



Tim in KY VaE Stage 15 is 158 kilometers in the Basque country from Pamplona to Lekunberri. The two cities are only 35 km apart but the stage route goes south, then west, then back north to a 40 km circuit that is ridden twice.

09-09-2023
04:04:34 pm



Tim in KY <https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1694290185-stage-15-route.jpg>

09-09-2023
04:04:47 pm



Tim in KY Most frequently the Sunday before the second rest day of a grand tour is a challenging mountain test. This stage is lumpy with just three categorized climbs, a Cat 3 and a Cat 2 that is taken twice. The second time it crests 9 kilometers from the finish and the descent flattens out just 1,500 meters from the line.

09-09-2023
04:05:28 pm



Tim in KY <https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1694290241-stage-15-profile.jpg>

09-09-2023
04:05:42 pm



Tim in KY <https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1694290262-stage-15-route-finish.jpg>

09-09-2023
04:06:03 pm



Tim in KY Kilometer zero is scheduled at 13:30 CEST. Finish is imagined either side of 17:30. Forecast is for sunshine with temps in the upper-20s.

09-09-2023
04:06:59 pm



Charlie in Tenn I note from after the finish yesterday. Bardet came up to Remco and said, "Sorry, I just couldn't pull through." Yhey shook ahnds and went about their business.

09-09-2023
10:28:43 pm



Tim in KY Rein Taaramae (ICW) DNF stage 14. So far no word of any DNS today. No change in the weather forecast.

09-10-2023
06:56:39 am



Tim in KY Neutral start.

09-10-2023
07:22:01 am



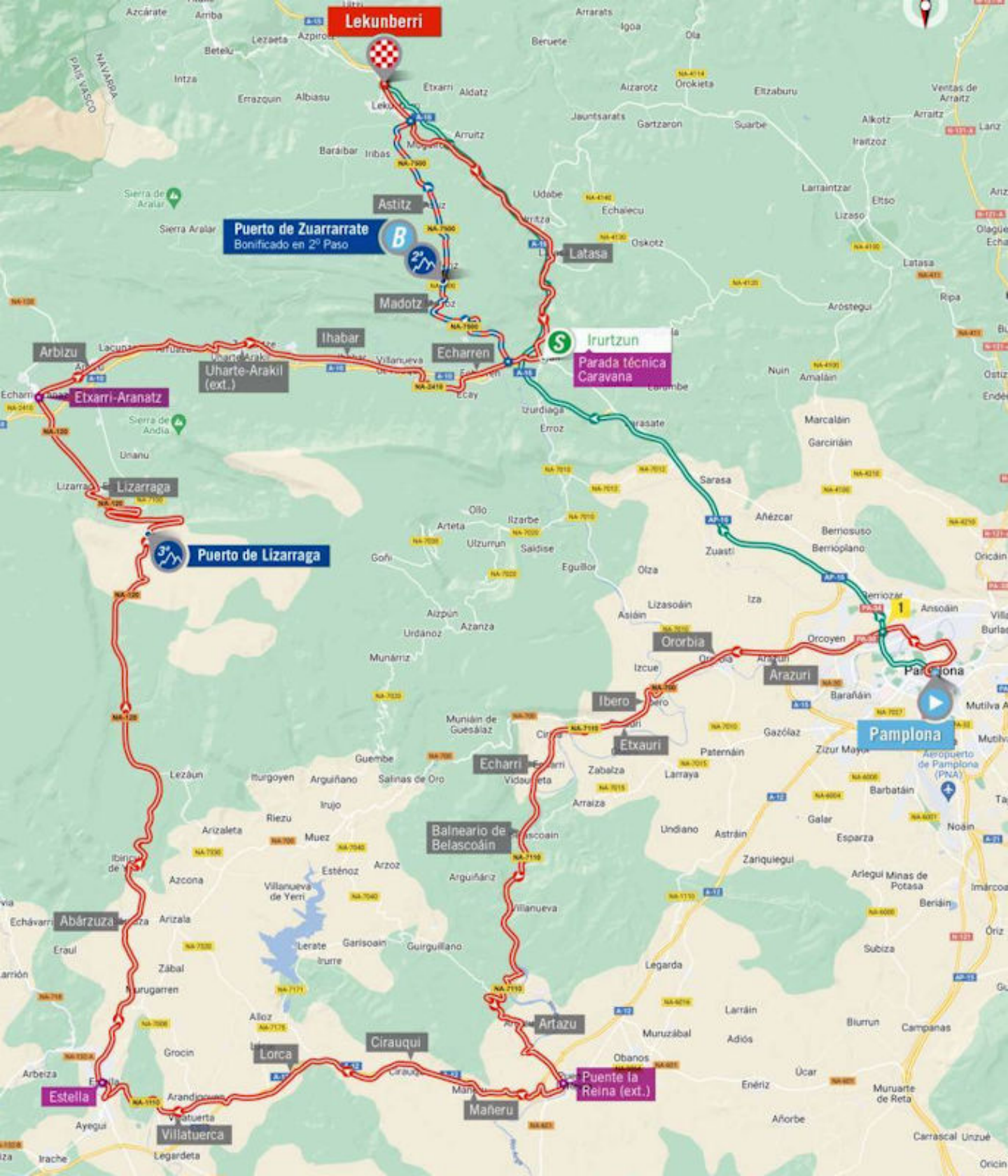
Tim in KY Interesting factoid from the ASO ticker: Remco's wife is Moroccan.

