

Tim in KY VaE Stage 1 is northeast loop of 186 kilometers from the suburbs of Turin to Novara.

08-22-2025 12:45:31 pm

Tim in KY https://rumbletalk-images-

08-22-2025 12:45:47 pm

upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1755881445-stage-1-route.jpg

Tim in KY The profile is a bit lumpy and there is a Cat 3 about a third of the way in but at the end expect a bunch sprint. La Vuelta rarely starts with a bunch sprint.

Tim in KY https://rumbletalk-images-

08-22-2025 12:46:51 pm

upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1755881509-stage-1-profile.jpg

Tim in KY https://rumbletalk-images-

08-22-2025 12:47:15 pm

upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1755881533-stage-1-route-finale.jpg

Tim in KY Kilometer zero is scheduled for 13:22 CEST but this is a Spanish race in Italy so... Finish is imagined either side of 17:30. Forecast is for sunshine in the mid-20s.

08-22-2025 12:48:12 pm

Tim in KY bit warmer in northern Italy than forecast. In the upper-20s now. In the first quarter of this century there have been only two other flat road stages on the first day of la Vuelta.

08-23-2025 06:34:04 am

Tim in KY Very long neutral.

08-23-2025 07:07:01 am



Rocket City Gal If "Susan Reader" sees this — I'm trying to get in contact with you about your T de F LUGnut league win.

08-23-2025 07:28:23 am

Pa

Tim in KY We're now 6 minutes past the scheduled Km0.

08-23-2025 07:29:29 am

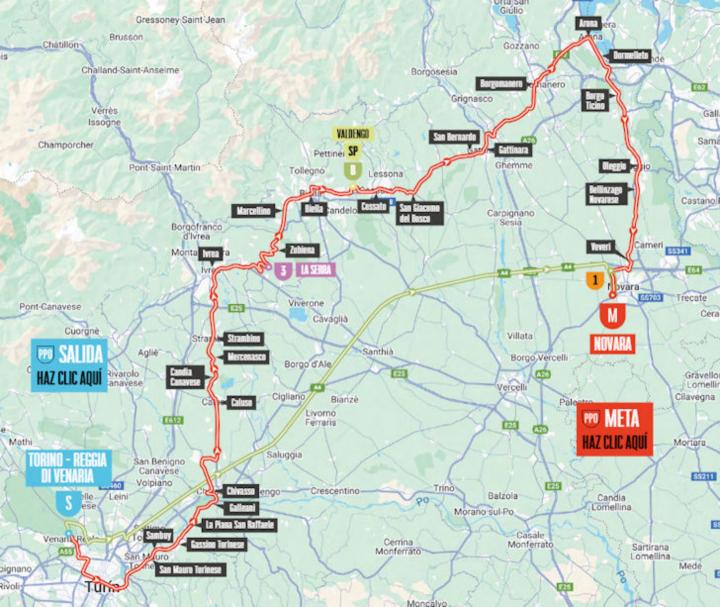


Tim in KY Finally.

08-23-2025 07:32:15 am

Tim in KY There's actually a break fight because of the KOM jersey.

08-23-2025 07:33:13 am







Rocket City Gal There were 2 late team roster changes yesterday.

Ben Turner takes Tyler Hamilton's spot (Ineos). Caruso broke his hand and is being replaced by Finlay Pickering. 08-23-2025 Rocket City Gal (Bahrain) 07:34:23 am 08-23-2025 **Tim in KY** Sprint teams blocking any attacks. Break of 6. Time for my 07:37:51 am walk. **Carlene in NH** Morning all! Glad to be distracted by another grand 08-23-2025 08:03:50 am tour! My boss will be at the US Open this week, so I might be able to watch some stage finishes in real time! 08-23-2025 **Trish in MA** Good morning! I'll be here until just before 9 EDT - when 08:05:56 am I'm off to go pick up trash along the Merrimack River. I live an exciting life... Excited for the Vuelta. 08-23-2025 **Trish in MA** So the guy who is responsible for bringing La Vuelta to 08:21:41 am Italy this year is the head of the Larry Warbasse fan club. I met him in Barcelona in 2023. We were standing right next to each other at the finish line and he was holding his "Larry Warbasse Fan Club" sign. Nice guy. Later, I heard him interviewed on the Cycling Podcast about his efforts around La Vuelta. 08-23-2025 Short leash. 1:30. Still 136 km to go. Tim in KY 08:38:39 am 08-23-2025 **Tim in KY** Slower than the slowest so far. 08:39:59 am **Katie S** Good morning. I feel slower than the slowest after standing for ⁰⁸⁻²³⁻²⁰²⁵ two hours cleaning 10 pounds of roasted Hatch chilis yesterday ... bought at our local market's Hatch chili roasting event. Yield was just 7 pounds after scraping off the skins, cutting off the stems and seeding them. 08-23-2025 **Tim in KY** What are you going to do with all that? 08:43:51 am 08-23-2025 **Katie S** freeze it in 1/2 pound bags and use it in stews, scrambles, 08:45:37 am breakfast casseroles, and maybe a batch sauce. Should last a year.

