

 **Tim in KY** GdI Stage 4 is 175 kilometers west across the ankle from Venosa to a finish at the ski resort Lago Laceno. Not technically a summit finish, the line comes after a three km descent from the KOM point. 05-08-2023 04:32:53 pm

 **Tim in KY** <https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1683578285-stage-4-route.jpg> 05-08-2023 04:33:07 pm

 **Tim in KY** The route is basically up and down all day although only three of the seven climbs are categorized "all Cat 2. 05-08-2023 04:33:26 pm

 **Tim in KY** <https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1683578314-stage-4-profile.jpg> 05-08-2023 04:33:35 pm

 **Tim in KY** <https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1683578326-stage-4-molella.jpg> 05-08-2023 04:33:47 pm

 **Tim in KY** Kilometer zero is scheduled for 12:45 CEST. Finish is imagined either side of 17:15. Forecast is for clouds with temps in the mid to upper teens. Rain is likely on the final climb. Live stream from before the start. 05-08-2023 04:34:16 pm

 **Tim in KY** Still in neutral. 05-09-2023 06:44:41 am

 **Tim in KY** I expect a big fight to get in the break today. 05-09-2023 06:45:08 am

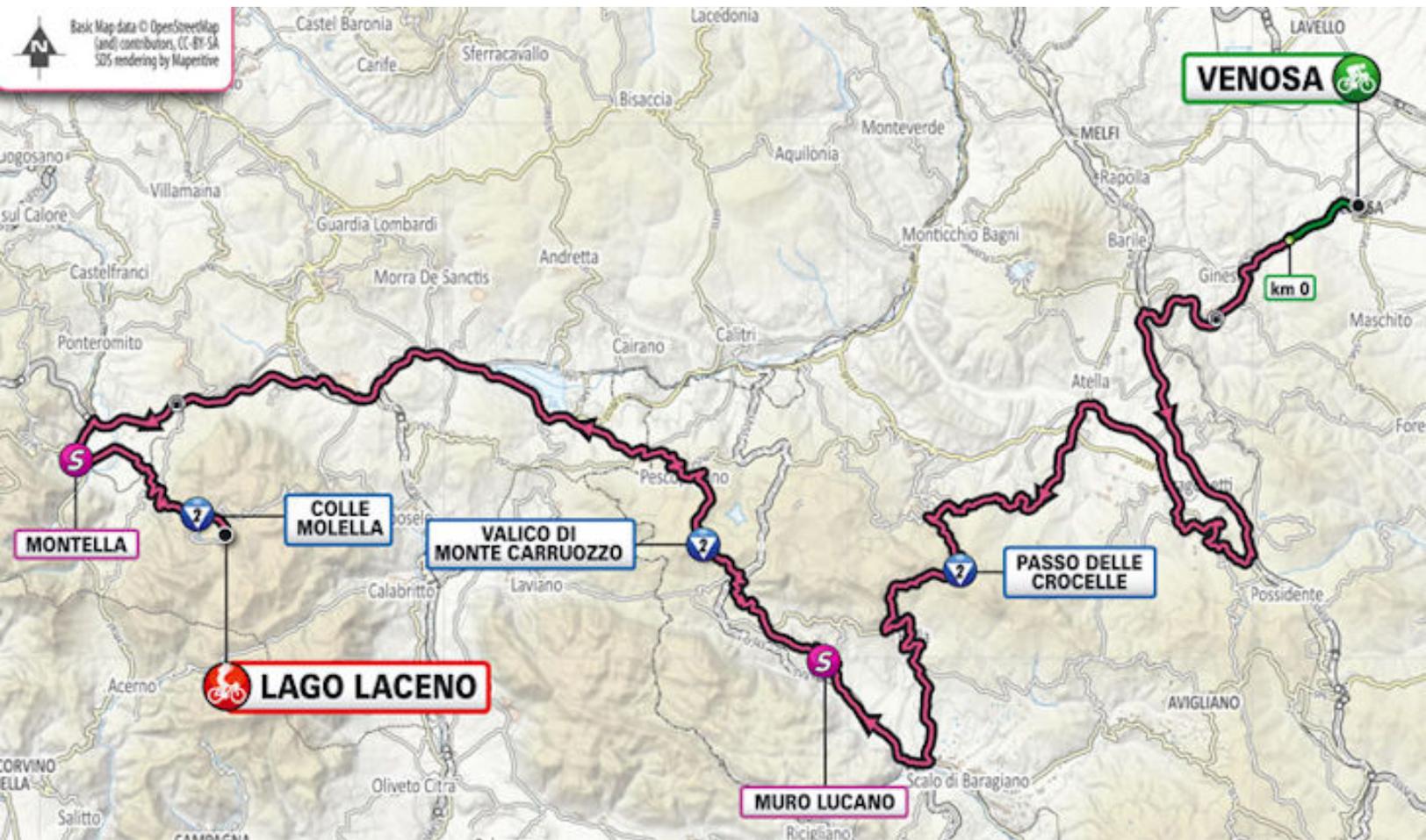
 **Charlie in Tenn** This may be the first fight for the break that I have seen from KM 0 in a while. I always seemed to be late the last few years. 05-09-2023 06:53:20 am