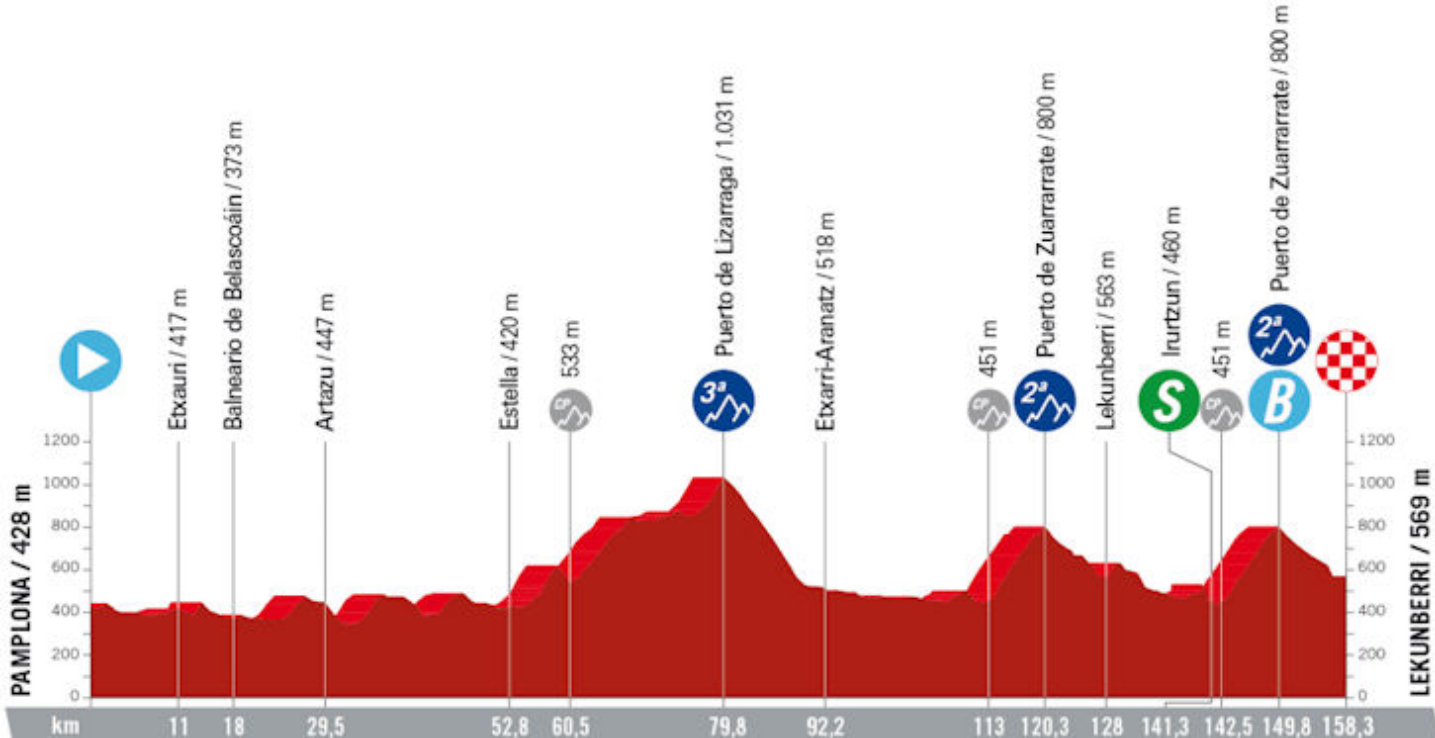
09-10-2023
07:30:52 am



Tim in KY Km0. Time for my walk. Break fight may go on forever.

09-10-2023
07:36:35 am









Tim in KY Nice cool walk. Still break fighting.

09-10-2023
08:06:13 am



BusterSci Hi. Got a second or two before heading in to breakfast.
There's an old style breakfast place here, open Thursday through Monday, 5-2. Tiny, and they just sling out huge plates of whatever, to both locals and folks heading into the BWCA who want a big early brekkers to power their day.

09-10-2023
08:07:40 am



BusterSci They fit about 30 people at a time so the waits are often an hour or so. DS Dagies and I will go in to get in line and call Frau and the three other guests once we're close to being seated. Cabin is just 5 minutes away. Fishing has been pretty good. Friday gorgeous, yesterday rained most of the morning and into mid-afternoon and then Dagies made a great meal featuring Tuscan steak, and we went through 6 bottles of wine and a bottle of port. Got some slow risers today but I've been up since 4:30.

09-10-2023
08:12:21 am



BusterSci Interesting situation with Remco. Bad days happen. My new theory is he really does want out of his contract with Lefevre so he's trying to make him want to abandon him.

09-10-2023
08:14:39 am



BusterSci Ok. That's it for now. Probably won't check in again until Wednesday.

09-10-2023
08:15:07 am



Tim in KY If that's true, winning grand tour stages won't his quest.

09-10-2023
08:16:27 am



