quality materials for long life. 09-06-2023 09:51:02 am



bikerabe 53 km to go 5 min. gap Nice work Joanna ! 09-06-2023 09:52:22 am



Joanna in Virginia Thanks, bikerabe! 09-06-2023 09:52:41 am



© gemgray



Katie S Remco is being diplomatic about wearing the white jersey, but it's clear he finds it a poor substitute for red.

09-06-2023
09:54:17 am



Charlie in Tenn The saddle is beautiful and the photography is wonderful. You are doing great work.

09-06-2023
09:54:24 am



Joanna in Virginia Thank you, Charlie. I am my harshest critic. Fortunately, I'm adept at Photoshop. :-)

09-06-2023
09:55:09 am



Tim in KY Group 1 is way ahead of the fastest imaginable.

09-06-2023
09:56:07 am



Joanna in Virginia I am all self-taught and know I would benefit greatly from an education in the subject.

09-06-2023
09:56:10 am



Charlie in Tenn I think if he wanted to, he could choose his country jersey instead of wearing a jersey in a category that he does not actually lead. So he must like it a little.

09-06-2023
09:56:50 am



Charlie in Tenn Editing photos is another skill set. Starting with better photos is the way to go.

09-06-2023
09:58:58 am



Katie S Or it was suggested that the sponsor of the white jersey would surely like to see it on TV ...

09-06-2023
09:59:51 am



Katie S Jo, I have found that I really like editing photos in Lightroom rather than Photoshop. I think there are more tools at one's disposal.

09-06-2023
10:00:26 am



Katie S but, Charlie, yes, starting w/ better photos is always a plus.

09-06-2023
10:00:41 am



Charlie in Tenn I have both of the Ineos guys on my team. I hope they do well. BTW, I was 19th after the first day and now sit in 9th. Ganna and Kamna have pulled more than their weight.

09-06-2023
10:00:52 am



Joanna in Virginia I have Lightroom, but haven't delved into it yet. I am teaching myself Premier Pro and created a few short videos of the saddle models set to music. I need more spare time. LOL!

09-06-2023
10:01:40 am



Katie S me too!

09-06-2023
10:03:04 am



Charlie in Tenn Sorry, Remco is leading the youth category so he has no choice. I was thinking that Kuss was still under 25 but it was Lenny that was in red and white earlier.

09-06-2023
10:03:19 am



SFinAus Good day all. Hi Jo! Nice to be in the Pub at the same time as you. May I also say your saddles and photography are beautiful! Congratulations on your success.

09-06-2023
10:06:10 am



Joanna in Virginia Thanks, Shawn! I know, it is a rare occasion when we are both here. Glad to "see" you!

09-06-2023
10:07:43 am



SFinAus I empathize about the heat. I missed the weekend here because I'm no longer tolerant of heat and this summer, so I don't wait until after the stage to ride these days. I've had heat exhaustion too many times. UGH!

09-06-2023
10:10:55 am



Charlie in Tenn Uh, Kooij won in Britain. 4 for 4.

09-06-2023
10:14:34 am



bikerabe Balsamo for Trek wins Simac Ladies over Wiebes Vuelta 32 km to go 5:45 gap can Kron for Trek win the stage?

09-06-2023
10:14:54 am



Joanna in Virginia We have one more day (today) with a heat advisory. The horses got their fall vaccinations yesterday so they get the day off. I get to stay home in the A/C, which is a good thing. Once I started seeing stars and feeling like I wanted to be sick, I sat down, got an ice pack on me and downed some more water. Plus, got out of the stuffy stall and into the breezy breezeway. Made a huge difference, but still feeling the effects.

09-06-2023
10:17:42 am



Joanna in Virginia Kool Kooij!

09-06-2023
10:17:55 am



Joanna in Virginia Oooh, Balsamo is on Team Madeleine J!

09-06-2023
10:19:28 am



Joanna in Virginia Speaking of Madeleine...