 **Tim in KY** They're on the first of three uncategorized climb. Slowing things down a bit. 05-09-2023 06:58:49 am

 **Tim in KY** Things to do for a bit. 05-09-2023 07:05:04 am

 **Charlie in Tenn** 13 with a small gap the 2nd bump. 05-09-2023 07:07:45 am

Basic Map data © OpenStreetMap
Land contributors, CC-BY-SA
SDS rendering by Mapactive



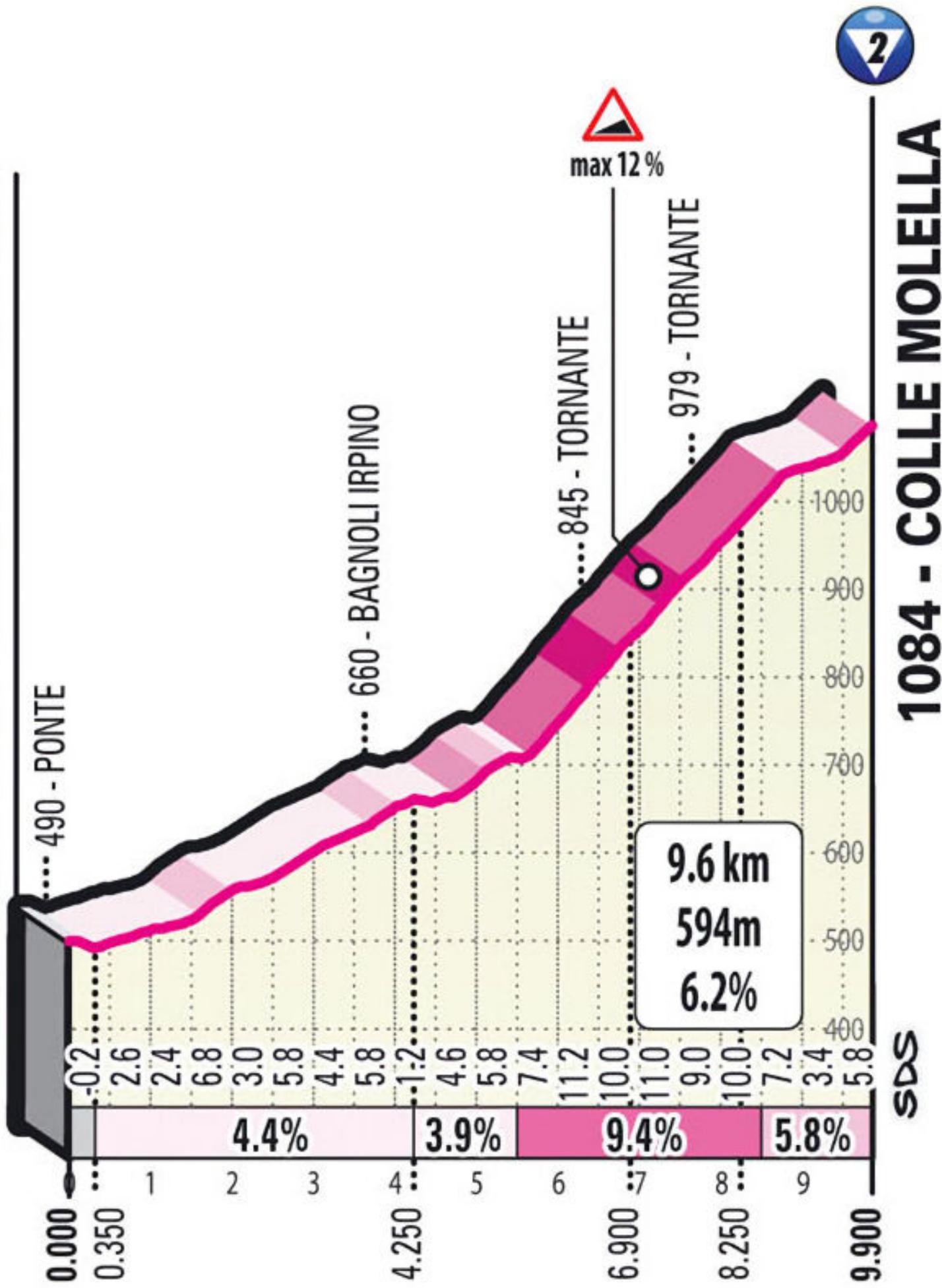
446 - VENOSA



1062 - LAGO LACENO

SDS

498 - SAN FRANCESCO A FOLLONI





Charlie in Tenn A different group of 10 or so off the front. Remco has several teammates off the back already.

05-09-2023
07:24:22 am



Charlie in Tenn Rainy and big black clouds in the distance.

05-09-2023
07:26:07 am



Tim in KY Probably rain the rest of the day.

05-09-2023
07:28:10 am



Charlie in Tenn On the downhill before the first cat 2 climb

05-09-2023
07:29:17 am



Charlie in Tenn Soudal - Quick Step are all back with the pack. Cerny was the one having the most trouble.

05-09-2023
07:32:01 am



Tim in KY This is going to take forever to get a break.

05-09-2023
07:38:56 am



Tim in KY Big split in the peloton. UAE in the trailing group.

05-09-2023
07:41:17 am



Tim in KY First Cat 2 starts.

05-09-2023
07:46:48 am



Charlie in Tenn Ben Healy has tried about 4 times to get a break going.

05-09-2023
07:47:59 am



Tim in KY Out of touch for about half an hour.

05-09-2023
07:57:21 am



Tim in KY Descending the first Cat 2. Wet.

05-09-2023
08:27:40 am



Charlie in Tenn We may have a group off the front.

05-09-2023
08:35:18 am



