



**Tim in KY** TdF Stage 7 is 165 kilometers from Mont-de-Marsan to Bordeaux. After stage 6 the riders enjoyed a two hour-plus bus ride out of the Pyrenees to the start town in the Landes region. From there is a straight ride north to Bordeaux. The finish city has been used 57 times by le Tour since 1947, but this is the first time since 2010 when Cavendish won a bunch sprint there.

07-06-2023  
01:39:35 pm



**Tim in KY** <https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1688665486-stage-7-route.jpg>

07-06-2023  
01:39:47 pm



**Tim in KY** A straight ride and a flat ride. There is an lone honorary Cat 4 that comes 34 kilometers from the finish. The finish is mostly straight but complicated by a couple of tight turns before the 3 km banner.

07-06-2023  
01:40:24 pm



**Tim in KY** <https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1688665532-stage-7-profile.jpg>

07-06-2023  
01:40:33 pm



**Tim in KY** <https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1688665543-stage-7-route-finale.jpg>

07-06-2023  
01:40:44 pm



**Tim in KY** Kilometer zero is scheduled for 13:30 CEST. Finish is imagined either side of 17:15. Forecast is for clouds with the possibility of rain at the finish. Temps in the mid-20s at the start, mid-30s toward the finish.

07-06-2023  
01:41:18 pm



**Tim in KY** No DNF Thursday, no report of any DNS today.

07-07-2023  
07:05:34 am



**Tim in KY** Rain has been moved back to after the rase.

07-07-2023  
07:06:07 am



**Tim in KY** Neutral start.

07-07-2023  
07:16:01 am



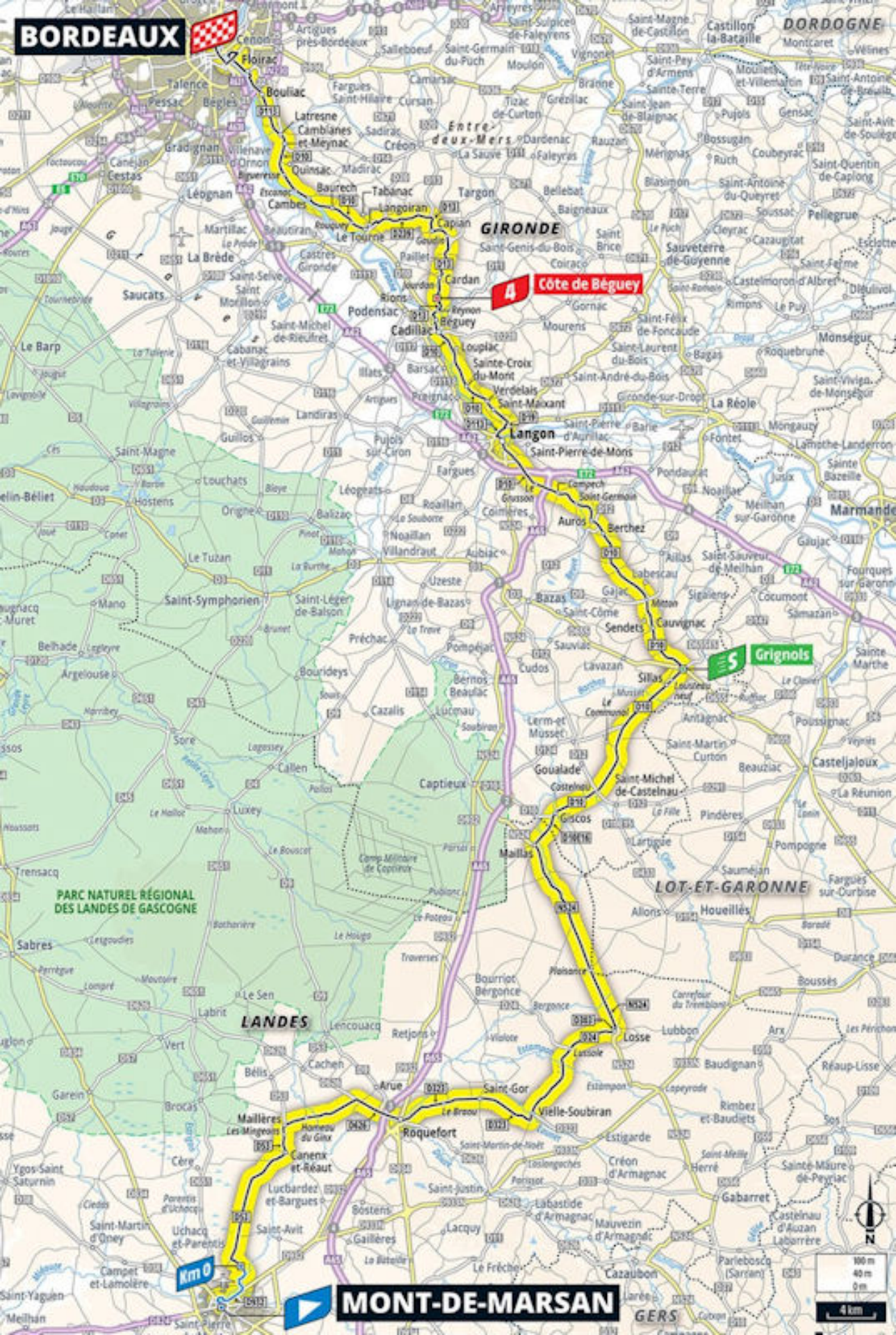
**Joanna in Virginia** Good morning. My avatar appears to be a permanent addition, even when I log out. I'm only here to say I'm not here. LOL! Off to the barn, have a great day!