Trish in MA My theory re Remco is that he wants to have JV ignore him so he can creep back up and into contention and then take it away a la Pog in 2019

09-10-2023
08:44:19 am



Tim in KY That seems a bit far-fetched Trish.

09-10-2023
08:46:10 am



Tim in KY Serious uphill starts soon. That may give us a break.

09-10-2023
08:46:47 am



Trish in MA Sure it's far-fetched. I tend to go for the far-fetched stuff (within reason). But it is what Pog did in 2019. And Nibali in the Giro.

09-10-2023
08:50:22 am



Tim in KY Live stream is up.

09-10-2023
08:50:55 am



Trish in MA On another note, we are still without power. Stayed at our friends again last night so husband could sleep with his CPAP. Crews were out all night cutting up downed trees, and getting wires off the roads. Most of the streets into our

09-10-2023
08:54:49 am

neighborhood are still blocked by trees intertwined with power lines



Tim in KY We lost power for eight days in an ice storm many years ago. And a few days several times. After we had a generator installed we never lost line power again.

09-10-2023
09:00:53 am



Tim in KY Things getting messy on the climb.

09-10-2023
09:03:11 am



Trish in MA I hate the sound of the generators running. We have portable batteries that can run the CPAP but they weren't charged. They are also 15 year old lead acid ones. He ordered a Li-ion one last night. Using these batteries is something we did for camping. And being in your house without power is simply camping

09-10-2023
09:08:51 am



Trish in MA Without sleeping on the ground

09-10-2023
09:09:41 am



Tim in KY Things beginning to settle a bit.