BusterSci Hiya

05-09-2023
08:35:59 am



BusterSci I was informed this morning that the dock is in at our rental so that means enough ice is out that I can fish Saturday.

05-09-2023
08:36:28 am



Charlie in Tenn Good news.

05-09-2023
08:36:55 am



BusterSci Who's down?

05-09-2023
08:39:32 am



Charlie in Tenn Not sure. Stevie Williams is one name

05-09-2023
08:40:07 am



BusterSci Ulissi

05-09-2023
08:40:17 am



Charlie in Tenn Williams is probably a clavicle.

05-09-2023
08:40:42 am



Tim in KY Not sure of the EFE.

05-09-2023
08:40:54 am



BusterSci De Bod

05-09-2023
08:41:38 am



Charlie in Tenn There are 7 in the break. The best placed is 1:41 i think.

05-09-2023
08:41:44 am



BusterSci I didn't realize we had two Parrot Painters in the race

05-09-2023
08:41:53 am



BusterSci Aurelien and Valentin

05-09-2023
08:42:16 am



BusterSci I had to check and see that I picked the right one. Â I did.

05-09-2023
08:43:06 am



BusterSci Michael Hessman was another crasher

05-09-2023
08:43:49 am



Tim in KY An even 1:40.

05-09-2023
08:43:54 am



BusterSci Michel.

05-09-2023
08:44:22 am



Charlie in Tenn <https://rumbletalk-images->

05-09-2023
08:45:45 am

1		11	PARET-PEINTRE Aurélien	2:13	
2		22	CONCI Nicola	2:47	
3		81	ALBANESE Vincenzo	2:17	
4		161	BARGUIL Warren	5:14	
5		181	LEKNESSUND Andreas	1:40	
6		202	GHEBREIGZABHIER Amanuel	5:47	
7		206	SKUJIŅŠ Toms	2:10	



Charlie in Tenn That is the break

05-09-2023
08:45:53 am



Charlie in Tenn The closest I have is Valerio Conti. So close.

