Tim in KY VaE Stage 9 is 171.4 kilometers from Villaviciosa to a summit finish on Les Praeres de Nava in northeast Asturias. An interesting feature of the route is that it loops back on itself twice. The intermediate sprint with 33 km to go occurs in the start town.

Tim in KY https://rumbletalk-images-

08-27-2022 01:47:47 pm

upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1661622766-VaE%20Stage%209%20Map.jpg

Tim in KY The profile is lumpy for the first 50 kilometers followed by five categorized climbs including the short but steep Cat 1 finish. The Les Praeres de Nava is only 4 km long but has an average gradient of 13%.

08-27-2022 01:49:01 pm

Tim in KY https://rumbletalk-images-

08-27-2022 01:49:12 pm

upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1661622851-VaE%20Stage%209%20Profile.jpg

Tim in KY https://rumbletalk-images-

08-27-2022 01:49:26 pm

upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1661622865-VaE%20Stage%209%20Finish%20Climb.jpg

Tim in KY Kilometer zero is scheduled at 12:53 CEST. Live stream from before the start. Finish is imagined either side of 17:30. Forecast is sunny in the upper-20s.

08-27-2022 01:50:02 pm

Tim in KY In Neutral.

08-28-2022 06:52:11 am

Tim in KY These riders will not appear at the start POELS Wout (Bahrain -08-28-2022 Victorious) Â SERRY Pieter (Quick-Step Alpha Vinyl Team) Â KUSS Sepp (Jumbo-Visma)

Tim in KY Poels and Serry have Covid. No word yet on Sepp except "fever". 08-28-2022



BikerAbe sad about Sepp

08-28-2022 06:56:10 am

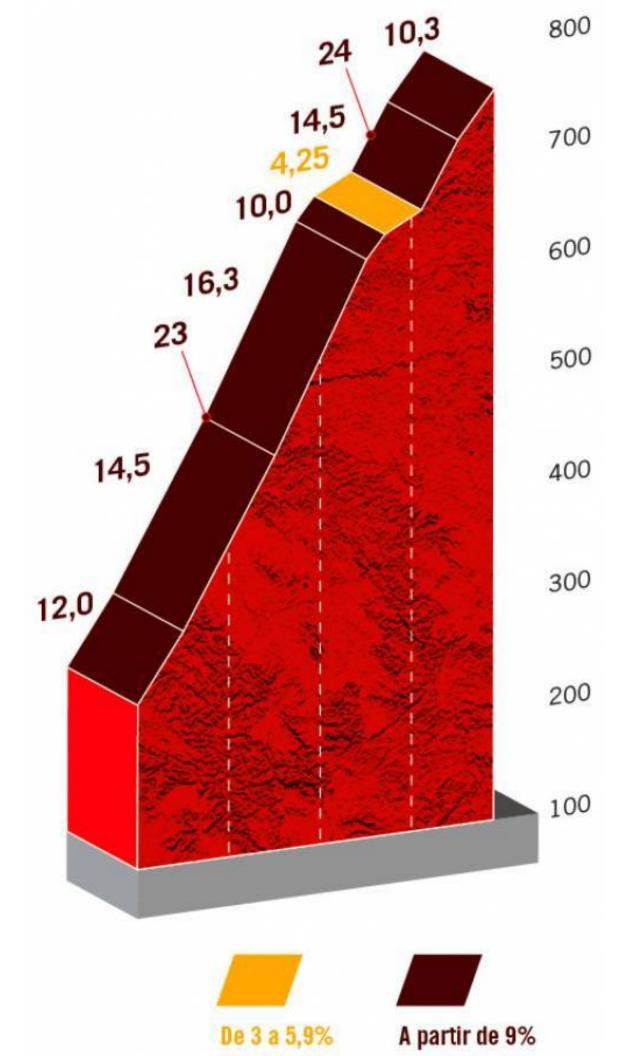


Tim in KY Break fight is on.