09-10-2023
09:18:52 am



Katie S Good morning. Shaggy mouse story, but short version: Friday evening I noticed evidence of mouse or mice in my garage. Installed mouse traps. Took mom back home yesterday evening after having hamburgers here, and when I came home and opened the garage door, that little beast scurried across my path. Now enraged, I did a high speed aggressive garage clean. One hour of Tasmanian Devil, was I. This morning, I went out to check my traps. One was unsprung. The other was sprung, but no mouse. Then something caught my eye. Next to me on the ground was a mouse. Alive, but frozen in place. Carefully I grabbed a nearby vessel, covered the mouse with it- not believing my good luck, and then slid a piece of cardboard underneath and managed to deport the little interloper to the middle of the street. I do hope an owl will have a nice break, though.

09-10-2023
09:24:03 am



Tim in KY 15 riders off the front of the GC group. But they're in four different groups.

09-10-2023
09:24:08 am



Tim in KY Buitrago and Karmna have joined Evenepoel, Costa and Rodriguez. +12 Caicedo +28 Elissonde, Molard, Denz, Janssens, Kron, Bouchard, Vendrame, Rubio, Hamilton +25 GC group

09-10-2023
09:26:24 am



Tim in KY Remco got 6 more KOM points.

09-10-2023
09:26:55 am



Tim in KY Just 3 points.

09-10-2023
09:27:31 am



Katie S How many more hilly/mountainous stages?

09-10-2023
09:28:00 am



Tim in KY Lots of KOM points Wednesday and Thursday. A few on Tuesday and Saturday.

09-10-2023
09:31:56 am



Charlie in Tenn Hi all. Off to church. I was surprised by Remco the last 2 days.

09-10-2023
09:32:35 am



Katie S Hi Charlie, bye Charlie. I wonder if he had been underfed or under-hydrated causing that off day. Or just concrete in his muscles. But yeah the bounce back is as surprising as the bonk.

09-10-2023
09:34:29 am



Tim in KY Lots of regrouping on the descent. Looks like we'll end up with a front group of 13 until the first climb of the Cat 2.

09-10-2023
09:36:33 am



Mikey Morning Great graphics Tim as always so helpful

09-10-2023
09:38:57 am



Tim in KY 15 out front with 2:30 over the peloton.

09-10-2023
09:39:05 am



Mikey Tim for vittles

09-10-2023
09:40:44 am



Mikey Time!

09-10-2023
09:40:51 am



Mikey Maybe Tim

09-10-2023
09:41:10 am



Katie S Hi Mikey! Whatâ€™s on the menu?

09-10-2023
09:41:27 am



Mikey Sticky bison!

09-10-2023
09:41:38 am



Katie S For breakfast? The maple kind?

09-10-2023
09:42:00 am



Mikey MMMMMmmmmm maple

09-10-2023
09:42:21 am



Mikey Nothing special for breakfast here! Let go o' my eggo

09-10-2023
09:52:39 am



Katie S Looked up the stages. Tuesday is flat with a cat 2 finish. Wednesday is Angry Lou, Thursday is another mountain stage. Then flat. Then a bumpy/hilly stage.

09-10-2023
09:52:50 am



Mikey Grilling Iowa chops out for cook out later

09-10-2023
09:52:58 am



Katie S Oh yum. Iâ€™ll be there.

09-10-2023
09:53:15 am



Mikey All are welcome

09-10-2023
09:53:30 am



Mikey Welcome!

09-10-2023
09:53:37 am



Tim in KY Currently faster than the fastest...

09-10-2023
09:56:29 am



Katie S The peloton getting strung out from that pace

09-10-2023
09:56:57 am



Tim in KY First climb of the Cat 2 starts in ~5km.

09-10-2023
09:58:06 am



Tim in KY Arkea Samsic announces Kevin Vauquelin had to withdraw due to sickness.

09-10-2023
10:03:11 am



Tim in KY Break on the climb.

09-10-2023
10:04:58 am



Tim in KY Break breaking on the climb.

09-10-2023
10:10:18 am



Tim in KY I think Groves is delusional.

09-10-2023
10:10:48 am



Mikey SBS says he has good legs and permission to go if he does.... I'm betting he doesn't

09-10-2023
10:11:34 am



Tim in KY They're not going to catch Remco.