07-07-2023  
07:16:06 am



**Tim in KY** It's 31° at the start.

07-07-2023  
07:19:34 am

**BORDEAUX****DORDOGNE****GIRONDE****4 Côte de Beguey****S Grignols****LOT-ET-GARONNE****LANDES****MONT-DE-MARSAN****GER****Km 0****PARC NATUREL RÉGIONAL DES LANDES DE GASCOGNE****Comp. Militaire de Capignac****100m  
40m  
0m****4 km**

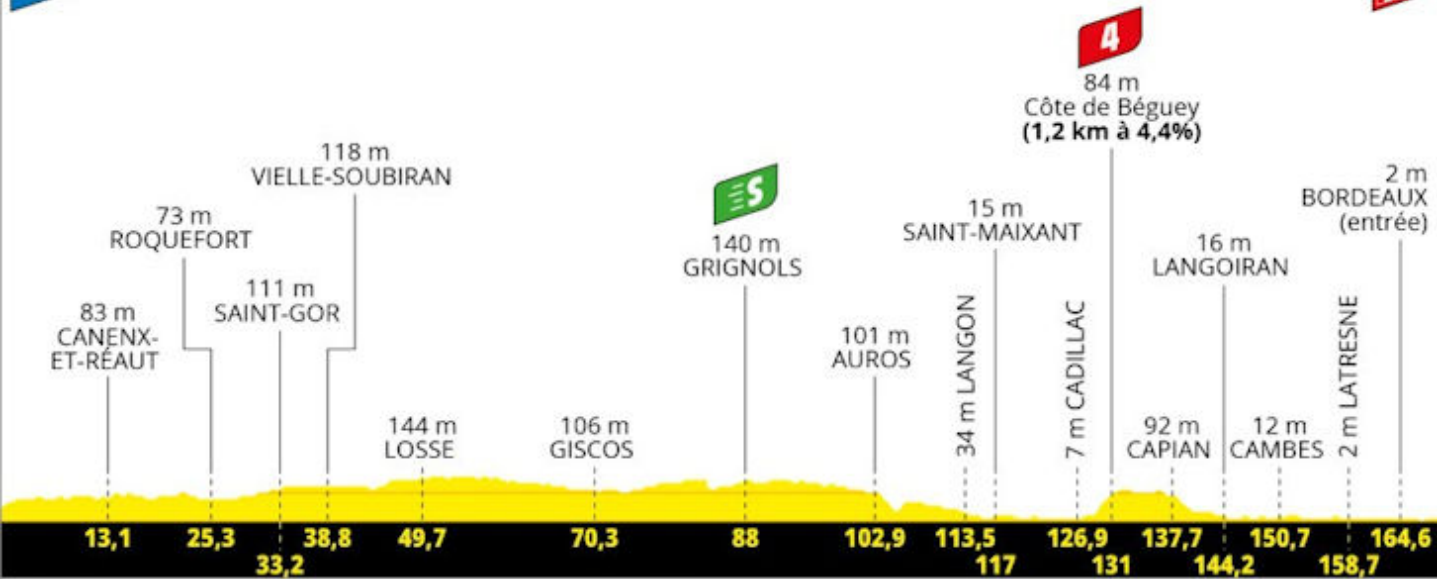
# MONT-DE-MARSAN

52 m



# BORDEAUX

6 m



LANDES

GIRONDE

0

169,9 km



**DÉRIVATION GÉNÉRALE 100 m**

**2 000 m**

**3 000 m**

**4 000 m**

**5 000 m**

**INSERTION DES VÉHICULES HORS COURSE**

**PROVENANCE DES VÉHICULES HORS COURSE**  
depuis Mont-de-Marsan, A65 entrée n°4, A62 (direction Bordeaux)  
A630 (direction Paris) sortie n°21 (Bordeaux-centre/gare Saint-Jean)  
A631, Boulevard des Frères Moga