Trish in MA How awesome!

08-23-2025

08:45:58 am

08-23-2025

07:34:05 am

| Trish in MA Well, I'm off to farmer's market then the river clean-up. Have a great day! | 08-23-2025 08:52:25 am |
|--|-------------------------------|
| Tim in KY Cat 3 in 2km. | 08-23-2025 08:52:52 am |
| Katie S Good work, Trish. Look forward to hearing about the cleanup day. | 08-23-2025 08:53:20 am |
| Charlie in Tenn Hi All. I am off to my volunteer job this morning. Hope everyone has a great day. I forgot to update my team so I have no idea who I picked. See you tomorrow. | 08-23-2025 08:53:37 am |
| Katie S hello and goodbye, Charlie | 08-23-2025 08:55:46 am |
| Tim in KY You have a reasonable collection, Charlie. | 08-23-2025 08:56:27 am |
| Katie S is Jo really here? | 08-23-2025 09:09:50 am |
| Tim in KY Well, she's signed in anyway. | 08-23-2025 09:10:28 am |
| Tim in KY Still don't know who won the KOM. | 08-23-2025 09:15:26 am |
| Carlene in NH Katie, I'm impressed by your chili extravaganza you deserve a day of rest today! | 08-23-2025 09:16:20 am |
| Tim in KY Way way slower than the slowest at the KOM line. | 08-23-2025 09:16:53 am |
| Katie S Hi, Carlene. How's the arm? | 08-23-2025 09:17:15 am |
| PasadenaK8 Buenos días! / Buon giorno ! | 08-23-2025 09:17:33 am |
| Tim in KY Hi, K8. | 08-23-2025 09:18:52 am |

| 25, TISTAM | |
|---|---------------------------------------|
| Katie S now we need Alaska Dave and the West will be represented | 08-23-2025 09:19:51 am |
| PasadenaK8 And mmcnally. I think he's on the same time as us right now. | 08-23-2025 09:22:46 am |
| Tim in KY Still no KOM winner. | 08-23-2025 09:25:01 am |
| bikerabe on west coast Portland OR surviving the hear | 08-23-2025 09:25:21 am |
| Tim in KY Finally. Verre from Arkea. | 08-23-2025 09:26:47 am |
| PasadenaK8 We're definitely on Vuelta time | 08-23-2025 09:27:59 am |
| Joanna in Virginia I am. | 08-23-2025 09:28:08 am |
| Joanna in Virginia Just going between September Calendar planning and this chat. | 08-23-2025 09:28:34 am |
| Joanna in Virginia August Calendar had approximately 120 lessons, not counting riding my own horses or judging competitions. I am truly blessed to do what I love, but I might need to learn to say "no" once or twice. | 08-23-2025 09:29:51 am |
| Tim in KY Feed zone. | 08-23-2025 09:31:08 am |
| Joanna in Virginia My Fantasy Teams have been really hit and miss this year as a result. I truly have no idea what is going on in the cycling world. | 08-23-2025 09:31:28 am |
| Tim in KY 3 KU. | 08-23-2025 09:31:49 am |
| Joanna in Virginia https://rumbletalk-images- upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1758 1755956166817.jpeg | 08-23-2025 09:36:07 am 5956466- |

| 23/25, 11:51 AM | history-08-23-2025.html | |
|---|--|---------------------------------------|
| Joanna in Virginia zone". | The Official Hanoverian of LUG in his own "feed | 08-23-2025 09:36:27 am |
| Tim in KY HORSE! | | 08-23-2025 09:36:30 am |
| | https://rumbletalk-images- /s.com/61922326bc2ef459e5ed5de71ef53a57/175 | 08-23-2025 09:37:20 am 5956466- |
| Joanna in Virginia | Maddie making her "hay soup". | 08-23-2025 09:37:29 am |
| PasadenaK8 :-:* B | oth so beautiful! :-:* | 08-23-2025 09:39:24 am |
| Tim in KY At the sp | orint line, 7 minutes slower than the slowest. | 08-23-2025 09:44:35 am |
| attention to when the won't be until well after the | noticing yesterday that we've got to pay a little bit of live "on-air" times are starting. Certain days, it e race has started. i.e. Sometimes 1-> 2+ hrs after to for our beauty sleep here on the west coast *;-) | 03.43.30 am |
| Katie S Beautiful, Jo | 0! | 08-23-2025 09:51:49 am |
| | ure if there's no TV from the start on those days, t chooses not to show it. Stage 4 only is on alf of the race. | 08-23-2025 09:54:35 am |
| | be a Peacock thing. Don't hold me to it, but I'm ges will be starting later: 6, 8, 9, 10,12,13 (Queen), | 08-23-2025 10:05:16 am |
| Wine country. It's 57 | n from the road. We are going up to visit a friend in and actually raining where we are. Up there, 80 | 08-23-2025 10:05:34 am |

miles away, there's a big wildfire and it'll be 90 degrees. Our microclimates are just

Tim in KY Early start, Katie.