08-28-2022 06:56:23 am



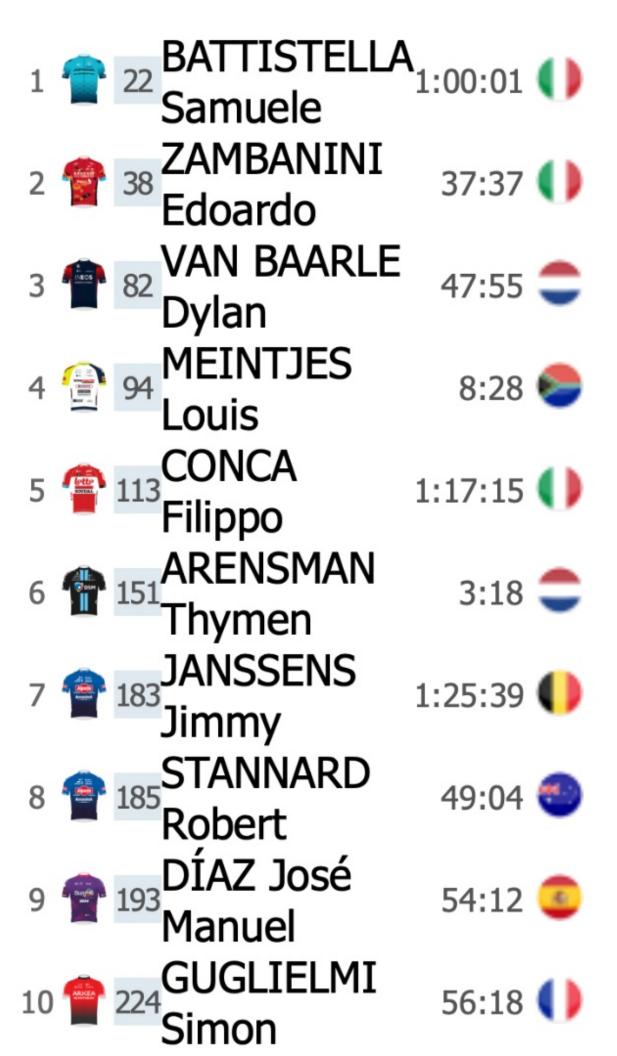




BikerAbe Big fight	08-28-2022 06:56:59 am
Tim in KY Kuss was ailing during yesterday's stage.	08-28-2022 06:57:53 am
BusterSci This is a bit interesting	08-28-2022 07:04:50 am
Tim in KY The original four breakers are hanging on, but only 0:24.	08-28-2022 07:05:57 am
BusterSci And it's all de Gendt in that group	08-28-2022 07:06:23 am
BusterSci Now they're working through the pace line in font	08-28-2022 07:08:41 am
BikerAbe 3 have 30 " gap	08-28-2022 07:17:05 am
John Down to 20 now. Don't think it will stick	08-28-2022 07:19:24 am
BusterSci It's been back and forth, but more likely to shut down with multiple teams contributing than with just one.	e 08-28-2022 07:20:04 am
BusterSci That's wrong, I think. Â I think once a few other teams get a guy across, or at least off the front, the peloton will back off.	08-28-2022 07:20:50 am
BusterSci It isn't about not liking who is in the break, it's about not having one of their own in the break.	08-28-2022 07:21:24 am
John Hannah saying EF really wants someone in there	08-28-2022 07:22:05 am
BusterSci Rigo wants to be in it.	08-28-2022 07:23:08 am
John Seven out front now	08-28-2022 07:25:42 am

BusterSci Crash Teunissen. Â I'm not going to bother getting the spelling right today.	08-28-2022 07:27:14 am
BikerAbe De Gendt alone	08-28-2022 07:28:44 am
BikerAbe cat 2 begins	08-28-2022 07:29:54 am
Tim in KY Still 19 km to the start of the first Cat 2 climb. That may settle things down.	08-28-2022 07:30:36 am
John All back together	08-28-2022 07:31:24 am
Tim in KY There's one FDJ off the front. Why?	08-28-2022 07:35:33 am
John Sponsor mentions?	08-28-2022 07:36:30 am
Tim in KY First Cat 2 starts with 123 km to go.	08-28-2022 07:36:54 am
BikerAbe my bad wrong about cat 2	08-28-2022 07:43:19 am
BikerAbe 6 in front	08-28-2022 07:45:59 am
BikerAbe no	08-28-2022 07:46:40 am
John QS looks like they'll let this one go	08-28-2022 07:46:43 am
BikerAbe peloton in barrage	08-28-2022 07:47:57 am
BusterSci John, every time you post an update, I know 20 to 40 seconds later I'll see whatever happened that prompted your thought. Â It's a nice feature of your future existence, until the last 500 meters!	08-28-2022 07:48:46 am

BusterSci And you're good about it in the last 500, so it works out great.	08-28-2022 07:49:28 am
Tim in KY 10 riders in the break.	08-28-2022 07:49:39 am
BikerAbe 9 in break	08-28-2022 07:49:39 am
John This is a spoiler-free finish line, as they say :)	08-28-2022 07:50:06 am
BusterSci https://rumbletalk-images- upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/16616877 1661687410566.png	08-28-2022 07:50:12 am 10-
John Arensman is not far off the red jersey	08-28-2022 07:51:25 am
Tim in KY If I were the rest of the guys, I'd be asking him to sit up.	08-28-2022 07:52:16 am
BusterSci And there you have it	08-28-2022 07:52:37 am
John No kidding. They're not going too get much of a leash with him in there	08-28-2022 07:52:52 am
Charlie in Tenn and I missed all of it.	08-28-2022 07:53:02 am
BikerAbe gap now 2.5'	08-28-2022 07:54:20 am
John McCrossan saying Arensman sat up. Good call Tim	08-28-2022 07:55:43 am
Tim in KY Cat 2 starts.	08-28-2022 07:56:03 am
BusterSci I wasn't clear. Â That's what I was saying right after Tim's post. Â He almost immediately sat up.	08-28-2022 07:57:50 am