**Tim in KY** There's actually a fight to get in the break. Unusual on a flat stage.

07-07-2023  
07:25:30 am



**Tim in KY** Now it settles down to four riders.

07-07-2023  
07:26:08 am



**Tim in KY** One of those four has sat up.

07-07-2023  
07:27:40 am



**Tim in KY** Down to a one man break.

07-07-2023  
07:29:53 am



**Tim in KY** Simon Guglielmi of Team ArkÃ©a Samsic soldiers on.

07-07-2023  
07:31:06 am



**Tim in KY** peloton is at the snails pace of 31kph.

07-07-2023  
07:34:52 am



**Tim in KY** Gap is out to 4:30.

07-07-2023  
07:43:57 am



**Tim in KY** 6:14 now.

07-07-2023  
07:52:17 am



**Tim in KY** Gone for an hour or so.

07-07-2023  
07:55:42 am



**Tim in KY** 91 km to go, paint continues to dry.

07-07-2023  
09:23:51 am



**Katie S** Did anyone note what Pogacar said to Cycling News about his stage yesterday? I think he's a Python!

07-07-2023  
09:27:08 am



**Katie S** Said he, "â€œI was not dead yesterday" (which is of course the same as saying "yet")

07-07-2023  
09:27:27 am



**bikerabe** Girmay beats Jasper for 2nd inter sprint points

07-07-2023  
09:39:53 am



**Tim in KY** It's about time Girmay did something.

07-07-2023  
09:40:29 am



**Tim in KY** Gap is down to 1:00. Way too soon.

07-07-2023  
09:42:05 am



**Tim in KY** An ACT and a TEN ride off the front.

07-07-2023  
09:42:55 am



**Tim in KY** Not making much progress but at least it animates the race a bit.

07-07-2023  
09:44:39 am



**Charlie in Tenn** Good morning. We fly east later today. Laundry and packing this morning.

07-07-2023  
09:45:16 am



**Katie S** Good morning, Charlie. Heading home?

07-07-2023  
09:45:32 am



**Charlie in Tenn** With a 2 day stop at Mom's on the wY.

07-07-2023  
09:46:17 am



**Charlie in Tenn** Fly to Nashville, drive to Hopkinsville KY, hang out for 2 days, then drive to Oak Ridge Sunday.

07-07-2023  
09:48:06 am



**PasadenaK8** Mornin'™. (Took advantage of this being a flat stage day and slept in a bit \*;-)

07-07-2023  
09:48:58 am



**Tim in KY** Have fun in Hoptown, Charlie.

07-07-2023  
09:49:14 am



**Katie S** Safe travels, Charlie. Say hi to Mom.

07-07-2023  
09:49:14 am



**Tim in KY** 6:30 is "sleeping in" K\*?

07-07-2023  
09:50:29 am



**Charlie in Tenn** I really appreciate how tough it is to follow the races from the west coast. It has been awful and I was in the Mountain time zone.

07-07-2023  
09:50:30 am



**Tim in KY** 2 KU to go.

07-07-2023  
09:55:50 am



**Katie S** It's even worse for Alaska Dave. But what I do like about being in the Pacific time zone is that the race is over before the day is very much started.

07-07-2023  
09:58:50 am



**PasadenaK8** Yep, I've been setting the alarm for 5am for the mountain stages. (I'm kind of used to crazy-o'clock hours because of work). "Slept in" this morning until 6a, got some coffee, watered the "thirsties" (plants) outside, and tossed some sunflower seeds into a dish for the Dark-Eyed Juncos, who, by the way, are in the process of setting up nest #4. Happy to be off the race feed on my phone, and back here in the Pub and on a bigger screen \*;-)