05-09-2023
08:47:15 am



Charlie in Tenn The peloton has slowed a bunch through the feed zone.

05-09-2023
08:48:17 am



Tim in KY With all the break fighting they are 6 minuets faster than the fastest imaginable. Despite the rain.

05-09-2023
08:48:52 am



Tim in KY Also waltzes.

05-09-2023
08:49:48 am



BusterSci Parrot Painter is one of my regular low pointers. Â But I was stunned to see he's got a brother and I was worried I took the 4 point brother instead of the 6 point brother.

05-09-2023
08:49:50 am



BusterSci Good job, Tim. Â It was always our rule in college that if you jumped on your own error before anyone else did that everyone else had to hold off the attacks. Â Chapeau.

05-09-2023
08:51:00 am



Tim in KY Gap is out to 3:30.

05-09-2023
08:51:07 am



Tim in KY On the second Cat 2 now.

05-09-2023
08:53:34 am



BusterSci Is that officially the climb or does it start after that "flat" a bit higher up?

05-09-2023
08:54:28 am



Alaska Dave Good morning from the sunny rainforest. Finally found the pub.

05-09-2023
08:54:57 am



Tim in KY "Official" starts higher up but actual climbing has already started.

05-09-2023
08:56:03 am



BusterSci Yup. Â That's what I was after. Â Thanks for clarification.

05-09-2023
08:56:38 am



Tim in KY Officially 8.8 km at 5%.

05-09-2023
09:00:39 am



Katie S Good morning, all. Great to see you, Dave.

05-09-2023
09:01:26 am



Tim in KY When is the guy in no-mans-land going to give up?

05-09-2023
09:02:35 am



BusterSci He looked pissed at one point. Wonder if he wanted to give up but the DS said no

05-09-2023
09:03:10 am



Alaska Dave The ride of shame back to the peloton has already started.

05-09-2023
09:03:21 am



Charlie in Tenn We had a thunderstorm about 5 am. The dog got in bed with Aunt Ruby (our new house guest). Glad she is here because I do not want our little digger in bed with me.

05-09-2023
09:03:35 am



Alaska Dave GCN has British humor

05-09-2023
09:04:00 am



BusterSci When the thunder rolls here Ripley jumps off the bed and crawls underneath.

05-09-2023
09:04:03 am



Charlie in Tenn Millie sometimes huddles under the bed as well.

05-09-2023
09:04:31 am



Alaska Dave We haven't had rain in a week. Time to harvest the moss.

05-09-2023
09:04:48 am



Katie S Buster, re the fishing ... A friend of mine, who grew up in land-locked Sikkim, loves to shore fish here. Spring brings one species that is off limits to the commercial market - Striped Bass. Karma went down to the water the other night and managed to come home with a 27-incher. He didn't get one last year, so this was cause for celebration.

05-09-2023
09:05:17 am



BusterSci We get a solid warning of any severe weather because Rip can hear distant thunder long before us. She jumps off and we check for tornado warnings.

05-09-2023
09:05:20 am



Charlie in Tenn I expected a tornado warning this morning. The storm was violent for about 30 minutes.

05-09-2023
09:07:20 am



BusterSci I have never fished salt water. Å But we do have the second most shoreline in the US after Alaska.

05-09-2023
09:08:45 am



BusterSci None is coastal, though

05-09-2023
09:09:14 am



Alaska Dave Good doggie

05-09-2023
09:09:31 am



Katie S Well, WHEN you come out here, I'll get Karma to take you down to the beach to try your luck.

05-09-2023
09:10:16 am



Alaska Dave Alaska probably has both the most coastal shoreline and the most freshwater shoreline if they measured every tundra pond other places would call lakes.

05-09-2023
09:10:46 am



Charlie in Tenn The lone guy is back.

05-09-2023
09:11:36 am



Alaska Dave Salmon season starting here. Kings are shrinking in size but still have to be 30 inches to be kept.

05-09-2023
09:12:31 am



BusterSci Yeah, it's both big and has a lot of small lakes. Å They figure 3M miles of shoreline for freshwater only. Å MN at about 180,000 miles is a very distant second. Å The general split is lakes over 20 acres.

05-09-2023
09:12:40 am



Katie S When I was a docent at our nearby lighthouse, I would always stump visitors with the question: "What state boasts the most lighthouses?"