09-10-2023
10:13:26 am



Mikey Bultrago is not helping as much as he could

09-10-2023
10:14:42 am



Mikey Neither has Costa

09-10-2023
10:15:42 am



Mikey I have to stop typing Â where is the spell check when you need it

09-10-2023
10:16:12 am



Tim in KY Max KOM for Remco.

09-10-2023
10:17:49 am



Katie Lane Katie -- myÂ husband has a bad habit of leaving doors to the outside open.Â Which leads to--- mice.Â In the garage, and in my dyeing area.Â I had to evict a nest of them about a month ago.Â I would see a brief flit across my vision, or sometimes hear faint scritchng noises, and cats were all worked up so I knew they were out there.Â They were relocated to the back yard....

09-10-2023
10:36:11 am



Katie S Hi all. Got s call from my mom and came down to her house. I think sheâ€™s having a bad vertigo episode. Her first.

09-10-2023
10:37:00 am



Katie Lane Re: Evenepoel's wife being Moroccan -- I wonder if her family has been affected by the Marrakesh earthquake Friday.Â It was a particularly bad one, with thousands killed.

09-10-2023
10:37:40 am



Mikey We have friends that are vacationing in Morocco! They have not been affected by the earthquake but also chose to vacation in Canada for the fires and Florida for the hurricane

09-10-2023
10:40:13 am



Tim in KY The quote on the ASO ticker seemed to say that her family was okay.

09-10-2023
10:40:28 am



Katie Lane That's good to hear.Â It was a strong earthquake in a densely populated area... never good.

09-10-2023
10:42:22 am



Katie Lane Mikey, your friends need to spare the rest of the world and just skip vacation from now on.

09-10-2023
10:42:48 am



Katie Lane I say that, but we were in NO about a month before Katrina and in Pensacola Beach about a month before Ivan....

09-10-2023
10:43:49 am



Tim in KY 13 minutes faster than the fastest...

09-10-2023
10:44:42 am



Katie Lane Yesterday was a pretty good vending day. It was devoid of stinky cigar smoke, and was my first "good" day out of the 4 attempts out there so far. (Related? Maybe, maybe not). Hubby was at his 50th HS reunion, so I got to set up and take down everything myself, including the canopy (which was fun). I'm a lot more efficient than he is, so it really didn't take me much longer than usual. The only excitement was watching a popup t-storm form to the northeast about an hour before the end of the event, and watching it head straight for our venue as the wind started to whip up. Storms here usually come out of the southwest, not the northeast-- I think this was residua from Idalia. 15 minutes before load-out time there were rumbles of thunder. Then a last-minute customer came up and shopped half an hour past "closing" time, but by then it was apparent that that cell was dissipating as other storms popped up to the north and south. I got everything loaded in about 2 seconds before there were light sprinkles.

09-10-2023
10:47:02 am



PasadenaK8 Katie S. My Mom also started having a few episodes of vertigo that started later in life. Understandably, scared the bejeebers out of her. Her issue was caused by some little calcium crystals, somewhere inside the inner ear, getting out of whack. Came across this video that explains that situation and shows how to get them back in alignment. <https://www.youtube.com/watch?v=mQR6b7CAiqk>

09-10-2023
10:48:37 am



Katie S Thank you, K8

09-10-2023
10:49:17 am



Katie Lane Yes, Epley maneuver works for hubby

09-10-2023
10:49:33 am



Katie Lane <https://my.clevelandclinic.org/health/treatments/17930-canalith-repositioning-procedure-crp>

09-10-2023
10:50:13 am



Katie Lane You can do it by yourself, but if your super dizzy it helps to have someone else reading the instructions and assisting.

09-10-2023
10:50:41 am



Tim in KY Remco beginning to tire. Finally.

09-10-2023
10:51:57 am



Katie Lane If it doesn't work, wait a half-hour or so and try again. And then avoid doing "head-tilty" things the rest of the day. For him, crawling around under a computer desk hooking up stuff is one of the big triggers. Fortunately he hasn't had any episodes for a long time.

09-10-2023
10:52:00 am



Katie S I may try this with her, but she's Lso had some neck stiffness

09-10-2023
10:52:43 am

and is t very flexible.