07-07-2023  
10:00:03 am



**PasadenaK8** Katie S ~ I've been very impressed with your early morning arrivals, being in the same time zone as me.

07-07-2023  
10:01:27 am



**Charlie in Tenn** Alaska Dave is another world and time zone.

07-07-2023  
10:07:53 am



**PasadenaK8** Alaska Dave gets a well-deserved points jersey just for that.

07-07-2023  
10:09:42 am



**Tim in KY** The break is riding at the imagined time.

07-07-2023  
10:12:33 am



**Tim in KY** Brisk tailwind for now.

07-07-2023  
10:14:42 am



**Charlie in Tenn** MVDP is with Cav and his teammates behind the pack.

07-07-2023  
10:15:34 am



**Tim in KY** They're not going to make much progress with this tailwind.

07-07-2023  
10:16:34 am



**Tim in KY** I was wrong, they're back. With a lot of team car drafting.

07-07-2023  
10:17:45 am



**mmcally** I bought a ticket to see the new Greg LeMond documentary called The Last Rider. It was hard to find as only one theatre was showing it in Phoenix and has it for only a handful of days. I have heard good things about it and looking forward to seeing it.

07-07-2023  
10:20:00 am



**Tim in KY** Break is on the Cat 4.

07-07-2023  
10:26:18 am



**Charlie in Tenn** The original break rider has been left behind by the 2 fresher guys.

07-07-2023  
10:29:28 am



**Tim in KY** Only one KOM point today, only four tomorrow. So Powless' dots are safe until Sunday.

07-07-2023  
10:31:04 am



**PasadenaK8** 1 KU to go...

07-07-2023  
10:34:59 am



**Charlie in Tenn** Just looked at the fantasy leagues. I am maintaining my middle of the pack average for this year the hard way.

07-07-2023  
10:41:12 am



**Mikey** Finished reading the thread and had a nice walk with Norman and a trip to the dog park. Paint really dry for another 30 minutes

07-07-2023  
10:47:22 am



**Tim in KY** 20 km banner.

07-07-2023  
10:50:13 am



**Katie S** Not to be a party pooper, but I don't think the duo will pull this off.

07-07-2023  
10:54:01 am



**Tim in KY** Remember, there are a couple of tricky turn just before the 3 km banner.

07-07-2023  
10:54:37 am



**Tim in KY** <https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1688741991-stage-7-route-finale.jpg>

07-07-2023  
10:54:52 am



**Tim in KY** Going out on that limb, are you Katie?

07-07-2023  
10:55:57 am



**PasadenaK8** <https://www.youtube.com/watch?v=wCfWHqrYUqo>

07-07-2023  
10:59:55 am



**PasadenaK8** 10k to go. Peloton sloooowly closing in&#128

07-07-2023  
10:59:57 am



**Charlie in Tenn** Moscon there for Cav...

07-07-2023  
11:01:57 am



**PasadenaK8** Sentimental fingers crossed for Cav.

07-07-2023  
11:02:49 am



**bikerabe** 8 km 15 secs

07-07-2023  
11:03:12 am





# BORDEAUX

**DÉRIVATION GÉNÉRALE 100 m**

**2 000 m**

**3 000 m**

**4 000 m**

**5 000 m**

**PROVENANCE DES VÉHICULES HORS COURSE**  
depuis Mont-de-Marsan, A65 entrée n°4, A62 (direction Bordeaux)  
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**INSERTION DES VÉHICULES HORS COURSE**

**VIRAGE SERRÉ**

**PASSAGE À GAUCHE**



**Charlie in Tenn** That was tight.

07-07-2023  
11:04:02 am



**Tim in KY** They are past the 3 km banner.

07-07-2023  
11:08:03 am



**Tim in KY** Cav almost...

07-07-2023  
11:11:04 am



**bikerabe** Cav sooo close!

07-07-2023  
11:11:13 am



**Tim in KY** He went too soon.

07-07-2023  
11:12:18 am



**Mikey** I have Groan wagen of course

07-07-2023  
11:12:30 am



**Katie S** dang

07-07-2023  
11:13:06 am



**Katie Lane** Philipsen all over the road in that one and squeezed Girmay, and Zygey should be reviewing that

07-07-2023  
11:15:18 am



**Katie Lane** They

07-07-2023  
11:15:29 am



**Tim in KY** Another flat stage tomorrow.

07-07-2023  
11:16:47 am



**Mikey** A couple of bumps Tim looking forward to seeing your detailed map

07-07-2023  
11:18:09 am



**PasadenaK8** Tomorrow, according to Le Monde Sieste/Non-Sieste: (Yurp timezone times) Sprint, just before 2:30p Cat 3 bump, 3:30-ish Two Cat 4 bumps, starting at around 4:40p

07-07-2023  
11:27:05 am