Tim in KY 5 riders trying to bridge. Including Vine.	08-28-2022 07:59:08 am
Charlie in Tenn Is Jay Vine trying to get across?	08-28-2022 07:59:09 am
BikerAbe yes!	08-28-2022 08:01:01 am
John Tried and failed	08-28-2022 08:01:55 am
John QS pushing the pace	08-28-2022 08:02:14 am
Charlie in Tenn BTW for you non anglophiles, Soler was with Vine again.	08-28-2022 08:03:14 am
John It's like they don't know Arensman sat up	08-28-2022 08:03:18 am
BusterSci He sat up, but he's only 50s behind the break	08-28-2022 08:04:03 am
Tim in KY Big split in the peloton.	08-28-2022 08:07:07 am
Tim in KY Coming back together.	08-28-2022 08:09:23 am
BikerAbe gap at 3'	08-28-2022 08:12:36 am
Tim in KY Break crests Cat 2.	08-28-2022 08:13:45 am
BikerAbe Vine teammates get 1-2 mtn points	08-28-2022 08:16:42 am
Tim in KY 28 km to the start of the next climb. A Cat 1.	08-28-2022 08:17:45 am
Tim in KY I'm going to take a walk.	08-28-2022 08:20:47 am

BikerAbe gap at 4'	08-28-2022 08:22:39 am
Katie S Good morning. l'm disappointed by Sepp's DNS. Not just because he's on my team.	08-28-2022 08:30:38 am
John Hi Katie	08-28-2022 08:30:48 am
Katie S Hi John	08-28-2022 08:31:28 am
Trish in MA Good morning. I'm with Katie on Sepp	08-28-2022 08:32:03 am
Katie S Beautiful mountains here.	08-28-2022 08:32:27 am
John Hey Trish. l'm with you two too. He's a good guy with some bad luck	08-28-2022 08:32:34 am
BikerAbe Primoz will really miss Sepp on last climb at finish	08-28-2022 08:34:10 am
Charlie in Tenn My cleaning the stamp room was a fail because I started mowing the lawn. That was a fail, as well, because it was mid-day and 90 degrees here. The humidity was brutal. I stopped after about 10 min. Then I semi-garage. Very light work for a very short time and I was drenched in sweat. Showere a friend came over and we played board games. My wife won both games. The part working on my stamp room now.	ed and then
John And the lawn and the garage are both half done;)	08-28-2022 08:35:44 am
Katie S Ugh, that kind of heat is suffocating.	08-28-2022 08:36:05 am
John Nothing worse than heat and high humidity. We were thrilled during o ride yesterday that it was 90 at the start and only 40% humidity. Felt cool-ish	

Katie S What time of day was that, John?

08-28-2022 08:38:12 am

John We started at 430am	08-28-2022 08:38:28 am
John Have to start early in order to get the run after the ride done before it's too miserable	08-28-2022 08:39:15 am
BikerAbe 3 KU	08-28-2022 08:39:26 am
Katie S And what was the highest temp of the day?	08-28-2022 08:39:32 am
John 102? 104?	08-28-2022 08:39:57 am
John It's slowly coming down	08-28-2022 08:40:56 am
Trish in MA Ugh. That's the worst of Arizona and Florida combined	08-28-2022 08:41:45 am
Katie S Toasty.	08-28-2022 08:41:46 am
John Toasty, but low humidity the past week. It had been in the 70% range recently and that was awful	08-28-2022 08:42:27 am
John Remind me never to sign up for a fall race requiring summer training again	08-28-2022 08:42:47 am
Katie S We're at 91% humidity right now. Of course, it's only 56 degrees and foggy. I'm a complete wimp about heat, and admire all of you who make your like with hot summers and cold winters.	08-28-2022 08:45:30 am u
Katie S Your life	08-28-2022 08:45:48 am
John l'd rather be back in Maine with cool summers	08-28-2022 08:46:28 am

Trish in MA l'm visiting CarleneinNH and we're going for a bike ride 08-28-2022 later. Of course that supposes we can get moving after an evening that kept us 08:47:57 am

up wa	ау
	J
disap So	F p m
2	E
2	F
2	F S

John †bit†lol

08-28-2022 08:48:22 am

RCG We escaped Alabama for the week to SW VA. A Currently 73. 08-28-2022 08:48:25 am Humidity 93 but will drop quickly as the day goes on. Â The morning fog is ating. A Before we left, I mowed the lawn at 4 in the afternoon and it was miserable. nuch nicer here.

BikerAbe gap at 5'

08-28-2022 08:48:59 am

RCG Charlie, did you see us wave as we drove by? :-)

08-28-2022 08:49:14 am

RCG Did see this on the drive. A Take a close look at the occupant of the side car.

