



**Tim in KY** Gdl Stage 5 is 203 kilometers from Praia a Mare, on the Mediterranean coast, east into the Apennine Mountains and north to Potenza.

05-12-2026  
01:44:33 pm



**Tim in KY** <https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1778608188-stage-5-route.jpg>

05-12-2026  
01:44:50 pm



**Tim in KY** The first 50 kilometers and last 70 are quite lumpy. In between are valley roads. A Cat 3 crests at 27 km, a Cat 2 at 154. The last 26 km are a descent to a slightly uphill finish.

05-12-2026  
01:45:39 pm



**Tim in KY** <https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1778608254-stage-5-profile.jpg>

05-12-2026  
01:45:55 pm



**Tim in KY** <https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1778608276-stage-5-profile-finale.jpg>

05-12-2026  
01:46:18 pm



**Tim in KY** Kilometer zero is scheduled for 12:25 CEST. Finish is imagined either side of 17:15. Forecast is for rain more likely than not all afternoon with temps in the mid-teens.

05-12-2026  
01:47:18 pm



**Joanna in Virginia** Thank you, Mike W, for your generous donation to the Tip Jar! So greatly appreciated!

05-12-2026  
10:18:03 pm



**Tim in KY** One DNS today, Milan Menten of Lotto.

05-13-2026  
06:35:05 am



**Tim in KY** Break fight in progress.

05-13-2026  
06:35:51 am



**Rch** Menten also abandoned with gastrointestinal illness linked to pre-Giro ingested wet Belgian cow 🐄 spray, just like De Lie. The Lotto team was badly affected by it.

05-13-2026  
06:37:24 am



**Rch** I heard it was Campylobacter

05-13-2026  
06:37:57 am

**Bikerabe** gruppo compacto

05-13-2026



**POTENZA**



**RED BULL KM**



**MONT. GRANDE DI VIGGIANO**

**PRESTIERI**

**FRANCAVILLA IN SINNI**

**PRAIA A MARE**



km 0

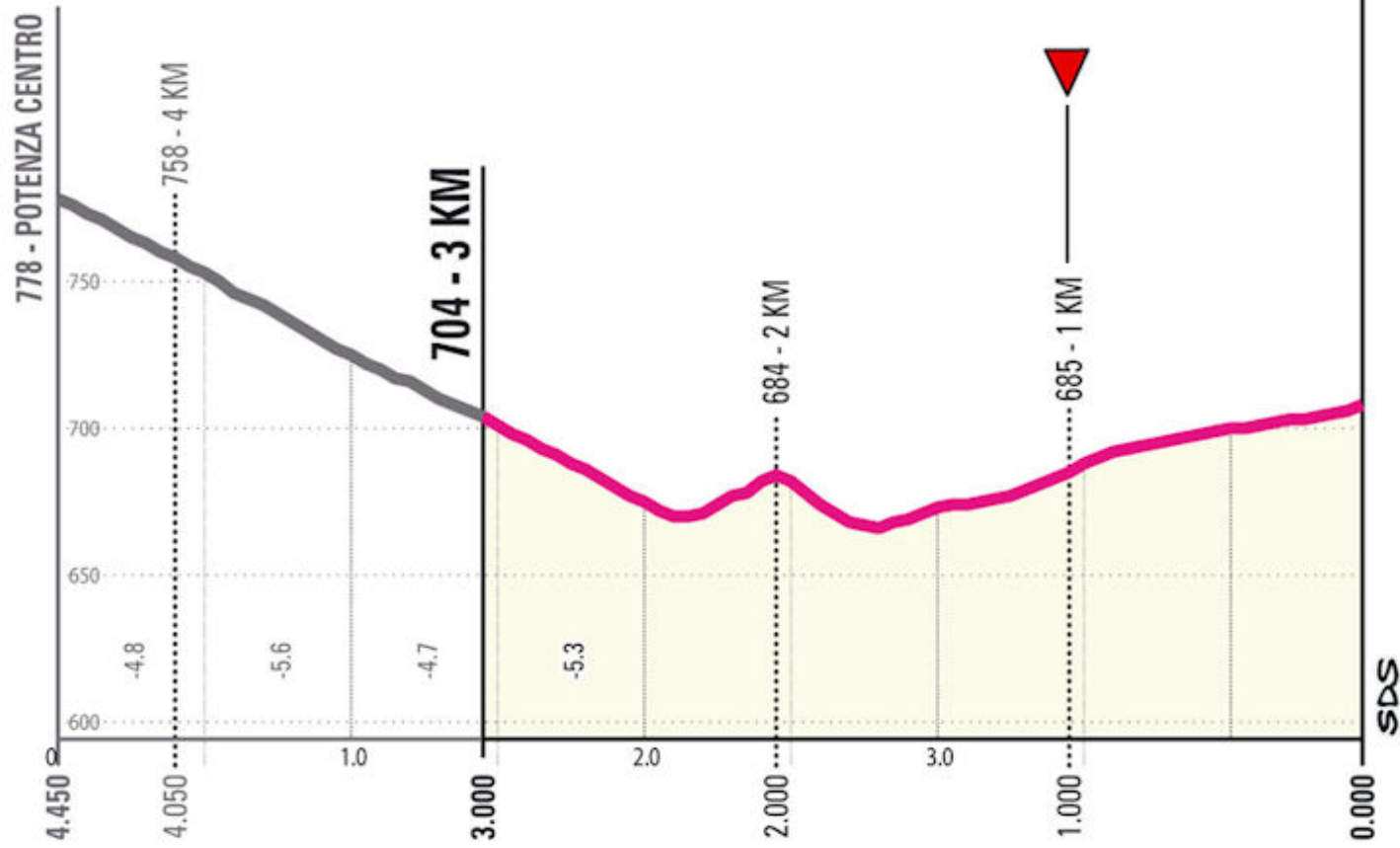
- Red Bull km
  - Sprint Punti Points Sprint
  - GPM (con categoria)
  - KOM (categorized)
  - Galleria Tunnel
  - Passaggio a livello Level Crossing
  - Percorso Fuori Corsa Off Race
- Basic Map data © OpenStreetMap (and) contributors, CC-BY-SA  
SDS rendering by Mapentive