05-09-2023
09:12:50 am



Katie S I'd get all the usual guesses ... no one every came up with ...

05-09-2023
09:13:08 am



BusterSci Michigan

05-09-2023
09:13:17 am



Katie S WE HAVE A WINNER!

05-09-2023
09:13:22 am



BusterSci That was a guess, not a lookup

05-09-2023
09:13:38 am

 **BusterSci** The Great Lakes are dangerous waters, as the recently departed Gordon Lightfoot told us. 05-09-2023 09:14:12 am

 **Katie S** heard that great song not long ago ... around the time of his departure. 05-09-2023 09:14:55 am

 **Tim in KY** Five of the seven guys in the break lead the virtual GC. 05-09-2023 09:16:16 am

 **BusterSci** In these parts it shows up on almost every radio station playlist on 10 Nov. Â It's always fun to hear it on an "Urban Contemporary" station or MPR Classical. 05-09-2023 09:16:55 am

 **Alaska Dave** The legend goes on. 05-09-2023 09:18:29 am

 **Tim in KY** Williams got back on his bike?!? 05-09-2023 09:21:34 am

 **Katie S** that's what they say 05-09-2023 09:21:48 am

 **SFinAus** Buon giorno, Nuts!Â Nice to see you and glad to be back, albeit a few days late. 05-09-2023 09:22:08 am

 **Alaska Dave** Itâ€™s a balmy 37 this morning. Thatâ€™s Fahrenheit. 05-09-2023 09:22:29 am

 **Katie S** Hello! Great to have you here! 05-09-2023 09:22:59 am

 **Alaska Dave** We have time before the ice leaves the lakes. 05-09-2023 09:23:43 am

 **BusterSci** DSDagies spends time up there every winter at a resort right on the shore. Â A guy can spend hours watching the ice move around when it's cold. Â This year he was bummed because about 3 days after they came home there were high easterly winds and the north shore was being hit with 24 foot waves. Â It's not NazarÃ©, but it's something for a lake. 05-09-2023 09:23:44 am

 **BusterSci** <https://rumbletalk-images-> 05-09-2023 09:25:08 am



BusterSci Near my destination--live webcam

05-09-2023
09:25:18 am



BusterSci Bergs floating around but a sunny day today will be done with that.

05-09-2023
09:25:38 am



Katie S gorgeous

05-09-2023
09:26:07 am



Katie S 2 KU to go

05-09-2023
09:27:32 am



Alaska Dave Remco seems the only one reasonably dressed for the weather.

05-09-2023
09:28:55 am



Tim in KY This is tomorrow's finish route. Whoever designed this was most certainly fired.

05-09-2023
09:29:03 am



Tim in KY <https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1683639252-stage-5-route-finish.jpg>

05-09-2023
09:29:13 am



Katie S because there are no chicanes?

05-09-2023
09:29:45 am



Alaska Dave Thereâ€™s got to be an ocean monster somewhere on that line.

05-09-2023
09:29:58 am



Tim in KY Or fire pits or dragons.

05-09-2023
09:30:06 am



BusterSci I say we all put a marker on the map where we think Cav is going to crash.

05-09-2023
09:30:31 am



Charlie in Tenn That had to be approved by someone without actually seeing the route. He was probably fired as well.