08-28-2022 08:50:03 am

RCG https://rumbletalk-images-

08-28-2022 08:50:16 am

upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1661691309-1661691009096.jpeg

Has his or her own soft helmet with integrated eye protection.

08-28-2022 08:50:45 am

And a camera mount.

08-28-2022 08:51:20 am

Katie S I love it! What a team.

08-28-2022 08:52:49 am



RCG Break of 9 has a 5 minute advantage over the peloton, Â and the road 08-28-2022 is about to tilt sharply upwards.

08:53:23 am

John I love that!

08-28-2022 08:56:06 am

08-28-2022 **Charlie in Tenn** I must have missed you. I don't get out to the interstate 08:56:11 am much. Next time put a tour of Oak Ridge on your itinerary. A Actually, it is probably just as well to do some internet research and skip the tour. The cool (hot) stuff has been torn down or is not available to tour. There are a few historic sites and museums.



RCG Mirador del Fito. Viewpoint of the (Fito). Â Whatever Fito means.	08-28-2022 08:57:19 am
RCG https://rumbletalk-images- upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/166169176655A3DA2-A961-4345-8F46-6869A13A234B.jpeg	08-28-2022 08:57:27 am 45-
Charlie in Tenn BTW, the yard is no where near 1/2 done. I have it on the to do list for 5 pm today.	08-28-2022 08:57:51 am
RCG We did not get delayed through Chattanooga (a rarity). In fact, we made the trip in record time â€" 6 1/2 hours.	08-28-2022 08:58:42 am
Katie S Like a trash zone, the Fito is where it's legal to throw a fit.	08-28-2022 08:59:04 am
RCG I only did the flatter parts of our yard (about 2/3 of it) and hubby did the hilly part the next day while zinweeded the garden. l'm stil no good on tilty ground. Hiking has helped a lot.	08-28-2022 09:00:26 am
BusterSci For all the excitement of the first hour or so, it's been pretty blah since.	08-28-2022 09:04:06 am
Katie S But beautiful. l'm surprised how green it is.	08-28-2022 09:04:38 am
Trish in MA The immediate forecast for the stage is OGOB. BUt I expect that will change on the pointy bits	08-28-2022 09:05:59 am
BusterSci I saw somebody say earlier "the worst of Arizona and Florida combined." Â I thought that was called "Houston"	08-28-2022 09:06:49 am
John Having lived there Buster, you're spot on	08-28-2022 09:07:24 am
Alaska Dave Good morning. We have 90% humidity but 54 degree temperatures.	08-28-2022 09:07:45 am

08-28-2022 09:08:26 am

Katie S Howdy, neighbor!



BusterSci And I mean that only by weather. I've been to Florida and I've been to Arizona, so I can talk about what's bad about each of them. Â Houston I just have to take on statistics	08-28-2022 09:08:39 am
Alaska Dave Good morning Kate.	08-28-2022 09:09:23 am
BusterSci But I live in a place that can do 105 and 80% as well as -30 with 40mph winds, so I guess I can't really talk about other's bad weather, except for three weeks in the fall.	08-28-2022 09:09:47 am
John I have a house in Florida and have lived in Houston. They're both bad in their own way, though Houston is worse because it gets hotter with the same high humidity.	00:11:25 am
Charlie in Tenn I agree on the beautiful green that we have seen in Spain.	08-28-2022 09:11:59 am
Charlie in Tenn Vine's DS just said they are progressing slowly with him, his technical skill was behind when he started and if they can keep him calm good things happen or something close to that.	
BikerAbe non news Froome otb	08-28-2022 09:23:18 am
Katie S Should I be embarrassed for him or impressed by his tenacity?	08-28-2022 09:24:09 am
Tim in KY Back from walk.	08-28-2022 09:25:12 am
John You didn't miss much	08-28-2022 09:25:28 am
Tim in KY I read the thread.	08-28-2022 09:26:54 am
Tim in KY Next Cat 3 starts at 60.4 km.	08-28-2022 09:27:11 am
Charlie in Tenn The controversy about motos helping the peloton or the	08-28-2022

Charlie in Tenn The controversy about motos helping the peloton or the break is being discussed on GNC. They give good points both ways. Then they change their point to complaining about the lack of pictures of the KOM points. Seems the video directors maybe don't want to show the KOM because the moto is so close at that