09-06-2023
10:20:17 am



Joanna in Virginia https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1694010323-375264671_10223082398304491_1462286121101360659_n.jpg

09-06-2023
10:20:24 am



Joanna in Virginia She's growing up. I will take over the ride next month as my schedule with Artie will get lighter after Regional Championships.

09-06-2023
10:21:00 am





Charlie in Tenn No yesterday was Kool, Kooij when Kool won the women's race and Kooij won the men's race.

09-06-2023
10:26:33 am



Joanna in Virginia Who's on first?

09-06-2023
10:28:32 am



Tim in KY This is just about as boring as a flat sprint stage.

09-06-2023
10:28:43 am



Joanna in Virginia It's a fair cop, Tim.

09-06-2023
10:29:19 am



Charlie in Tenn Glad to see Balsamo win. She was injured during the summer. Glad that she is back to her old self.

09-06-2023
10:29:24 am



Charlie in Tenn Tim, you have to watch 3 races at once to offset this one. BTW, I thought it was funny that yesterday's TT was more exciting through the race than that long slog from earlier in the week.

09-06-2023
10:30:50 am



bikerabe 18 km to go 6 min. gap !

09-06-2023
10:32:19 am



Tim in KY Climb starts with 6.5 km to go.

09-06-2023
10:35:12 am



SFinAus Looks like some rousting in the peloton to pick up the pace.

09-06-2023
10:38:42 am



SFinAus Preliminary rousting, that is.

09-06-2023
10:39:12 am



Charlie in Tenn Just realized that Jefferson Cepeda that dropped out yesterday was on my team. He had 100 more points than G.

09-06-2023
10:45:29 am



Tim in KY On the climb.

09-06-2023
10:47:05 am



SFinAus Multiple attacks trying to break up the break.

09-06-2023
10:47:16 am



BusterSci Hiya

09-06-2023
10:49:14 am



Joanna in Virginia Hi Buster!

09-06-2023
10:49:40 am



Tim in KY O'Ganna shredding the break.

09-06-2023
10:50:17 am



Katie S hey, it's the penguin!

09-06-2023
10:50:19 am



BusterSci This is really an extended TT stage. Long flat with one concerted effort at the end. Makes it all about ability to maintain peak output for the climb.

09-06-2023
10:50:24 am



Charlie in Tenn The leader just looked back at O'Ganna and shook his head.

09-06-2023
10:51:04 am



BusterSci Predict Kuss will lose a bit of time. Rog will stay with Remco and Vingo will stay with Sepp.

09-06-2023
10:51:21 am



BusterSci I've laid myself out there, ready to fail in humiliating fashion.

09-06-2023
10:52:09 am



Charlie in Tenn Seems about right.

09-06-2023
10:52:12 am



KimC Good morning!!

09-06-2023
10:52:38 am



Joanna in Virginia Hi Kim!

09-06-2023
10:52:52 am



SFinAus Is Ganna working for himself or pulling for G? Prolly depends on whether G can hang. Good morning, Kim. Hiya Buster.

09-06-2023
10:52:59 am



Joanna in Virginia Buster, at least you know enough to make a prediction. Personally, I'm lost.

09-06-2023
10:53:09 am



BusterSci I think G is trying to get some time back and that matters more than the stage win

09-06-2023
10:54:09 am



Charlie in Tenn O'Ganna is working for G. G really likes a steady pace. This is what O'Ganna can do for a long, long time.

09-06-2023
10:54:21 am



Tim in KY Break down to nine very quickly.

09-06-2023
10:54:42 am



BusterSci Yeah, Charlie. Because ultimately G is more of a TTer than a climber, too.

09-06-2023
10:55:04 am



Joanna in Virginia Ganna Gurning.

09-06-2023
10:56:28 am



Tim in KY <https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1694012581-stage-11-laguna-negra.jpg>

09-06-2023
10:58:02 am



Joanna in Virginia Ganna Gonna.