# 15 - PRAIA A MARE



# 709 - POTENZA














viale dell'Unicef





06:43:42 am

**Bikerabe** rain05-13-2026  
06:44:05 am**Tim in KY** Supposed to rain all day.05-13-2026  
06:48:23 am**Bikerabe** river in the road05-13-2026  
06:54:02 am**RCG** We finally got around to watching replay of parts of yesterday's stage last night. That climb went on and on and on and on, and the aerial views of it were crazy.05-13-2026  
06:58:04 am**RCG** I hope everyone's safe of the descents today. The GC teams won't want to let a breakaway form until pretty late today methings, but the rain may aid in its formation.05-13-2026  
06:58:57 am**RCG** Today's project is the contiuation of hacking out a walking / rideable tractor)path through some woods and cleaning up deadfall. We bought land across the road from our out-of-state family property to prevent it from being developed into rental cabins. It hasn't been touched for at least 5 or 6 decades. We already found one old homestead with a dump of abandoned appliances and furnace parts and box springs and such and cleaned that up, also addressing lots of dead rhododendron afflicted by blight and dead-in-place. Now we are adding the walking path feature.05-13-2026  
07:04:20 am**Tim in KY** That sounds like a lot of work.05-13-2026  
07:09:56 am**RCG** There is a LOT of poison ivy. I'm also trying to avoid ticks....05-13-2026  
07:37:18 am**RCG** 1 14 EULÁLIO Afonso+1:11 2 25 TAROZZI Manuele+4:58 3 85 MILESI Lorenzo+8:31 4 88 RUBIO Einer+0:10 5 98 TURNER Ben+2:15 6 124 MOSCON Gianni+14:00 7 133 GAROFOLI Gianmarco+13:27 8 172 CAMPENAERTS Victor+2:15 9 192 ARRIETA Igor+4:06 10 195 NARVÁEZ Jhonatan+5:26 11 218 TJØTTA Martin+8:34 12 226 SCARONI Christian+3:05 13 227 SILVA Guillermo Thomas+12:1605-13-2026  
07:38:55 am**RCG** 13 man break gets away. Lots of strong riders in this one.05-13-2026  
07:39:13 am

- 
-  **RCG** 160 km to go. Will the win come from the break? On a day like today, I think the probability is pretty high. 05-13-2026 07:40:47 am
- 
-  **RCG** Tio de Jong of Picnic abandons. No report of any crash, so I wonder if he's one with the GI ailment also. 05-13-2026 07:42:23 am
- 
-  **RCG** Timo not Tio 05-13-2026 07:42:34 am
- 
-  **RCG** Looks like a fun day for a bike ride. Not. Raining, hilly, cold. 05-13-2026 07:43:02 am
- 
-  **RCG** Well, I'm going to get breakfast and gear up for more fun. I marked out the first part of this thing a couple of weeks ago. Hubby wanted to change the route a little, so I did that yesterday and got about 300 feet of it done. I can get the ATV (aka our "tractor") in there and get it turned around, so I can use that to haul out downfall and anything that's cut down. The challenging part is routing a do-able patch (with switchbacks in areas) that avoids big trees and rhododendron thickets and anything else we don't want to cut down. 05-13-2026 07:47:40 am
- 
-  **Tim in KY** There are a few riders in the break just a couple minutes down so they may not get much leaway. 05-13-2026 07:51:22 am
- 
-  **Bikerabe** Hbo-Max has a very nice multi view option for a race splitb up like this 05-13-2026 07:52:04 am
- 
-  **Tim in KY** Multi-screen makes me dizzy. 05-13-2026 08:05:21 am
- 
-  **Bikerabe** gap up to 1:40 05-13-2026 08:14:31 am
- 
-  **Tim in KY** That's a lot of rain. 05-13-2026 08:18:58 am
- 
-  **Tim in KY** Slower than the slowest.. right now. 05-13-2026 08:21:15 am
- 
-  **Bikerabe** peloton slowing 2:15 gap 05-13-2026 08:27:43 am
- 
-  **Tim in KY** Sunshine! It won't last. 05-13-2026 08:32:08 am
-