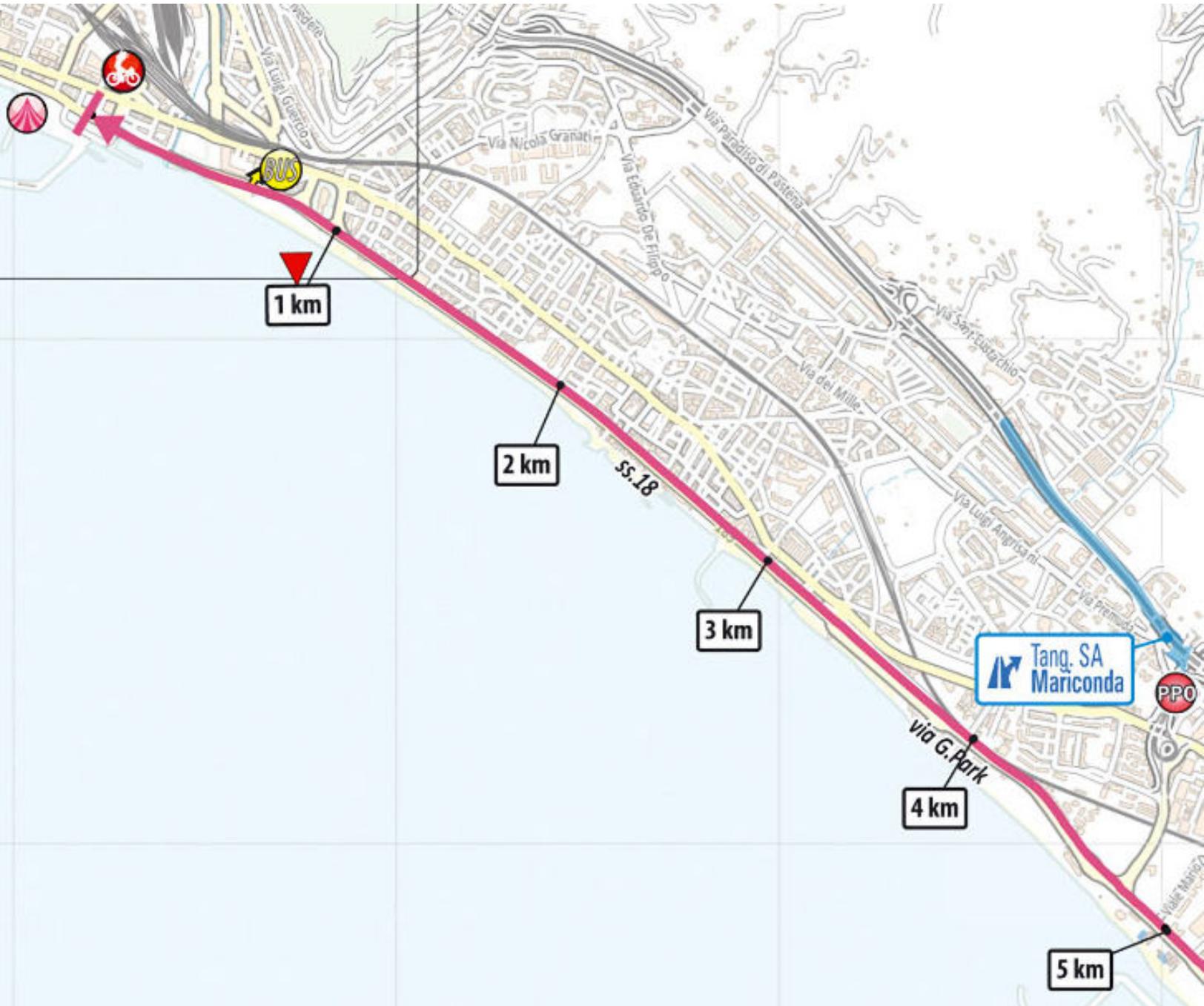
05-09-2023
09:30:43 am



Katie S Ooooh! Like Pin The Tail On The ...

05-09-2023
09:30:47 am







Alaska Dave Cyclists in the mist

05-09-2023
09:32:00 am



BusterSci Ooh! 🐦 Just got an email from Peacock. 🐦 Eurovision Semifinals are this afternoon and Thursday. 🐦 The best bad TV available!

05-09-2023
09:32:05 am



BusterSci I guess that was a real conversation killer.

05-09-2023
09:35:55 am



Tim in KY Who blows up all those pink balloons?

05-09-2023
09:39:10 am



Katie S maybe schoolkids who are promised all-the-gelato-you-can-eat afterwards?

05-09-2023
09:40:59 am



SFinAus Never watched any Eurovision. 🐦 But I acknowledge the phenom it is. 🐦 The bits I've seen in news report snippets look like fun.

05-09-2023
09:44:35 am



Tim in KY Goodness this is a long descent.

05-09-2023
09:45:42 am



Katie S They talk about all the pressures of wearing the pink jersey, the media etc. What would happen if the leader of the race refused to engage in all of that?

05-09-2023
09:45:49 am



SFinAus As for northern lake reports, Michigan and Superior are ice free. 🐦 :) 🐦 We went up to Thunder Bay and Ignace ON - plenty of snow left (to my eyes) and li'l Lake Agimak was still solidly iced over.