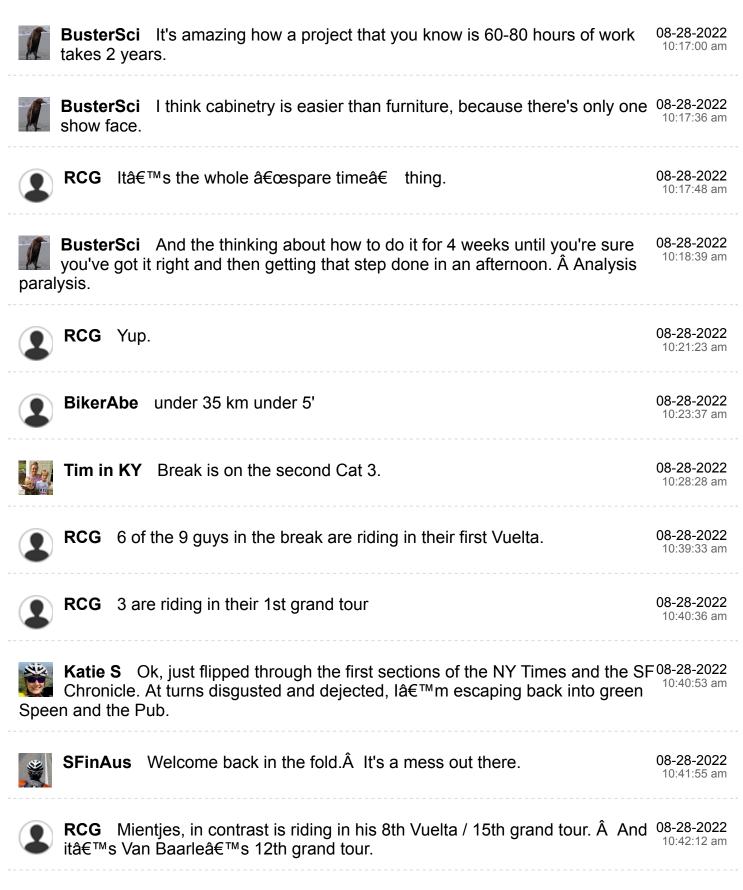
point. Seems silly to the commentators. Anyway, as the riders approached the last KOM, there was obviously a moto in front of them showing the riders. As the moto crosses the KOM point, the video director cuts to the moto behind the break and we do not see the actual riders cross the line. Seconds later, we are back to the moto in front. Seems like the director doesn't understand the controversy.

Tim in KY Another DSM abandoned in my absence, Henri Vandenabeele.	08-28-2022 09:31:30 am
John Say that again, Charlie	08-28-2022 09:32:16 am
John They didn't show the KOM because the moto was too close?	08-28-2022 09:32:31 am
John How does that make sense?	08-28-2022 09:32:56 am
Tim in KY Time for commercials to start on peacock.	08-28-2022 09:33:47 am
Katie S Yeah, that was a bizarre transition. I didn't notice that yesterday.	08-28-2022 09:34:32 am
Charlie in Tenn I don't know why they cut away, but the announcers had been talking about the lack of pictures of the actual riders crossing the line. Then it happened again. It is probably a coincidence but it was weird.	08-28-2022 09:34:49 am
Charlie in Tenn The original controversy was from an earlier stage where Hayter(?) thought thought the peloton was getting help to close down the break from the moto. It was right in front of the peloton for a long time.	08-28-2022 09:38:20 am
BikerAbe under 60 km gap at 5'	08-28-2022 09:43:27 am
Tim in KY Break on the climb.	08-28-2022 09:43:40 am
Tim in KY I wonder how they're getting to the rest town. It's an 8+ hours drive.	08-28-2022 09:51:09 am
John That's a long uncomfortable bus ride after a stage like this	08-28-2022 09:51:56 am

Katie S I can here it now, coming from the team buses: "are we there yet?â€	08-28-2022 09:52:06 am
RCG Hopefully they fly the riders. Â They have a lot to do post- stage.	08-28-2022 09:52:28 am
Tim in KY It's a 1:30 flight.	08-28-2022 09:55:36 am
RCG Today's cabin project: replacing this. And the swing-arm lamp in the background.	08-28-2022 09:55:50 am
RCG https://rumbletalk-images- upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/16616952 1661694955349.jpeg	08-28-2022 09:56:00 am 255-
RCG It's sort of cute is a cheesy way. But it does not emit nearly enough light for our aging eyes.	08-28-2022 09:56:39 am
Katie S Wet cabin-y. Love the bird houses.	08-28-2022 09:57:29 am
RCG Plastic antler horns and fake candles.	08-28-2022 09:57:40 am
Katie S Very (sheesh) cabin-y	08-28-2022 09:57:48 am
Tim in KY Break crests.	08-28-2022 09:58:38 am
RCG I think we'll be able to go from three 40 watt bulbs to three 100 wa bulbs.	tt08-28-2022 09:58:44 am
BusterSci Cripes. Â Having looked to a buy a cabin for the last 18 months, I've seen way too much of that. Â Entire chandeliers of deer antlers. Â Chainsaw bear lamps.	08-28-2022 09:58:50 am
BusterSci Go LED and you can put three searchlights in it.	08-28-2022 09:59:23 am