**Katie S** Good morning, all. Goodness, RCG - What a project!

05-13-2026  
08:33:34 am



**Tim in KY** Hi, Katie.

05-13-2026  
08:36:55 am



**Tim in KY** Radar shows the rain coming back soon and for the duration.

05-13-2026  
08:38:53 am



**Katie S** Game of Thrones connection to pro cycling - the Girona connection. Well played.

05-13-2026  
08:46:45 am



**Tim in KY** They're talking on Max about how cold it is. It's in the mid-50s F.

05-13-2026  
08:48:55 am



**Katie S** Just like here. Damp and chilly.

05-13-2026  
08:49:42 am



**Katie S** I like Magnier's jacket — with the little mud flap feature on the back. Clever.

05-13-2026  
08:51:17 am



**Tim in KY** The back window of the UAE team car has been smashed by something.

05-13-2026  
09:00:44 am



**Tim in KY** Raining again.

05-13-2026  
09:01:06 am



**Bikerabe** peloton gap down to 90 secs

05-13-2026  
09:01:56 am



**Tim in KY** Another Lotto has abandoned.

05-13-2026  
09:03:48 am



**Tim in KY** They're down to five.

05-13-2026  
09:04:27 am



**Katie S** Yucky day over there

05-13-2026  
09:11:44 am

















**Tim in KY** Not surprisingly, they're still slower than the slowest...

05-13-2026  
09:15:45 am



**Katie S** Hail!

05-13-2026  
09:27:32 am

- 
-  **Bikerabe** gap up to 3 min, 05-13-2026 09:28:57 am
- 
-  **Katie S** Matisse Rondel crashed into the back of the UAE car. Davis Phinney did that way back. 05-13-2026 09:29:14 am
- 
-  **Alaska Dave** Juneau weather. 05-13-2026 09:38:57 am
- 
-  **Alaska Dave** Team car more damaged than the rider. 05-13-2026 09:40:34 am
- 
-  **PasadenaK8** Mornin', everyone ~ Looks a tad damp out there on the road. 05-13-2026 09:42:26 am
- 
-  **Tim in KY** "Damp"? 05-13-2026 09:43:27 am
- 
-  **PasadenaK8** \*;-) 05-13-2026 09:43:45 am
- 
-  **Katie S** You can see hail in the ground 05-13-2026 09:44:12 am
- 
-  **Bikerabe** 2 KU 05-13-2026 09:46:45 am
- 
-  **Bikerabe** gap under 2 min. 05-13-2026 09:47:53 am
- 
-  **Tim in KY** Rain has eased off a bit for now. 05-13-2026 09:53:10 am
- 
-  **Tim in KY** On radar it looks like there will be very little rain for the rest of the race. 05-13-2026 09:54:27 am
- 
-  **PasadenaK8** Well, it looks like I'm down for the count, HBO feed-wise. Lost internet. Guess the work, that Spectrum was going to do yesterday, is happening today. If it doesn't come back soon, I'll catch up with you all domani... (hopefully) 05-13-2026 10:12:48 am
- 
-  **Katie S** Good luck, K8 05-13-2026 10:13:57 am
-



**Katie S** I got spanked by HBO Max for having too many devices connected. I had the race on my PC, my iPad and was trying to bring it up on the TV. Why does that matter? If it's all on the same network/wifi, why do they care how many devices?