08-23-2025 10:12:37 am

crazy.





| Katie S Trying to avoid traffic | 08-23-2025 10:13:10 am |
|--|--|
| PasadenaK8 She's on Vuelta time, Tim *8-} Nice road trip!, Katie, except for the fires. | 08-23-2025 10:18:29 am |
| PasadenaK8 Just passed the 2K mark | 08-23-2025 10:20:15 am |
| PasadenaK8 *KU | 08-23-2025 10:20:29 am |
| Tim in KY Going slower and slower. | 08-23-2025 10:25:13 am |
| Katie S But Hugo's leash is getting shorter | 08-23-2025 10:26:58 am |
| Katie S https://rumbletalk-images- upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/175 1755959453820.jpeg | 08-23-2025 10:30:56 am 55959753- |
| PasadenaK8 Always such a beautiful site. | 08-23-2025 10:31:53 am |
| Joanna in Virginia Oh look, fog. I'm shocked, SHOCKED! :P | 08-23-2025 10:32:34 am |
| Alaska davw Good morning but I leave for breakfast in ten minutes | 08-23-2025 10:45:39 am |
| PasadenaK8 👋 Dave | 08-23-2025 10:47:35 am |
| Katie S Alaska Dave! What's for breakfast? | 08-23-2025 10:48:03 am |
| PasadenaK8 M All together now M | 08-23-2025 10:57:21 am |
| Alaska davw Uninspiring diner food, but I met with my board presider for five years every Saturday and we're checking in. We've been friend for 32 years and the convergations always improve my mond. | |

for 32 years and the conversations always improve my mood.



Mike from Mass Greetings. Sorry I missed the Pub for the Tour. I was on the Sweden the first 10 days and my July mornings were pretty busy. Looking forward to the Vuelta after finishing my morning spin class.

Carlene in NH I'm back! @Joanna in Virginia, beautiful photos of Artie. 08-23-2025
He's such a beautiful horse! Katie, my shoulder is coming along. I'm
down to PT once a week, as long as I stick with my daily exercise routine. On good days, I can raise my arm close to 110 degrees. It's a slow recovery process.

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| 100 | | Çii |

Tim in KY This is taking forever.

08-23-2025 11:07:27 am

Mike from Mass Trish, I worked at the Boott Mill in Lowell from 2014-2022. When they would drain the canal and then refill it, the amount of trash that would back up by the sluice gate was disgusting! Directly from the sluice gate into the Merrimack.

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| 100 | 79 (17) |
| | Paris 14 |
| | THE OF |
| 100 | |

Tim in KY Still 5 minutes slower...

08-23-2025 11:27:02 am

(The

PasadenaK8 Ha! That quite was a "shortcut"

08-23-2025 11:30:21 am

0

PasadenaK8 *Can't type today... :W]

08-23-2025 11:30:59 am



PasadenaK8 10K

08-23-2025 11:31:21 am



Tim in KY Roll says the sprint zone starts at 5km. I couldn't find that anywhere.

08-23-2025 11:33:20 am

Tim in KY https://rumbletalk-images-

08-23-2025 11:34:59 am

upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/1755963597-stage-1-route-finale.jpg



Rocket City Gal A relatively banal finish

08-23-2025 11:36:31 am



Tim in KY Not the Giro, for sure.

08-23-2025 11:37:07 am



Rocket City Gal Only two roundabouts in the last 2 km

08-23-2025 11:37:59 am



| IZIVIZ | KIDLK | 001 | 1.14.1 | LITTLE |
|--------|---|-----|--------|---------|
| 1 | PHILIPSEN Jasper Alpecin - Deceuninck | 180 | 80 | 4:09:12 |
| 2 | VERNON Ethan Israel - Premier Tech | 130 | 50 | " |
| 3 | AULAR Orluis Movistar Team | 95 | 35 | 11 |
| 4 | VIVIANI Elia Lotto | 80 | 25 | " |
| 5 | GARCÍA CORTINA Iván Movistar Team | 60 | 18 | " |
| 6 | GONZÁLEZ David Q36.5 Pro Cycling Team | 45 | 15 | " |
| 7 | COQUARD Bryan Cofidis | 40 | 12 | " |
| 8 | SILVA Guillermo Thomas Caja Rural - Seguros RGA | 35 | 10 | " |
| 9 | PIDCOCK Thomas Q36.5 Pro Cycling Team | 30 | 8 | " |
| 10 | MIHKELS Madis EF Education - EasyPost | 25 | 6 | 11 |

| PasadenaK8 1K ta go | 08-23-2025 11:40:56 am |
|---|---------------------------------------|
| Tim in KY They finished one minute inside the slowest imaginable. | 08-23-2025 11:41:45 am |
| Carlene in NH Alpecin did it textbook style. I'm kind of disappointed with Lidl-Trek. | 08-23-2025 11:43:07 am |
| PasadenaK8 Slow applause. Hasta mañana | 08-23-2025 11:43:20 am |
| Carlene in NH Ciao! | 08-23-2025 11:43:48 am |
| Rocket City Gal https://rumbletalk-images- upload.s3.amazonaws.com/61922326bc2ef459e5ed5de71ef53a57/175 IMG_8441.jpeg | 08-23-2025 11:43:57 am 5964136- |