09-06-2023
10:59:58 am



SFinAus Casedo (?) going for it big time.

09-06-2023
11:00:15 am



Joanna in Virginia Some "cat and mousing" taking place.

09-06-2023
11:00:26 am



SFinAus Caicedo

09-06-2023
11:00:41 am



Joanna in Virginia Small contingent of eejits.

09-06-2023
11:01:01 am



Trish in MA Arrgh. Â I have to go talk about insurance. Â Go - whoever....

09-06-2023
11:02:04 am



SFinAus Uphill sprints must be extra hell.

09-06-2023
11:02:13 am



Joanna in Virginia G chasing down Caicedo.

09-06-2023
11:02:13 am



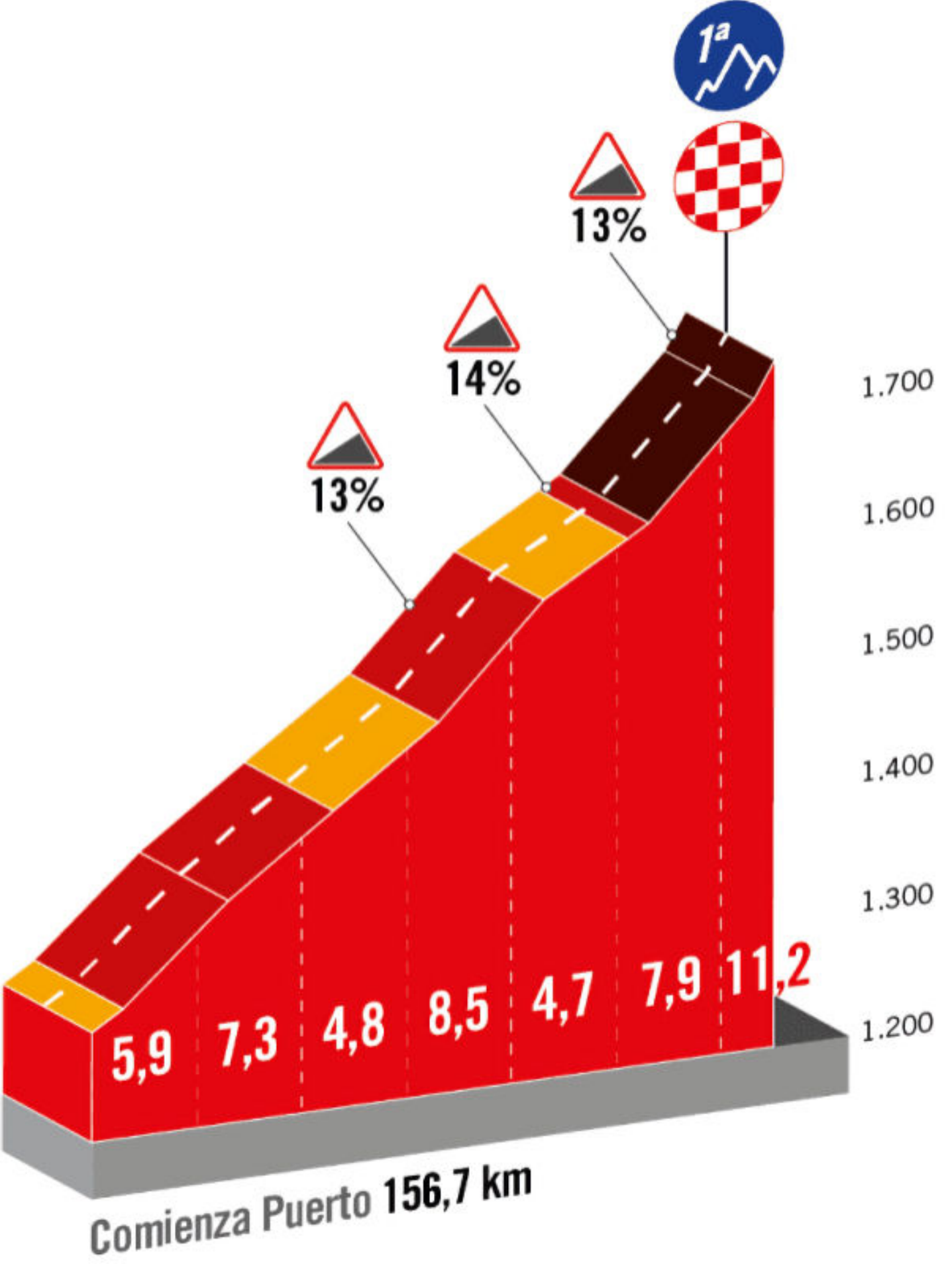
Joanna in Virginia Oh, Trish - sounds dreadful.