05-09-2023
09:47:46 am



SFinAus <https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1683640459-1683640166162.jpeg>

05-09-2023
09:49:20 am



Tim in KY Looks dry right now.

05-09-2023
09:49:21 am



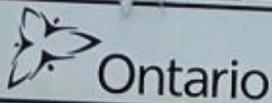
SFinAus Hmm, sorry for the extra large size and the caption didn't go. 🐦 "Northest" I've ever been in North America.

05-09-2023
09:50:20 am



Katie S Cool! (in more ways than one)

05-09-2023
09:50:21 am



Ontario

From here all streams
flow north into the
Arctic Ocean

À partir de ce point tous
les cours d'eau coulent
vers le nord jusqu'à
l'océan Arctique



ARCTIC
WATERSHED

ELEVATION 504 m

ÉLÉVATION 504 m

BASSIN VERSANT
DE L'ARCTIQUE





Alaska Dave Ice went out at Nenana yesterday. Tipped the tripod at 4pm.

05-09-2023
09:52:25 am



SFinAus Wasn't too bad at 3 degrees with rain/snow, but my jacket options were limited and gives the impression it was really cold.

05-09-2023
09:52:28 am



SFinAus Back in the sun belt, the water is going out of the (man made) lakes.

05-09-2023
09:54:14 am



Alaska Dave https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1683640767-IMG_2866.jpeg

05-09-2023
09:54:31 am



Alaska Dave Friend woke up to a visitor on his deck.

05-09-2023
09:55:07 am



Katie S taking in the view. I hope your friend provided the visitor with a steaming cup of coffee. That's only neighborly.

05-09-2023
09:56:33 am



BusterSci There's a big todo here because the DNR euthanized a black bear that was prowling the northern suburbs.

05-09-2023
09:58:26 am



Tim in KY When bears get too "domesticated" there's not much else to be done.

05-09-2023
10:01:57 am



Alaska Dave A fed bear is a dead bear. Did leave a steaming deposit though.

05-09-2023
10:02:03 am



Katie S "prowl" is very judgy, Buster

05-09-2023
10:02:05 am



BusterSci Having a wander through, then.

05-09-2023
10:04:02 am



BusterSci Gallivanting?

05-09-2023
10:04:16 am



BusterSci Being a giant trash panda?

05-09-2023
10:04:41 am



Tim in KY Currently 5:00 faster than the fastest...

05-09-2023
10:05:34 am





Tim in KY Gap keeps going up. 5:33 now.

05-09-2023
10:06:21 am



BusterSci Minnesota has had only 14 recorded black bear attacks in history, 8 requiring hospitalization and only one possible fatality (they aren't sure if the bear killed the lady or was just snacking.) So even though we have quite a few--especially up north, they're pretty shy. I always tell BWCAW visitors that they're far more likely to have a mouse ruin their trip by chewing up their food bag than a bear.

05-09-2023
10:10:34 am



Trish in MA Greetings from the office! I'm sorting photos on the company DropBox. For this I got my MBA. I would welcome a visit from a bear.

05-09-2023
10:12:15 am



Katie S Good morning, Trish

05-09-2023
10:14:07 am



Tim in KY When I was in middle school (late '50s) we were camping in the UP and a black bear invaded our campsite and ate the marshmallows and took off with the powdered milk.

05-09-2023
10:14:58 am



BusterSci If the bear is black, fight back. If the bear is brown, lay down.

05-09-2023
10:15:25 am



Katie S What? The bear did not take the Graham crackers and the Hershey bars, too?

05-09-2023
10:16:25 am



SFinAus If it's white, die of fright?

05-09-2023
10:16:48 am



Tim in KY Everyone has slowed down. Now only at the imagined time.

05-09-2023
10:21:03 am



Alaska Dave I've ridden by many a bear. Mostly keeping an eye out for tourons stopping cars for pictures.

05-09-2023
10:21:32 am



Tim in KY 25 km banner.

05-09-2023
10:21:59 am



Trish in MA Speaking of fish - a fisherman here in Mass has taken up fishing for something new...<https://www.bostonglobe.com/2023/05/05/science/fisherman-looking-bass-charles-river-found-an-abandoned-car-instead-then-he-found-another-another/>

05-09-2023
10:22:07 am



Rob Afternoon all, Bears, beets, Battlestar Galactica

05-09-2023
10:22:32 am



Tim in KY Rain on the camera lenses again.