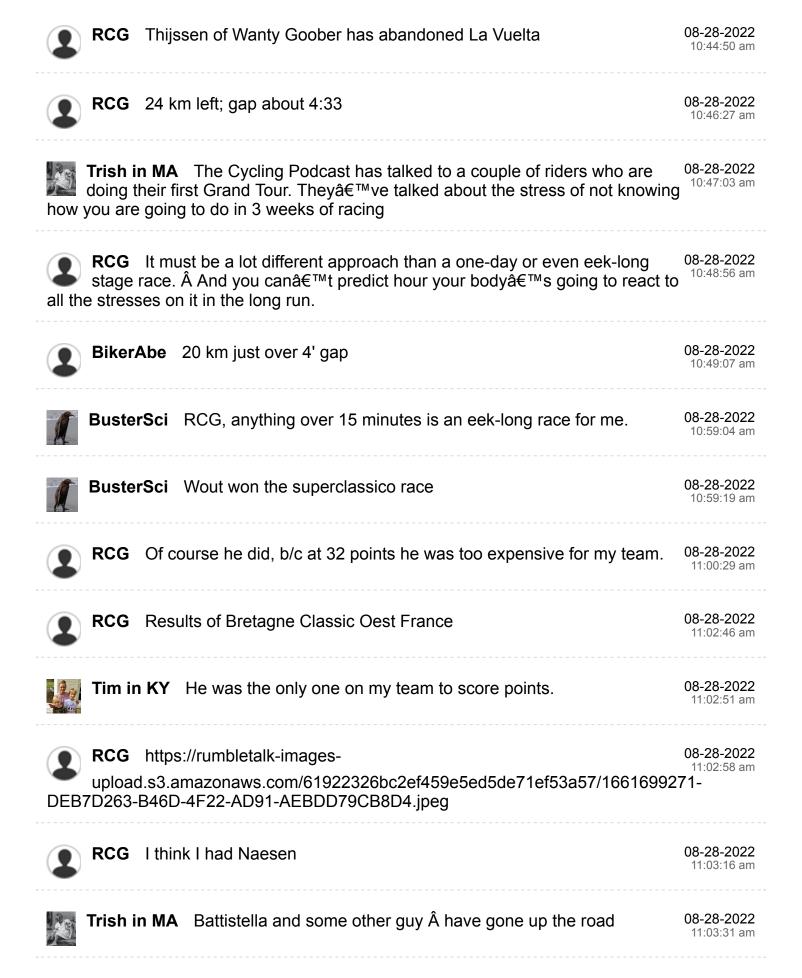


RCG This has those candelabra sort of bulbs. We put in LED bulbs, but it's still too dim. The new one will take "regular†bulbs and the bulb shades are downward-facing, which will help.	08-28-2022 10:01:23 am
RCG We've been slowly updating /upgrading things over the past 15 years. The carpeted kitchen with avocado-colored cabinets that didn't even close very well was high on the list.	08-28-2022 10:02:55 am
RCG We found a local cabinetmaker who was cheaper than Lowes with much better quality. Â He upped our usable cabinet space significantly, too.	08-28-2022 10:04:28 am
RCG Way better than flimsy metal avocado stuff with malfunctioning latches. :-)	08-28-2022 10:05:21 am
BikerAbe under 50 km close to 5' gap	08-28-2022 10:05:33 am
RCG One of the criticisms of the Zwift Academy riders is that their bike handling skills are sub-par, compared to guys who have raced on the roads. since they were kids. Especially in groups and going downhill.	08-28-2022 10:07:45 am
Alaska Dave As if on cue a series of crashes on the descent.	08-28-2022 10:10:35 am
Katie S Virtual asphalt doesn't have the same effect as the real thing.	08-28-2022 10:10:45 am
BusterSci I think if I were to be interested in buying mass market cabinetry I'd go with Ikea. Â I've seen two kitchens redone with Ikea cabinets and they are really nice for mass produced, with lots of features and reasonable price points. you can get custom for a price you like, especially in a remodel, that's the way to go	
BusterSci (Says guy who builds his own.)	08-28-2022 10:13:07 am
BusterSci The green in Speen is in the northern mounteens.	08-28-2022 10:16:00 am
RCG Hubby does woodworking and has made some nice cedar chests, tables and picture frames. Â And a dresser that took about 2 years.	08-28-2022 10:16:13 am
RCG But cabinetry isn't in his current skill-set.	08-28-2022 10:16:59 am

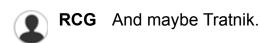


John Must be pretty daunting when you start your first one

08-28-2022 10:44:26 am



Rnk	Rid	ler	UCI	Pnt	Time
1	•	VAN AERT Wout Jumbo-Visma	400	225	6:04:22
2	•	LAURANCE Axel B&B Hotels - KTM	320	150	"
3	=	KAMP Alexander Trek - Segafredo	260	110	"
4	•	DE LIE Arnaud Lotto Soudal	220	90	,,
5	П	FIORELLI Filippo Bardiani-CSF-Faizanè	180	80	"
6	1	GIRMAY Biniam Intermarché - Wanty - Gobert Matériaux	140	70	"
7	•	NAESEN Oliver AG2R Citroën Team	120	60	,,
8	•	THOMAS Benjamin Cofidis	100	50	"
9	=	SKUJIŅŠ Toms Trek - Segafredo	80	46	"
10	•	PICCOLO Andrea EF Education-EasyPost	68	42	,,
11	•	BURGAUDEAU Mathieu TotalEnergies	56	38	,,
12	8	ARANBURU Alex Movistar Team	48	34	,,
13	•	BARGUIL Warren Team Arkéa Samsic	40	30	,,
14	-	TRATNIK Jan Bahrain - Victorious	32	26	"
15	•	MADOUAS Valentin Groupama - FDJ	28	22	
10		HONORÉ Mikkel Frølich	24	20	×