Katie S Isnâ€™t

09-10-2023
10:52:59 am



RCG https://rumbledtalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1694357876-IMG_3257.jpeg

09-10-2023
10:52:59 am



Katie S Wow!

09-10-2023
10:53:13 am



RCG Itâ€™s a cool venue.

09-10-2023
10:53:28 am



RCG https://rumbledtalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1694357922-IMG_3259.jpeg

09-10-2023
10:53:46 am



RCG Here, you can see some of the fun artwork painted on the exterior.
Â The shadow of the tower was approaching my spot.

09-10-2023
10:54:36 am



Mikey Wow just heard that Thomas crashed on the first go up the hill and again on the second? Is up and going....

09-10-2023
10:55:08 am



RCG https://rumbledtalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1694358012-IMG_3261.mov

09-10-2023
10:55:24 am



Tim in KY Remco whipped.

09-10-2023
10:55:35 am



RCG And I have a good view of the double swings that are hung indoors.

09-10-2023
10:55:53 am



PasadenaK8 Such a colorful display of your work, RCG - very pretty!Â Â 10 K to go!

09-10-2023
10:55:55 am



Mikey Makes me feel a little better about the Floyd Landis syndrome Tim

09-10-2023
10:56:09 am





ENTRANCE

11

2nd FLOOR
CONNECTOR

♿

♿



Handmade by
[illegible]
\$10.00

Handmade by
[illegible]
\$10.00

Handmade by
[illegible]
\$10.00

Adult
\$10.00



RCG <https://rumbletalk-images->

09-10-2023

10:56:44 am

upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1694358099-IMG_3269.jpeg



RCG It's™s hard to lure people in to look at stuff on the racks. Cheap plastic fencing to hang eye-catchers on helps.

09-10-2023

10:57:25 am



Tim in KY Seems an odd time for an ad.

09-10-2023

10:59:31 am



Katie S Very

09-10-2023

10:59:38 am



BusterSci I think G has focus problems when he's not in the hunt. He's always been crash prone but when he's uninterested it goes up.

09-10-2023

10:59:40 am



Katie Lane Well, I'm going to go zoom with my in-laws. Mom in law, and bros and sisters in law and their spouses. Gotta get the scoop on the subset of the family that went on a COVID cruise (one spent 5 days of the cruise in her cabin). And people wonder why the cruise ship industry is foundering.

09-10-2023

11:00:46 am



Mikey Hi Buster

09-10-2023

11:00:50 am



Mikey I'm trying a Daou Cab later with our Pork cook out but only one bottle

09-10-2023

11:02:06 am



Tim in KY <https://rumbletalk-images-upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1694358524-stage-15-route-finish.jpg>

09-10-2023

11:03:45 am



Mikey Time trial for Kamna

09-10-2023

11:04:31 am



Mikey Crap

09-10-2023

11:04:50 am



Katie S Overcooked

09-10-2023

11:05:00 am



Tim in KY Cat and Mouse.

09-10-2023

11:06:07 am





PasadenaK8 Rooting for the "old" guy, (for sentimental and empathetic reasons) Buitrago: almost 24 yrs KÅmna : just turned 27 Costa : 37 yrs old

09-10-2023
11:06:51 am



Tim in KY Front three almost blew it.

09-10-2023
11:08:07 am



Katie S Just in time!

09-10-2023
11:08:11 am



Mikey The finish line is where the finishing line is

09-10-2023
11:09:43 am



Tim in KY 12 minutes faster than the fastest...

09-10-2023
11:10:02 am



Mikey Well happy day off Å Ba

09-10-2023
11:14:20 am



PasadenaK8 Top 5 for the Stage 1. Rui Costa (IntermarchÃ©-Circus-Wanty) 2. Lennard KÅmna (Bora-Hansgrohe) 3. Santiago Buitrago (Bahrain Victorious) 4. Remco Evenepoel (Soudal Quick-Step) 5. Andreas Kron (Lotto Dstny)

09-10-2023
11:15:45 am



PasadenaK8 Have a fun Rest Day, everyone! See you Tuesday!

09-10-2023
11:19:26 am