09-06-2023
11:02:22 am



Joanna in Virginia Herrada chases and catches.

09-06-2023
11:03:13 am





Joanna in Virginia 100m

09-06-2023
11:03:18 am



SFinAus Off to a dumb meeting too - but not insurance at least.Â Thanks all.

09-06-2023
11:03:25 am



Joanna in Virginia Herrada takes it!

09-06-2023
11:03:34 am



BusterSci Wheatabix on the attack

09-06-2023
11:03:41 am



KimC Poor Geraint

09-06-2023
11:03:44 am



Tim in KY 15 minutes faster than the fastest imaginable finish.

09-06-2023
11:03:58 am



Joanna in Virginia Zoom!

09-06-2023
11:04:06 am



BusterSci Nah. G getting many minutes back. No worries

09-06-2023
11:04:16 am



Charlie in Tenn Don't leave yet. The race is on. Trek-Lidl did some off raod stuff,

09-06-2023
11:04:53 am



SFinAus So fast yet so dull for much of it.Â Great day for G.

09-06-2023
11:04:58 am



BusterSci Remco really has the block on.

09-06-2023
11:05:53 am



KimC Good point. Heâ€™s not on my team, I just got caught up in hoping for him!

09-06-2023
11:06:07 am



Tim in KY Yawn.

09-06-2023
11:08:57 am



BusterSci Well. Start dull. Stay dull. Finish dull.

09-06-2023
11:09:01 am

11ª etapa : Lerma • La Laguna negra. Vinuesa
Clasificación general provisional

1	S. Kuss	 TJV	39:27:45	
2	M. Soler	 UAD	+26	
3	R. Evenepoel	 SOQ	+1:09	
4	P. Roglic	 TJV	+1:36	
5	L. Martinez	 GFC	+2:02	
6	J. Almeida	 UAD	+2:16	
7	J. Vingegaard	 TJV	+2:22	
8	J. Ayuso	 UAD	+2:25	
9	E. Mas	 MOV	+2:50	
10	A. Vlasov	BOH	+3:14	



Tim in KY And tomorrow has twice as much downhill as uphill.

09-06-2023
11:09:20 am



Charlie in Tenn OK, G got about 5:30 back.

09-06-2023
11:09:41 am



Charlie in Tenn O'Ganna finished 10th.

09-06-2023
11:10:09 am



Charlie in Tenn Tomorrow is most likely a sprint. Go O'Ganna.

09-06-2023
11:10:32 am



Katie S Whoops, I guess it's over. Was having a long talk with my boss. Good on Herrada. See you tomorrow.

09-06-2023
11:12:57 am



Charlie in Tenn <https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1694013520-GC%20stage%2011.PNG>

09-06-2023
11:13:43 am



Charlie in Tenn G moved up 3 places to 18th at 7:34. Two more days like that and he is on the podium.

09-06-2023
11:20:04 am



Charlie in Tenn: Velogames has 09-06 11:25
already been updated. I moved up to 8th.
Whoot!