RCG Battistella not content with his 2nd place the other day. Wants to win one. But if the break stays away … Mientjes would be my pick	08-28-2022 11:04:54 am
Trish in MA Jannesson is the guy with battistella	08-28-2022 11:05:53 am
Tim in KY Climb starts at 3.9 km to go.	08-28-2022 11:06:21 am
BikerAbe 6 km 3:40 gap	08-28-2022 11:07:37 am
Trish in MA Battistella yelling at Jameson. Â CVV yelling at Battistella for yelling at Jannesson	08-28-2022 11:07:53 am
Trish in MA Janssen	08-28-2022 11:08:05 am
John Talk about a narrow road	08-28-2022 11:09:06 am
Katie S And twisty	08-28-2022 11:10:00 am
Tim in KY Here we go.	08-28-2022 11:10:23 am
SFinAus Such a tight approach	08-28-2022 11:10:49 am
Trish in MA Crash. TeoGH and Chris Harper	08-28-2022 11:11:12 am
John l'm not sure I could get up a 23% hill	08-28-2022 11:11:13 am
BikerAbe Harper for JV down Teo also	08-28-2022 11:11:44 am

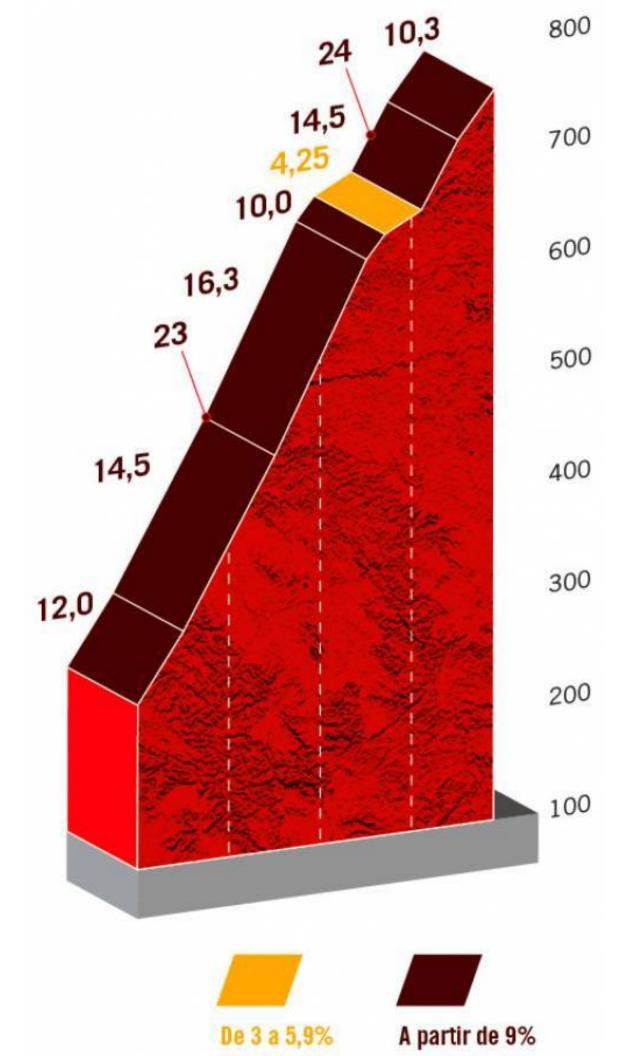
Trish in MA Ugh that hill is nasty	08-28-2022 11:12:07 am
Tim in KY Steep.	08-28-2022 11:12:09 am
Katie S Hard for motors to stay balanced	08-28-2022 11:12:37 am
Katie S Motos	08-28-2022 11:12:43 am
John Bunch on the climb	08-28-2022 11:12:54 am
SFinAus I wonder what some the gear choices are today.	08-28-2022 11:12:56 am
John Hannah talked about the gearing earlier. Most sounded like they were on 36 front and 11/34 rear	08-28-2022 11:13:24 am
SFinAus Ah, thanks.	08-28-2022 11:13:53 am
SFinAus Ah, thanks. Tim in KY Slooow	
	11:13:53 am 08-28-2022
Tim in KY Slooow	08-28-2022 11:14:31 am 08-28-2022 11:15:35 am
Tim in KY Slooow Mikey Good Morning sorry I missed cabinet talk Trish in MA CarleneinNH NH and I are fantasizing about going to watch The	08-28-2022 11:14:31 am 08-28-2022 11:15:35 am
Tim in KY Slooow Mikey Good Morning sorry I missed cabinet talk Trish in MA CarleneinNH NH and I are fantasizing about going to watch The Vuelta SFinAus Steepest stretches we've done on the tandem were in the driftless area of SW Wisconsin. Over 15%, but prolly not over 20. It was self	08-28-2022 11:14:31 am 08-28-2022 11:15:35 am 08-28-2022 11:15:51 am