05-09-2023
10:23:15 am



Rob I haven't been following the Giro so far I heard Cav crashed is he still in?

05-09-2023
10:23:59 am



BusterSci He is

05-09-2023
10:24:09 am



Tim in KY There's still a sprint point coming up before the final climb starts.

05-09-2023
10:28:28 am



Tim in KY 3 km to the sprint.

05-09-2023
10:29:12 am



Charlie in Tenn Is the break going to win? Who is the best climber in the break?

05-09-2023
10:30:30 am



Tim in KY Barguil is the best climber.

05-09-2023
10:31:09 am



BusterSci 5 minutes is a lot for a Cat2

05-09-2023
10:31:09 am



BusterSci Agree. Â Parrot Painter isn't bad at this scale, either.

05-09-2023
10:31:28 am



BusterSci Skujins can climb a Cat 2 OK.

05-09-2023
10:31:51 am



Tim in KY 9.8 km at 6.2%

05-09-2023
10:31:56 am



BusterSci Argy Barguil is the only certified stud climber.

05-09-2023
10:32:35 am



Tim in KY Gap is under 5:00 now.

05-09-2023
10:35:03 am



Tim in KY Climb starts.

05-09-2023
10:39:32 am



Toulouse Better late than never, i suppose. Both for the day and the race.

05-09-2023
10:40:53 am



SFinAus A poorly timed appt beckons. See you all tomorrow.

05-09-2023
10:43:43 am



Katie S Toulouse/SF - "Hello, I must be going"

05-09-2023
10:44:40 am



Alaska Dave Km passing faster than gap is dropping

05-09-2023
10:47:40 am



Tim in KY GC guys could still pull back the break.

05-09-2023
10:48:18 am



BusterSci Remco doesn't want to defend? Or does he want others to defend their positions?

05-09-2023
10:48:31 am



Katie S Christmas trees?

05-09-2023
10:48:58 am



Trish in MA The guys on GCN+ are chatting like crazy about the gap

05-09-2023
10:49:06 am



Tim in KY Remco wants to shed pink.

05-09-2023
10:49:09 am



Katie S so much for Stud Barguil

05-09-2023
10:49:32 am



BusterSci So much for Bargy

05-09-2023
10:49:34 am



BusterSci HA

05-09-2023
10:49:39 am



Tim in KY Remember, the last three km are downhill.

05-09-2023
10:51:11 am



Charlie in Tenn Anyone going to attack from the GC bunch.

05-09-2023
10:53:48 am



Tim in KY Only 2 km left to climb for the three leaders.

05-09-2023
10:56:25 am



Alaska Dave Remco isolated. Ineos putting people on the front. That strategy doesn't work if you don't have the strongest rider.

05-09-2023
10:56:56 am



Trish in MA The GCN boys are speculating that the group might be trying to keep Remco in pink and forcing the team to defend.

05-09-2023
10:58:00 am



Tim in KY Good day for you Buster.

05-09-2023
11:00:44 am



BusterSci We'll see. The Parrot isn't painted yet

05-09-2023
11:01:55 am



Trish in MA Leknussund and the Parrot Painter going head-to-head with 3K to go. The Parrot gets the KOM points.

05-09-2023
11:02:00 am



Katie S game on

05-09-2023
11:03:39 am



Tim in KY Leknussund needs to GC group to come in more that 1:40 behind.

05-09-2023
11:04:34 am



Trish in MA Parrot for the win. Now, when the GC group come in?

05-09-2023
11:06:20 am



Trish in MA Leknussund takes pink

05-09-2023
11:07:40 am



Charlie in Tenn Good day for Buster. See all tomorrow.

05-09-2023
11:08:55 am



Katie S "Am I going to cry or barf?"

05-09-2023
11:10:22 am



Katie S Ah. Cry. Good on 'im.

05-09-2023
11:10:42 am



Trish in MA OK, I'm off to sort photos in quiet.

05-09-2023
11:13:59 am



Katie S Ciao. I'm out ... gotta get work done before leaving to go have a birthday lunch for my brother (59!)

05-09-2023
11:14:31 am



BusterSci Bah.

05-09-2023
11:16:04 am