05-13-2026  
10:17:19 am



**Tim in KY** This looks more like a Cat 1 than a Cat 2.

05-13-2026  
10:21:43 am



**Katie S** agree

05-13-2026  
10:21:54 am



**SFinAus** Howdy. Looks like a miserable day to earn your living riding a bike.

05-13-2026  
10:28:57 am



**Alaska Dave** Cyclists in the mist

05-13-2026  
10:29:01 am



**Alaska Dave** Damp road descent

05-13-2026  
10:33:07 am



**Tim in KY** An Astana went off the road.

05-13-2026  
10:33:46 am



**SFinAus** Rider off the road

05-13-2026  
10:33:50 am



**Tim in KY** PCS says it was a Bardiani.

05-13-2026  
10:34:33 am



**SFinAus** "Fortunate" place to have that happen with a soft-ish landing. Up and riding. Not even a flesh wound.

05-13-2026  
10:34:49 am



**Tim in KY** Drippy trees.

05-13-2026  
10:39:59 am



**Tim in KY** 1 KU.

05-13-2026  
10:50:52 am



**Bikerabe** so is Eulalia going to get Pink at the finish?

05-13-2026  
10:57:49 am



**Tim in KY** Apparently.

05-13-2026  
11:02:32 am



**Tim in KY** Good chance of rain again tomorrow.

05-13-2026  
11:02:54 am



**Katie S** ouch

05-13-2026  
11:18:32 am



**Tim in KY** Wet descent.

05-13-2026  
11:18:43 am



**Tim in KY** <https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1778686006-stage-5-finish-route.jpg>

05-13-2026  
11:21:47 am



**Tim in KY** <https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1778686032-stage-5-profile-finale.jpg>

05-13-2026  
11:22:13 am



**Tim in KY** Lake-sized puddles on the roadside.

05-13-2026  
11:25:26 am



**Tim in KY** Sigh.

05-13-2026  
11:25:42 am



**Katie S** good grief

05-13-2026  
11:26:03 am



**RCG** Here for the finale

05-13-2026  
11:28:21 am



**Alaska Dave** Climbing with 6k to go. Big gap despite crashes. Disc brakes squealing on descents.

05-13-2026  
11:28:40 am



**Alaska Dave** Faces of pain and gurning.

05-13-2026  
11:29:56 am



**Katie S** Longest 5K ever

05-13-2026  
11:31:20 am



**Alaska Dave** Sunshine?

05-13-2026  
11:31:42 am



**Katie S** oh lordy

05-13-2026  
11:34:17 am



**709 - POTENZA** 

viale dell'Unicef





**SFinAus** as per the Giro, this would be sketchy on a dry road. This is crazy

05-13-2026  
11:34:20 am



**SFinAus** Oh no!

05-13-2026  
11:34:38 am



**SFinAus** Arrieta couldn't quite make that turn and lost his chance.

05-13-2026  
11:36:05 am



**Alaska Dave** Lump of spaghetti finishing circuit.

05-13-2026  
11:36:18 am



**Tim in KY** Chance!

05-13-2026  
11:37:27 am



**SFinAus** Oh my

05-13-2026  
11:37:34 am



**Alaska Dave** WOW

05-13-2026  
11:37:35 am



**RCG** UAE.... No GC guys left? No problem.

05-13-2026  
11:38:12 am



**Katie S** that was insanity

05-13-2026  
11:38:23 am



**SFinAus** I didn't think Arrieta could do it, but...

05-13-2026  
11:38:41 am



**SFinAus** Yeah, UAE is made some more lemonade

05-13-2026  
11:39:01 am



**Katie S** Adrenal glands are spent

05-13-2026  
11:39:04 am



**Bikerabe** Basque wins!

05-13-2026  
11:39:27 am



**RCG** Eulalio looks quite disappointed















05-13-2026  
11:39:48 am



**SFinAus** Def. and both look absolutely spent

05-13-2026  
11:40:11 am



-  **RCG** Well, my little "incident" let me see the ending at least 05-13-2026  
11:40:27 am
- 
-  **Bikerabe** he will like being in Pink 05-13-2026  
11:40:34 am
- 
-  **Katie S** if he can get the kit on in the morning ... those guys are going to be serious pain tomorrow morning 05-13-2026  
11:40:57 am
- 
-  **SFinAus** A good consolation prize, I suppose 05-13-2026  
11:40:58 am
- 
-  **RCG** He'll keep it tomorrow, too 05-13-2026  
11:41:02 am
- 
-  **RCG** Stage 6 is pan-flat 05-13-2026  
11:41:26 am
- 
-  **Katie S** What a day. See you all tomorrow for the paint stage 05-13-2026  
11:41:39 am
- 
-  **RCG** <https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1778687205-1778686905162.jpeg> 05-13-2026  
11:41:47 am
- 
-  **RCG** It's only a flesh wound. 05-13-2026  
11:42:16 am
- 
-  **SFinAus** Ouch. Sorry to see that. 05-13-2026  
11:42:25 am
- 
-  **RCG** Tree-clearing incident. It was a small dead tree trunk and I was just rocking it free. 05-13-2026  
11:43:23 am
- 
-  **RCG** It needed much less corrosion that was exerted. 05-13-2026  
11:43:57 am
- 
-  **RCG** Coercion 05-13-2026  
11:44:08 am
- 
-  **Alaska Dave** Your condition fits this crazy stage. 05-13-2026  
11:48:29 am
-