Mikey It's OGOB Trish 08-28-2022 11:17:25 am

SFinAus oh oh - Remco go go	08-28-2022 11:17:53 am
Mikey Nascar rained out yesterday so no TV today?	08-28-2022 11:18:11 am
John 2km and 2:06	08-28-2022 11:18:13 am
Trish in MA Slow guys on bikes going up. Gives lie to "we were fought guys very fastâ€	by 08-28-2022 11:18:43 am
Charlie in Tenn Seems I missed some stuff.	08-28-2022 11:19:28 am
BikerAbe Remco on a mission Destroy all comps	08-28-2022 11:19:49 am
Trish in MA CarleneinNH and I are groaning and shouting at the screen. Ouch. Ouch ouch	08-28-2022 11:21:29 am
John l'd have fallen over multiple times by now	08-28-2022 11:21:53 am
Trish in MA CVV calls the climb "disgusting "	08-28-2022 11:22:13 am
Katie S CVV calls this climb "disgustingâ€	08-28-2022 11:22:29 am
John red kite	08-28-2022 11:22:53 am
Tim in KY https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1661700VaE%20Stage%209%20Finish%20Climb.jpg	08-28-2022 11:23:31 am 0509-
BikerAbe Meintjes solo	08-28-2022 11:24:09 am
Trick in MA Faiite everywhere	08-28-2022

Trish in MA Eejits everywhere

08-28-2022 11:25:19 am



John Meintjes inside the barriers	08-28-2022 11:25:42 am
SFinAus Would take only the smallest touch from an eejit to fall over.	08-28-2022 11:25:50 am
Trish in MA We'll done! They are riding on dirt it looks like	08-28-2022 11:27:35 am
SFinAus Grooved concrete road then gravel. Pavers just had to give up.	08-28-2022 11:27:36 am
BusterSci Time for Rog to go back to ski jumping.	08-28-2022 11:27:45 am
Katie S Villaviciosa… aptly named	08-28-2022 11:27:48 am
John Between this and the upcoming TT, Remco is building a nice lead	08-28-2022 11:29:12 am
Tim in KY What is this road here for in real life?	08-28-2022 11:29:22 am
Trish in MA Roy lost 52 secs to RE	08-28-2022 11:30:02 am
SFinAus Yeah, these are some massive gaps given yesterday and Tues.	08-28-2022 11:30:27 am
Katie S What is the advantage/purposeof those oversized derailleur wheels?	2 08-28-2022 11:31:09 am
John Efficiency. They are supposed to save watts by having less bend in the chain	08-28-2022 11:31:41 am
Trish in MA Someone asked what the road was used for? Â Looks like cows	08-28-2022 11:32:00 am
BusterSci I save watts by sitting on a sofa	08-28-2022 11:32:03 am

John https://www.ceramicspeed.com/en/cycling/shop/oversized-pulley-wheel-systems?gclid=EAlalQobChMlhdDBxe3p-QIVEd1RCh05bgRiEAAYASABEgLIZfD_BwE	08-28-2022 11:32:08 am
Mikey So eejits will spend more money on bike parts	08-28-2022 11:32:18 am
Katie S Why doesn't everyone ride them, then? (Not sofas)	08-28-2022 11:32:18 am
SFinAus That seems like an exceedingly marginal gain, but hey, they add up. Bearing would do more, but I guess if you've already got ceramic then keep going.	08-28-2022 11:32:57 am
John I have their ceramic bottom bracket on my TT bike and find it to be much smoother than what came with it	08-28-2022 11:33:41 am
SFinAus For years and years, the best upgrade for my bike would have been the engine.Â:)	08-28-2022 11:35:08 am
BusterSci So the Tour next year looks like its going to have a third favorite.	08-28-2022 11:35:17 am
John It'd be great to see all three of those young guys go head to head	08-28-2022 11:37:42 am
John See you on Tuesday	08-28-2022 11:41:13 am
Katie S Remco needs to shave.	08-28-2022 11:41:20 am
Trish in MA Wow. Carlene and I are off to ride at neither the speed nor the gradients	08-28-2022 11:41:57 am
BusterSci If I'm QS PR guy I tell him to shave before the race or get a soigneur with a damp cloth to wipe that upper lip when he crosses the line.	08-28-2022 11:42:03 am
SFinAus Good days and evenings to everyone.	08-28-2022 11:44:14 am
	00 00 000

Katie S Adios!

08-28-2022 11:44:25 am

